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Happy Monday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Note: The Tips now has its own <u>email address</u> to forward ideas for content.

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Monday; Stretch & Straighten with Rayner. 11-12

Wednesday: VILLAGE MOVIE GROUP - SHOWING NOMADLAND. 2-3:45

Wednesday: PICKLEBALL AT MLK COURTS - COME LEARN AND

PLAY!.2:15-2:45

Wednesday: VILLAGE MOVIE GROUP DISCUSSION. 4-5

The mobile vaccination teams are planning the following visits to Sausalito this week:

Dunphy Park follow-up for encampment residents, their visitors and anchor-outs.

Thursday, May 13 (probably Morning)

This is handled by Downtown Streets and Ritter and HHS mobile unit for Unhoused.

MLK Park Gym Friday, May 14 from. 12:00 noon to 2:30 pm.

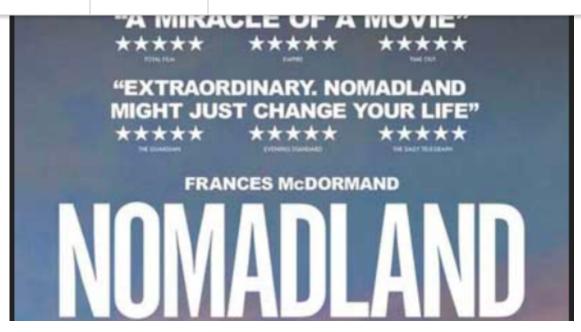
Offering 2nd doses for folks who came to the Gym for their 1st dose, plus anyone else needing a 2nd dose of Pfizer Vaccine.

Additionally anyone not already vaccinated can come for a first dose of Pfizer or a "one and done" vaccination with the Johnson vaccine.

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Movie Group Discussion

'Nomadland'

Wednesday, 4-5

Join our wonderful hosts, Reverend Paul (Mowry) and Chef Joey (Silverman). It's always an entertaining discussion! This month we are celebrating the Oscar winning film, Nomadland. The film won best film, best director and best lead actress.

Be sure to watch the film prior to the discussion OR join us at 2pm prior to the Discussion.

The film can be enjoyed on Hulu, Amazon Prime and Apple TV

Watch the Trailer: https://www.youtube.com/watch?v=6sxCFZ8 d84

From Wikipedia: *Nomadland* is a 2020 American <u>drama film</u> based on the 2017 non-fiction book *Nomadland: Surviving America in the Twenty-First*Century by <u>Jessica Bruder</u>. The film is written, edited, produced, and directed by <u>Chloé Zhao</u>, and stars <u>Frances McDormand</u> (who is also a producer on the film) as a <u>vandwelling</u> working nomad who leaves her hometown after her husband dies and the sole industry closes down, to be "houseless" and travel around the United States. <u>David Strathairn</u> also stars in a supporting role. A number of real-life <u>nomads</u> appear as fictionalized versions of themselves, including Linda May, Swankie, and <u>Bob Wells</u>.

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Nature at its craziest: Trillions of cicadas about to emerge

COLUMBIA, Md. (AP) — Sifting through a shovel load of dirt in a suburban backyard, Michael Raupp and Paula Shrewsbury find their quarry: a cicada nymph.

