

Your Sausalito Village Newsletter 

1 message

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To: triciasmith58@gmail.com

Fri, Mar 1, 2019 at 5:18 AM

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COMING SOON



**BACK BY POPULAR DEMAND!**

In 2018, Sausalito Village launched a trial communal dining experiment. The idea was to bring people together in a relaxed atmosphere to share a meal, meet new people, and engage in interesting conversation. The dinners were held at the Presbyterian Church under the direction of Chef Joey Silverman.

As the months progressed and word of mouth spread, these dinners were soon sold out. In the Fall, the Supper Club expanded to a second location at Star of the Sea Church. ITK Culinary of Emeryville and extra dinner dates were added to include both SV members and those from Star of the Sea. The experiment was a bonafide success!

Now that it is 2019, we are very pleased to announce that **both supper clubs will continue** providing opportunities twice per month to enjoy a home cooked meal together at the reasonable price of \$15. Please mark your calendar with the March and April dates below and keep an eye on the Sunday Calendar Update for future dates.

Door to door rides will be available. Contact the Concierge at 415-332-3325 at least 48 hours ahead. Questions? Call the Concierge at 415-332-3325.

Take a break from cooking for one night and join in the fun!

More details will follow, but please save these dates:

**Wednesday, March 27th-Presbyterian Church**

**Tuesday, April 9th-Star of the Sea Church**

**Wednesday, April 24th-Presbyterian Church**



## **MEET THE MAYOR AND CITY MANAGER** **Monday, March 4, 2:00 PM**

Beginning in 2012, Sausalito Village has annually hosted the current Mayor for a city update and the opportunity to address issues important to our members.

Did you know that our current Mayor is also a Sausalito Village and CARSS volunteer? Joe Burns became Mayor in December with a unanimous vote by his peers on City Council. He was elected to his first four-year term on the Sausalito City Council in 2016.

This year, we are fortunate to have our Adam Politzer (City Manager) also join the discussion. Many of you may know that Adam was raised right here in Sausalito - yes, it's true, some of you or your children may have babysat him!

We hope you will join us for a presentation and Q and A session.

### [Learn More](#)

Monday, March 4, 2:00 - 3:30 PM  
[420 Litho Street, Sausalito](#)  
Edgewater Room (Downstairs City Hall)



*Educating & Advocating*



## **LEGAL SERVICES FOR OLDER ADULTS** **RIGHTS OF RESIDENTS OF LONG-TERM CARE FACILITIES** **Thursday, March 7, 2019**

This panel discussion will have a dual focus: legal services -- including free services -- for older adults and the rights, issues and needs of residents of long-term care facilities.

**By attending this presentation, participants will:**

- Learn about Legal Aid of Marin County's services for older adults of all income levels
- Hear about the Marin County Bar Association's services for adults of all ages, including its lawyer referral service and "Lawyers in the Library" free consultation service
- Learn about how the Ombudsman advocates for the rights of residents of long-term care facilities and investigates complaints made by or on behalf of residents.

Speakers include: David Levin (Legal Aid of Marin), Mee Mee Wong (Marin County Bar Association), and Dan Steckline (Marin County Long-Term Care Ombudsman).

Visit Live Long Live Well Marin's [website](#), or call 415.473.7118 for additional information.

**Thursday, March 7, 10:00 - 11:00 AM (with Commission on Aging Business Meeting to follow)**

**Sausalito City Hall  
420 Litho Street, Sausalito**



**LIGHT CHORE DAY  
SATURDAY, MARCH 9**

Age Friendly Sausalito and the Rotary Club of Sausalito have partnered together to assist older and/or disabled residents in town with a *Light Chore Day*.

The scope of our in-home services include installing one's own pre-purchased 10-year sealed battery smoke/CO2 detectors, hardwired and free-standing pre-2014 smoke detector battery replacements, mattress flipping, moving of indoor heavy objects and the like, including tasks that require a ladder or footstool.

**Please contact Ceci Browne by Saturday, March 1, at the latest with what specific help is**

needed, your name, address, and best contact phone number. Email [cecibrowne.cb@gmail.com](mailto:cecibrowne.cb@gmail.com) , or call 415.891.3424



## **HIKE MT. TAM TUESDAY, MARCH 26**

High above Panoramic Highway and Cataract Falls on the north slope of Tam is a hidden marsh. Join hike leader Jackie Kudler for a scenic walk in the woods past the falls on the High Marsh Trail to our destination, known only to hikers.

