



## Happy Sunday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

**Note: The Tips now has its own [email address](#) to forward ideas for content. Please correct your email.**



**Sunday:** [Tales of the Trail](#). 7-8

**Monday:** [STRETCH AND STRENGTHEN WITH RAYNER](#). 11-12

**Wednesday:** [LEARN ABOUT PLANNED GIVING AND LEGACY FUNDS THROUGH MCF](#). 10-11

**Wednesday:** [VILLAGE MOVIE GROUP SHOWING - LOVING](#). 1:45-3:45

**Wednesday:** [Village Movie Group Discussion](#); 4-5:15

**The [SausalitoVillage Website](#) has information on COVID vaccinations and tests.**



# Tips of the Day

## Year Anniversary of "Tips"

Dear Tips Readers,

We are coming up to the one-year anniversary of the shelter in place order we received on March 15, 2020.

Shortly thereafter our volunteer newsletter Editor, Deborah Phelan, kicked into gear with the daily Tips of the Day. We never anticipated she would still be doing them one year later, but they have taken on a life of their own. Now the Tips are emailed to over 550 recipients - that is an addition of 300 over the year!

Deborah enjoys providing the diversion of the Tips and will continue to do so with one caveat, she will finally be taking the weekends off!

Starting the weekend of March 13th, there will **no longer be a weekend edition**, but.....you can always read past issues on our website thanks to our volunteer, Gale Brewer, who archives them under the Newsletter tab.

One more thing - if you are a Tips contributor, please use the dedicated email: [sausalitovillagetips@gmail.com](mailto:sausalitovillagetips@gmail.com). By doing so, Deborah can more easily sort through her private emails.

Sincerely,

SV Board of Directors



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## ΠΡΑΚΤΙΚΟΣ Deep Meditation



***Tuesdays @ 7:00 PM • Zoom  
Link coming Tuesday afternoon!***





story of Richard and Mildred *Loving*, the plaintiffs in the 1967 U.S. Supreme Court (the Warren Court) decision *Loving v. Virginia*, which invalidated state laws prohibiting interracial marriage.

