

HEY 
TOMORROW
IS FRIDAY!!

Happy Thursday, Villagers

A Note About Daily Tips. As California opens up, we feel we have fulfilled our mission of providing some daily inspirations, news on virtual events, and submissions from members of the community to add some entertainment to your days during the pandemic. Tomorrow will be our last day before we suspend Daily Tips and, instead, publish a weekly wrapup each Friday at 9 am.

Please continue to share your wonderful contributions with fellow villagers via our [email address](#).

What's Happening

Monday; [Stretch & Strengthen with Rayner](#). 11-12

Monday: [Monthly Concert & Singalong](#). 4-5



WHAT IF MY PARACHUTE FAILS? — PLUS 4 OTHER "WHAT IF" SCENARIOS

Are you a goner or do you have a good chance of surviving? We answer this and other "what if" questions.



[Secret Side Effects of Meditating Just 12 Minutes Per Day, Says Study](#)

New research shows how meditation may be hugely helpful at staving off cognitive decline.



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Andy Dudnick and Janet Lynn in
Concert Cocktail Hour
Mon 06 / 21 / 2021
4:00 PM to 5:00 PM

Lyrics will be shown so you can sing along!!

Vocalist Janet Lynn and pianist Andy Dudnick have performed together for more than 10 years. Their repertoire includes a healthy portion of the Great American Songbook, modern jazz, bossa novas, 60s and 70s pop and soft rock. Jan also has a special penchant for Michel LeGrand songs and the music of similar composers.

Jan and Andy perform regularly at wineries, senior residential communities, assisted living facilities, private parties, clubs, restaurants, private events.

Songlist will be posted closer to the date

Juli Stewart will be joining Janet and Andy at their home in Novato!



~ At local taverns, pubs, and bars, people drank from pint and quart-sized containers. A bar maid's job was to keep an eye on the customers and keep the drinks coming. She had to pay close attention and remember who was drinking in 'pints' and who was drinking in 'quarts', hence the phrase minding *mind your P's and Q's*.

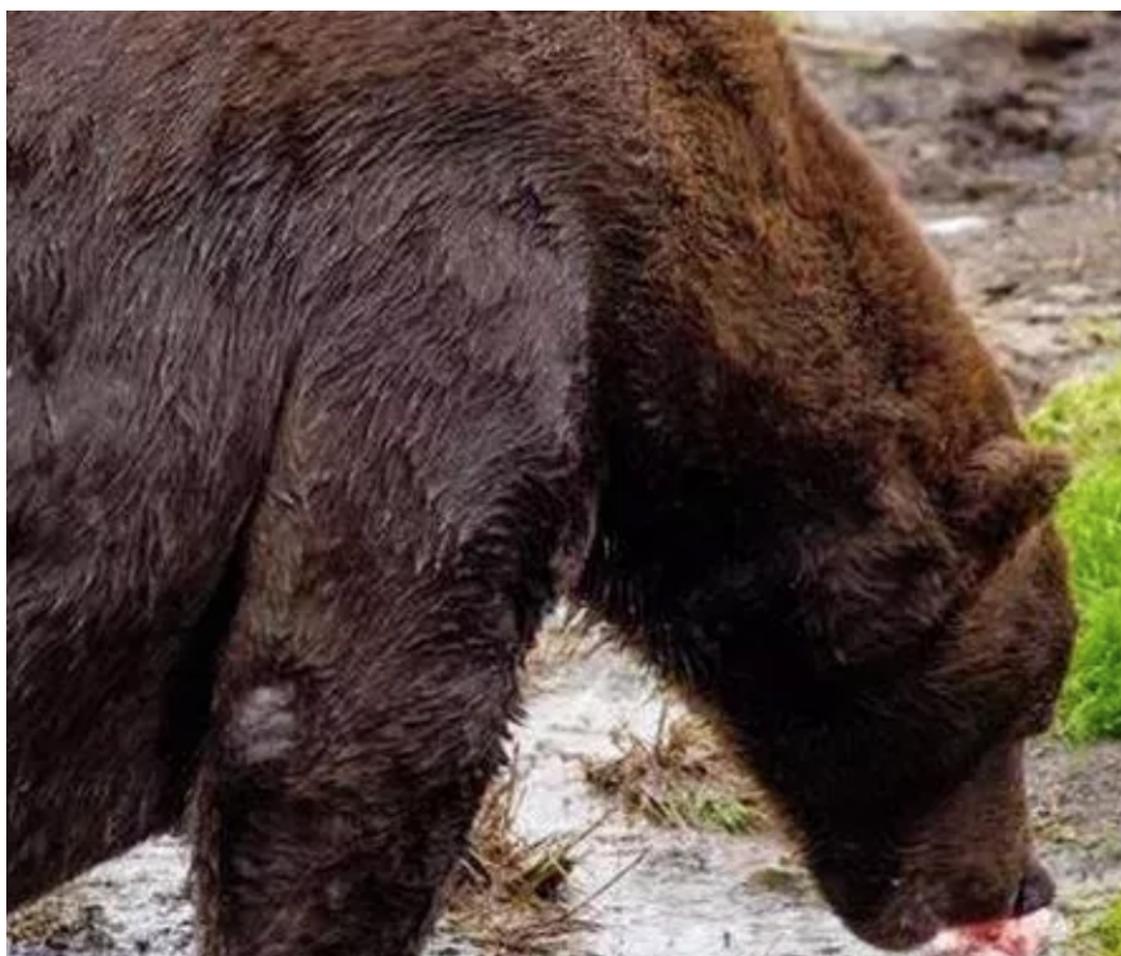
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SAN FRANCISCO IS OPEN! HAMILTON TO REOPEN THE ORPHEUM THEATRE

