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*Note: The Tips now has its own [email address](#) to forward ideas for content. Please correct your email.*

Photo: Firefall on El Capitan, Yosemite National Park by Ingrid Kreis



Thursday: [Be Kind to your Mind](#) 11-12

Thursday: [SEX, SENIORS AND INTIMACY: FOR EVERYONE.](#) 4-5:15

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The [SausalitoVillage Website](#) has up-to-date information on COVID vaccinations and tests.

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## [Most Americans are doing pods wrong](#)

You should be adjusting your pandemic pod's rules to avoid exposure as needed.



## [Profiles in perseverance](#)

**You may not know their names. But these courageous Black Americans changed history.**

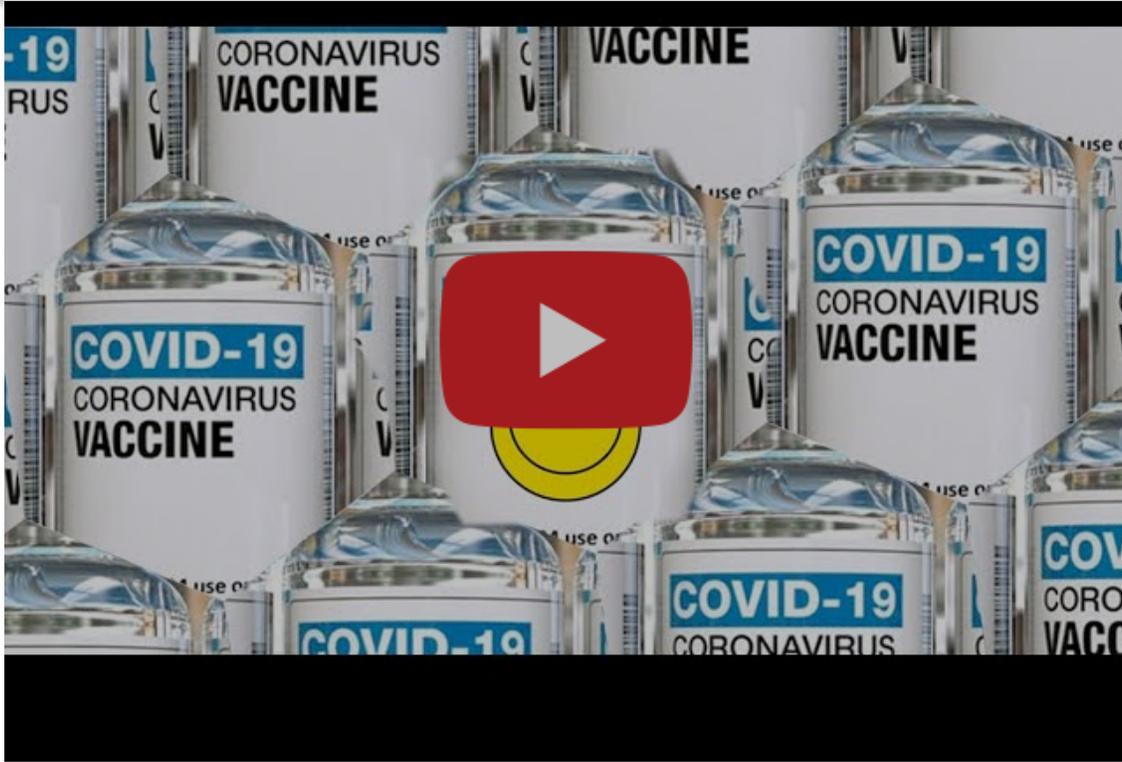
***Constance Baker Motley, attorney, 1921-2005***

*Motley's brilliant legal career was born when a philanthropist heard one of her speeches and was so impressed he paid for her to attend NYU and Columbia Law School. Motley eventually became the lead trial attorney for the NAACP Legal Defense Fund and was the first Black woman to argue before the Supreme Court. Over the years she successfully represented Martin Luther King Jr., Freedom Riders, lunch-counter protesters and the Birmingham Children Marchers.*

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## [These Are the Highest Resolution Photos Ever Taken of Snowflakes](#)

**Photographer and scientist Nathan Myhrvold has developed a camera that captures snowflakes at a microscopic level never seen before**



## How much of Earth's surface is covered by each country – in one graphic

- Data primarily derived from the United Nations Statistics Division has been used to rank the world's countries by their share of Earth's surface.
- The largest countries which are Russia, Canada and China occupy roughly 7.2% of Earth's surface combined.
- 70% of Earth's surface is water, more specifically 27% territorial waters and 43% international waters or areas beyond national jurisdiction.
- The size of a country can be affected by many factors and borders can change over time.



## [Conquistadors, Gold and Charlemagne: How California Got Its Name](#)

Some [states](#) have very straightforward names. Pennsylvania? Named for William Penn and the sylvan woods found in the state. Virginia? Named for Elizabeth I, known as the Virgin Queen. At first glance, California seems to have a simple name. It sounds kind of floral, like [Florida](#).

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***For information about emergency preparedness and COVID resources, visit the continuously updated Sausalito Village [website](#).***

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