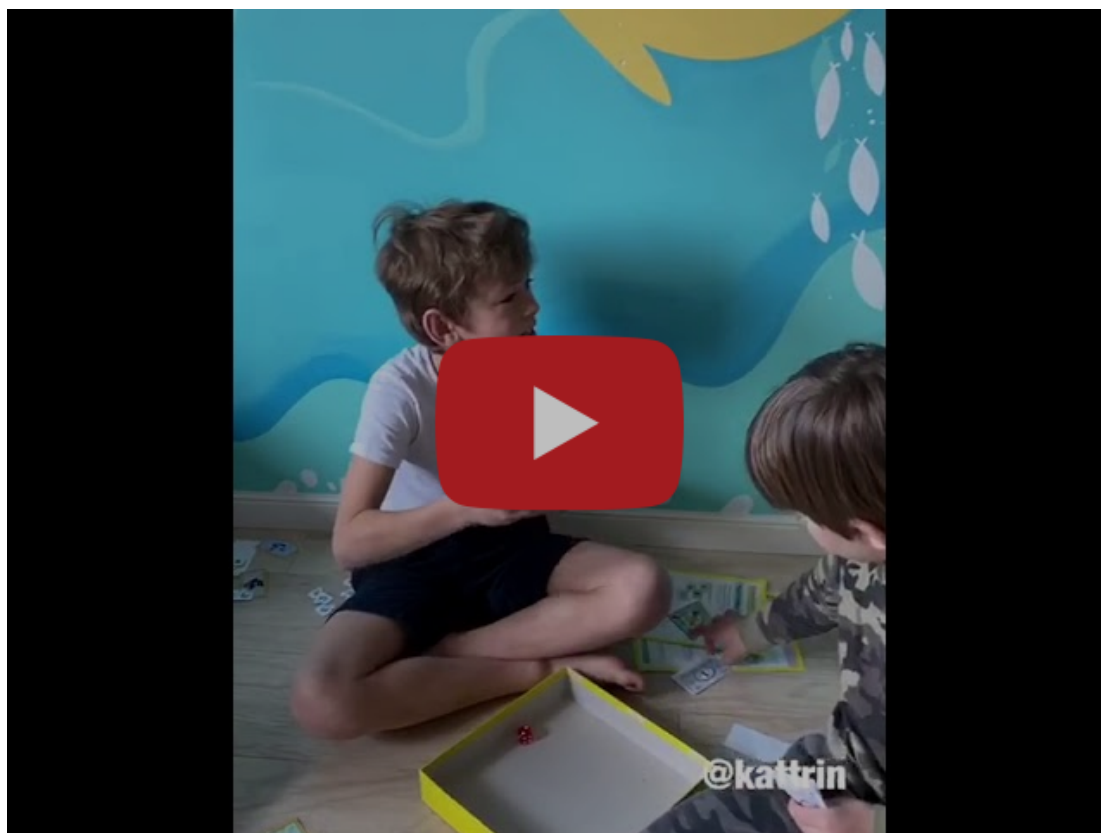
**Wed 03 / 10 / 2021**

**1:45 PM to 3:45 PM**


Via zoom, the film will be shown to those who are not able to watch it on their own beforehand.

[RSVP for the zoom link.](#)

The film is 2hrs3mins. so we will start at 1:45pm.



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Volunteer Spotlight

enjoying their view.

Sharon arrived in the Bay Area in 1971. She came from Indiana via New Jersey. For many years she worked at AFS, the American Field Service.

About twelve years ago she retired from teaching ESL at City College.

Sharon has been dedicated to volunteering and organizing community events that speak to her passions. She has been a past board member of the Sausalito Historical Society and she continues to volunteer chairing the Accessions Committee, and she continues to volunteer working on their digital collection, digitizing artifacts and historical documents onto the Society software program. She came to know Susan and Phil Frank, and a lot of other locals over her years volunteering there.

She became interested in The Sausalito Village when her friend, Betsy Stroman invited her to a meeting to discuss forming a village in Sausalito. Sharon became one of the founding members of the Village, and served on its board for many years, helping to coordinate monthly meetings to recruit new members.

Over the years, Sharon has developed and directed trips to museums and noteworthy destinations for village members. She is currently the Zoom Manager for Chair Yoga, now called Stretch and Strengthen, and organizes the book club and cocktail hour for village members as well.

Since 1990 she has been a member of the Sausalito Woman's Club serving on the History Committee and is currently chair of the SWC History Committee. She has served on the SWC board twice, most recently as the first Vice President.

Sharon loves the small town feel of Sausalito and she admits "My first love is the Historical Society."

Finally, Sharon notes, "The Sausalito Village gives me the opportunity to work with great people and socialize with them locally."

***Sharon Seymour was a founding member of Sausalito Village and has volunteered non-stop for over ten years - mostly 'behind the scenes'.***

***Thanks to SV Volunteer, John Oppenheimer for this interview and an opportunity to learn more about Sharon.***



## [Eight of the world's best historic bookshops, from Portland to Paris](#)

**The world's bookshops have their own stories to tell, often just as fascinating as those on their shelves. Repositories of knowledge and bastions of avant-garde thought, these eight independent booksellers are historic monuments in their own right.**



we should train all Amazon delivery drivers to give the vaccine. The whole population would be immunised by Saturday. Thursday if you've got Prime.



## [Pandemic Dispatches From The ER, One Year Later](#)

The coronavirus has disrupted all of our lives, and that's especially true for healthcare workers. We hear reflections from Dr. Jamila Goldsmith and Mariah Clark, two emergency room workers. They tell us what the first year of the pandemic has been like for them, how their lives have changed, and what's around the corner as more people become vaccinated.



***For information about emergency preparedness and COVID resources, visit the continuously updated Sausalito Village [website](#).***

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