

Happy Wednesday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Photo: Fortnight Lily by Ingrid Kreis

Note: The Tips now has its own email address to forward ideas for



Wednesday: ISOLATION AND LONELINESS AND THE ANTIDOTES -

HOSTED BY AGE FRIENDLY MARIN. 10:30-11:45

Wednesday: THE ASIAN AMERICAN EXPERIENCE ON ANGEL ISLAND. 7-

8:30

Thursday; TELEHEALTH AND BRIDGING THE DIGITAL DIVIDE WEBINAR.

10-12:30

Thursday: SANTINA'S BACK IN THE KITCHEN! 5-6

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Stretch and Strengthen with Rayner



Super blood moon 2021: total lunar eclipse will bring cosmic show across Pacific on Wednesday

Hawaii will have the best view of May's full supermoon, followed by California, the Pacific north-west, New Zealand and Australia

City of Sausalito Set to Hire Chris Zapata as Next City Manager

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accomplishments in advancing diversity, will serve as the next city manager of the City of Sausalito, pending the City Council's approval of his employment contract at its May 25 meeting.

Zapata, 61, will be Sausalito's first Latino city manager since the post was created in 1955 and, as far as Sausalito can determine, will be the first Latino city manager in the history of Marin County. Zapata has nearly 30 years of city manager experience, serving five cities in California and Arizona, including two waterfront cities. Zapata was one of more than 50 candidates considered for Sausalito's top administrative post, a process that attracted a diverse pool of talent from across the country.

Read more about Sausalito City Government.



Join Us on Memorial Weekend

When: Saturday - Monday

Time: 12:00 - 4:00 PM

Where: 22 El Portal

Come meet the local artists & vendors who have their art & products at the New Visitor Center.

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COVID Protocols will be observed



Hugs are finally coming back in style. It's scientifically proven that an affectionate embrace can lower stress throughout the day, or make us feel better after times of conflict.

Plenty of us can do without the trickle of polite social side hugs or prolonged, vise-like embraces. But there's a type of hug that always feels healing; when someone you love or trust wraps you in their arms. You let out a breath, your tension melts away, and suddenly the world feels just a little bit less harsh.



Dogs who sniff Covid

Dogs can be trained to detect the majority of COVID-19 infections even when patients are asymptomatic, according to scientists from the London School of

of clothing and face masks could help replace the need to quarantine airplane travelers after incoming flights. "What we're suggesting is that dogs would give the first initial screening, and then those (arrivals) that were indicated as positive would then receive a complimentary PCR test," declared co-author James Logan.

How does it work? The results are said to be more effective than temperature checks as they could detect mild or asymptomatic COVID-19 infections. Dogs that screened arrivals at airport terminals could detect 91% of cases, resulting in a 2.24x lower rate of transmission than with PCR tests alone.



To celebrate National Wine Day, can you name the top 10 wine-exporting countries in 2019?

- 1. France: \$11 billion (30.4% of total wine exports)
- 2. Italy: \$7.3 billion (20.3%)
- 3. Spain: \$3.1 billion (8.7%)
- 4. Australia: \$2.1 billion (5.8%)

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7.	N	ew Zealand: \$1.2 billion (3.4%)	
8.		Germany: \$1.2 billion (3.2%)	
9.	F	Portugal: \$919.7 million (2.5%)	
10.	Unite	ed Kingdom: \$836.6 million (2.3%)	





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emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village <u>website</u>.

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