**4 WEEKS ONLY: AUGUST 10–SEPTEMBER 5
GOOD SEATS AVAILABLE!
[TICKETS ON SALE NOW](#)**

“There’s no clearer sign that San Francisco is coming back to life than seeing live performances returning to our stages.”

“Now, with case numbers low and our vaccination rate approaching 80%, we’re excited that HAMILTON is coming back to the Orpheum Theatre for our residents and visitors to enjoy once again.” – San Francisco Mayor London Breed.



[The fat bear cams are back, baby.](#)

They're back.

The wildlife streamers [explore.org](https://www.explore.org) officially [turned on the Alaskan brown bear cams on Monday, June 14](#). The cameras, situated along the salmon-rich

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summer and fall



What: Join us in join the work that our theater students have been working hard on this semester. Come celebrate the music, monologues, and more. Also special presentation from LeShawn Holcomb, Artistic Director of GTC, about the work that is coming next. Don't miss out.

When: June 27, 2021 at 3:00 pm

Where: Marin City Arts and Culture Gallery
(Located Between Target and Ross in Shopping Center)
100 Donahue Street - Suite 190 B MARIN CITY, CA

GRIOT
THEATER COMPANY

Lady Liberty has a sister, and she's very wee.

France is sending the US a *second* Statue of Liberty, this time to display on Ellis Island. Mini-Liberty is just shy of 10 feet tall — that's about one-sixteenth the size of the original torch-bearer. The two statues are not twins, but they are identical in most features: Little Liberty, built in 2009, was created with the original plaster model from the 1870s. That makes her 12 years old — a mere tween!

Like the senior Liberty, the hip, young statue wears a seven-pointed crown to represent a shining sun and stands above broken shackles and chains, which symbolize the abolition of slavery in the US. The original Liberty's "little sister" will spend only a few days on New York's historic island before she's returned to the National Museum of Arts and Crafts in Paris, so if you're a New Yorker who's a fan of the bigger Lady Liberty and the tenets of freedom and equality, check her out before she heads back overseas.

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