Meet at 10:00 am, at Rock Spring parking lot.  
Plan for a 6.5 mile hike with small uphill and downhill.  
Hike will take approximately 3.5 hours.  
We will cancel in case of rain.  
Pack water, snacks, and a light lunch.

Contact Jackie at [j77prospect@sbcglobal.net](mailto:j77prospect@sbcglobal.net) to RSVP and to sign up for a carpool.

If you think you only will join us for part of the loop, bring your own wheels, so you can turn back whenever you choose.

**Tuesday, March 26, 10:00 am**  
**Rock Spring Parking Lot**



## Enlighten us but make it quick!

A.T. Lynne is providing an opportunity for our creative Villagers to join in the inaugural **Ignite Sausalito**.

Learn more about Ignite at the [Ignite Talks](#) website.

Participants in this event will answer the question: Where Do You Live? Each person will have exactly five minutes with 20 slides to "show and tell" their response. Will you show your house? Your neighborhood? The world in your head? It's up to you!

Only the first 40 submissions will be considered, and that number will be whittled down to the best twelve.

**Friday, April 5**  
**Sausalito Library**

NOTE: A. T. Lynne runs a writing workshop every Monday at the Southern Marin Sausalito Firehouse community room at 10:30am. All are welcome. She asks for a monthly donation that goes to the Sausalito Historical Society.

RESILIENT  
NEIGHBORHOODS



LESS CARBON  
MORE COMMUNITY

**BE A PART OF THE CLIMATE SOLUTION**  
**TUESDAY, APRIL 2**

Concerned about climate change and a healthy planet? Want to meet others who also care? Meet Tamra Peters (Founder/Executive Director, Resilient Neighborhoods) and hear how your everyday actions can make a real impact.

Resilient Neighborhoods is an award-winning program that brings people together to build community, get prepared for emergencies, and live a low carbon lifestyle in a fun, team environment. Learn more about [Resilient Neighborhoods](#).

Tamra Peters is the founder of Resilient Neighborhoods and the recipient of many awards, including the 2017 San Rafael Citizen of the Year Award, for her work in Marin County to combat climate change.

**Tuesday, April 2, 3:00 - 4:30 PM**  
**Edgewater Room, City Hall**

Cookies and water will be provided.

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## WE WANT TO KNOW . . .

We're excited to add this new feature to our Newsletter. Each month, we will be asking a new question. Topics will be varied and we hope you'll join the discussion. We'll keep it easy this month:

**What are your favorite things about Sausalito?**

[Email Us](#) to chime in. Please note that unless you specify otherwise, your name and comments may be shared in a future Newsletter. We are looking forward to hearing from you!



Celebrating With You in March!!

Charles Arenson  
Barbara Duncan  
Benjamin Farnham  
Lee Follett  
Gail Forrest  
Ellen Fusco  
Judith Haslam

Charlotte Mastrangelo  
Harriet McCue  
Safoura Moainipour  
Patricia Pigman  
Delilah Smith  
Janet Thuesen

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## INTERESTING ARTICLES

Below are some articles that our volunteers and members thought you'd find interesting. Click through to read the entire article. Read something that other Sausalito Village members might like to read? [Email us](#) and your submission may be included in a future Newsletter.

There is a positive side to aging, and having a plan for healthy aging can make a difference. [Read more](#) in this article from the BeWell Program at Stanford. *(Submitted by: Joyce Alexander)*

If you are 65 or older, you may have the option to use a new simple tax form for seniors. [Read more](#) in this article from Investopedia.

Entrepreneur has the right idea. [Click here](#) to read How and Why Entrepreneurs Should Focus on Seniors in 2019.

Are you trending? In [this article](#), First Light tells us that seniors are living it up!

Got debt? [This AARP post](#) discusses what happens to your debt when you die.

Marin County Sheriff's Office shares useful reminders to help keep your vehicles and belongings safe. [Click here](#) to read the Patch article and view the short video. *(Submitted by: Tricia Smith)*

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We love pictures of our members at events and around town. Have pictures to share? [Email Us!](#)

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**FIRST CALIFORNIA REALTY, INC.**

Special Thanks to Sherrie Faber and First California Realty for printing and mailing this newsletter to Sausalito Village members who cannot receive email. If you would like to discuss your real estate needs, Sherrie can be reached at 415.331.6100



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