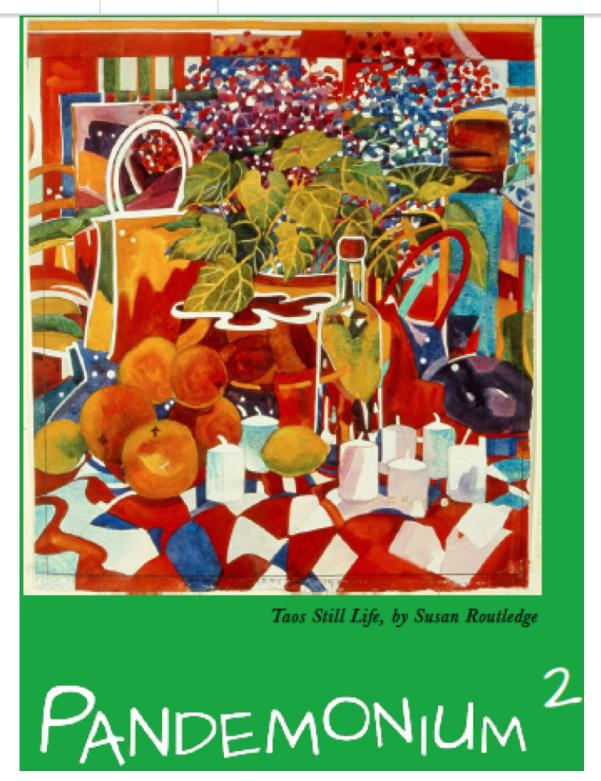
And then another. And another. And four more.

In maybe a third of a square foot of dirt, the University of Maryland entomologists find at least seven cicadas -- a rate just shy of a million per acre. A nearby yard yielded a rate closer to 1.5 million.

And there's much more afoot. Trillions of the red-eyed black bugs are coming, scientists say.



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Pandemonium Cooklets

Recipes gathered from our friends and families during the COVID-19 Pandemic

<u>Pandemonium2</u>-our second collection of delicious personal recipes created with bounty that comes from Mother Earth! This "cooklet" is loaded with 100

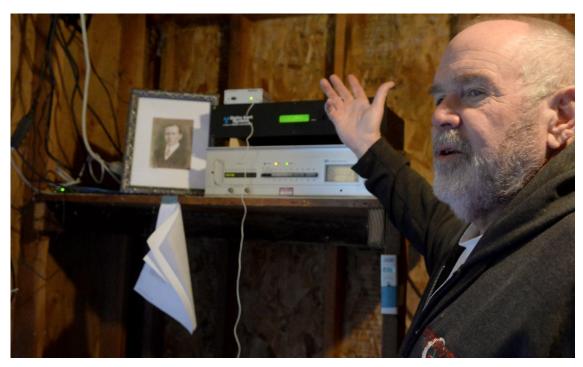
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Earth for sustaining us!

We are the fortunate ones who can easily find, creatively cook, and enjoyably eat the foods you will find mentioned. For those less fortunate—which translates to 1 in 4 who experience food insecurity--please look for ways in your local community to help.



<u>Tiny West Marin radio station debuts with big hopes to reach the ears</u> of boomers

Ever heard of a new FM radio station called KDAN, its call letters a tribute to the late Marin singer-songwriter Dan Hicks?

Seems like you would, right? But I'm guessing this is news to you just as it was to me. I didn't know this intriguing musical venture even existed until I heard about it from Jeff Cotton, a veteran Reno concert promoter who heads an outfit called Jive Radio, a nonprofit network of a half dozen obscure little radio stations in out-of-the-way places that otherwise wouldn't have any radio at all.

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A bottle of French wine aged in space is expected to sell for \$1 million

ADD A CASE OF wine, along with legos and a lightsaber, to the list of surprising objects that have been launched into space. Researchers for a private company called Space Cargo Unlimited sent a case of Chateau Pétrus wine to the International Space State for 14 months in an effort to "better understand the aging process, fermentation and bubbles in wine," according to the AP. Now one of those bottles might sell for around \$1 million at Christie's Auction House.

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NPR's 50 Favorite Songs Of 1971

This past Friday NPR celebrated the 50-year anniversary of our first on-air original show. For five decades, NPR and our member stations have shared the responsibility — and privilege — to serve the individual listener and promote their personal growth. To honor our time spent together, we turned back the clock and reflected on the impeccable sounds of our genesis year. From the timeless expression of social unrest in Marvin Gaye's "What's Going On" to the transportive, community building experience of John Denver's "Take Me Home, Country Roads," 1971's wide-spanning sonic achievements are featured below.



For information about our programs, events, emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village website.

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