

Happy Wednesday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Note: The Tips now has its own <u>email address</u> to forward ideas for content. Please correct your email.

Photo: Masts by Ingrid Kreis

Past Issues



Wednesday: <u>TONIGHT: DEADLINE FOR CITY OF SAUSALITO SURVEY OF</u> <u>PRIORITIES.</u> 12:00 AM-11:45 PM Thursday: <u>SAUSALITO TOWN HALL - MAKE YOUR VOICE HEARD</u>.6-8

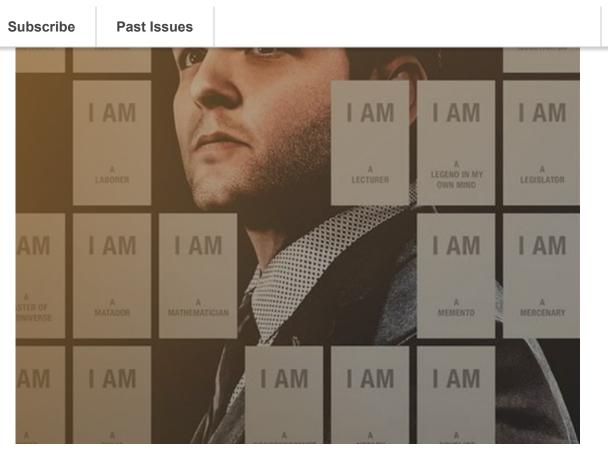
The <u>SausalitoVillage Website</u> has up-to-date information on COVID vaccinations and tests.

The New York Times just published this comprehensive <u>overview</u> on Covid vaccinations.

Marin wildfire agency invests in evacuation app

Vaccine Interest Form Now Offers Phone Call Option

If you live in Marin County and are interested in receiving the COVID-19 vaccine, you can sign-up to be notified when you're eligible to receive the vaccine and there's available vaccine supply to offer an appointment. You can sign-up to receive communication by email, text message to mobile phone, and/or by phone call. **Visit** the <u>vaccine interest form</u> to get started.



Illusion And Identity: 'Derek DelGaudio's In & Of Itself'

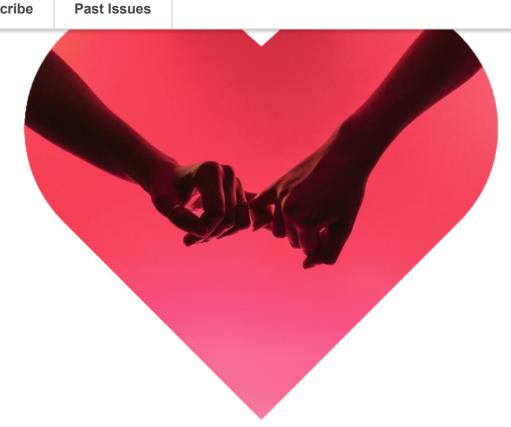
The off-Broadway show *In & Of Itself*, performed by Derek DelGaudio, was a one-man show, a magic act and a piece of interactive theater. The show is now available on <u>Hulu</u> and it showcases a series of storytelling vignettes that are punctuated by different illusions. One has card magic, a couple have interactions with the audience, but the focus is really on identity

Past Issues



Take this month to visit Black history exhibits online

February is Black History Month, a national recognition of the crucial existence of Black communities in our country's tarnished history. If you're not already educating yourself about Black achievements (and the injustices the community has faced) year-round, this month is the time to do so. And being stuck inside is no excuse.



Sex, Seniors & Intimacy: For everyone!

Sex after 60? That's a big yes! Get the 411 on Sexuality and Seniors

Intimacy and companionship are an important part of life and contribute greawtly to our happiness, health and overall well-being.

Learn more about the current research of who is having sex and how to enhance your sex life.

Sausalito Village hosts guest speaker: Dr. Elizabeth Sutherland, Geropsychologist Thursday, February 11th @ 4pm Register here: https://sausalito.helpfulvillage.com/events/2691



Past Issues



<u>1915 film footage of Monet, Renoir, Rodin and</u> <u>Degas</u>

In this charming little artifact over a century old, Russian-born French actor, Sacha Guitry, employs newfangled technology, the motion picture camera, to capture some of France's great artists at the ends of their lives. We find Monet, at 74, painting in his Giverny garden, Renoir, at 74, smoking like a fiend while painting, Rodin, at 75, walking around rather aimlessly and chiseling away in his studio, flecks of marble clinging to his beard. The film ends with a few seconds of Degas, 81, strolling down a Parisian street

Past Issues



Where Did Music Come From? Here Are the Leading Theories

Did humans evolve to sing and dance, or did we invent our musical pastimes? Scientists are still debating the origin of this universal behavior.



For information about emergency preparedness and COVID resources, visit the

Past Issues



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