



Happy Wednesday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Photo: Black Diamond Mines Regional Preserve Contra Costa by Ingrid Kreis

Note: The Tips now has its own [email address](#) to forward ideas for content.

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Wednesday: [SV EMERGENCY PREPAREDNESS PRESENTS: LIFE SAVING PROGRAMS IN SAUSALITO](#). 10-12

Wednesday: [WHAT IS A COMMUNITY LAND TRUST? HOSTED BY MARIN CITY LIBRARY](#). 7-8

Thursday: [BECOMING AN ENTREPRENEUR LATER IN LIFE - SPEAKER THROUGH SENIORS AT HOME](#). 2-3

word⚡genius

[Word Genius](#): Check out these words to see if you know their meanings and pronunciation.

"People begin to
heal the moment
they feel heard."

- CHERYL RICHARDSON



www.goodgriefnetwork.org



The three lovely ladies in this photo aren't just any elephants. They're a few of the 12 retired circus elephants that recently found a new home at a wildlife

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before the show ended its elephant performances in 2016 amid animal rights concerns. When the dozen animals arrived at White Oak Conservation, the staff was worried they may not take to their new wild surroundings after a lifetime spent around people. But they were quickly charmed by the Florida woods, navigating tricky pine trees and digging up saw palmettos to scratch themselves with the branches. Besides the elephants, White Oak Conservation has worked with state and federal agencies to save Florida panthers, Florida grasshopper sparrows, Mississippi sandhill cranes and whooping cranes. The organization hopes to add even more elephants to its fold soon, along with new veterinary equipment and acreage, so all of their animals can live their best lives.



The Six-Step Program

Want to feel inspired like the characters in *Kinky Boots*? Here, Harvey Fierstein and Cyndi Lauper share their six steps of happiness, which are based on a speech Harvey once gave:

1. Pursue the truth.
2. Learn something new.
3. Accept yourself, and you'll accept others.
4. Let love shine.
5. Let pride be your guide.
6. You'll change the world when you change your mind.



[The Greatest Quotes of Ancient Greece's Stoic Philosophers](#)

Stoicism, one of the philosophical movements of the Hellenistic period, was founded by [Zeno of Citium](#) in Athens in the early third century BC.

Stoicism is a philosophy of personal ethics informed by its system of logic and its views on the natural world. For the Stoic, virtue alone is sufficient for human happiness.



Being a teenager is tough, especially if you're facing other hardships in your life. Sometimes, the best way to work through it is to, well, write.

CNN Hero Keren Taylor started [WriteGirl](#), a creative writing and mentoring program for teenagers, to empower girls through creativity and expression. Since its inception in 2001, WriteGirl has grown to include all genders, and offers academic mentoring as well as opportunities for young people to explore special interests like journalism and public speaking.

Earlier this year, WriteGirl graduate Amanda Gorman delivered her poem, "The Hill We Climb," at the inauguration of President Joe Biden. A group of WriteGirl volunteers, staff, and mentors gathered for a virtual watch party to support Gorman when she took center stage.

"We are always encouraging our girls to share their own story," Taylor said. "What was really exciting to know was that she represents not only every girl that's ever been in WriteGirl, but she also represents every young woman in this country."

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