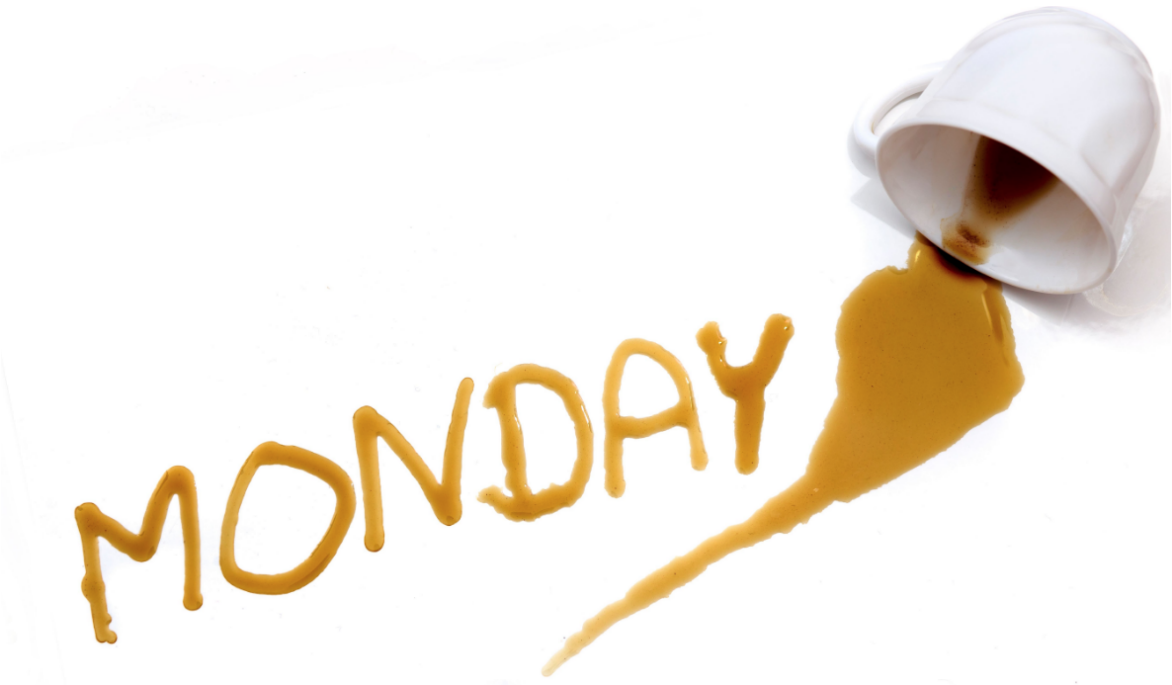
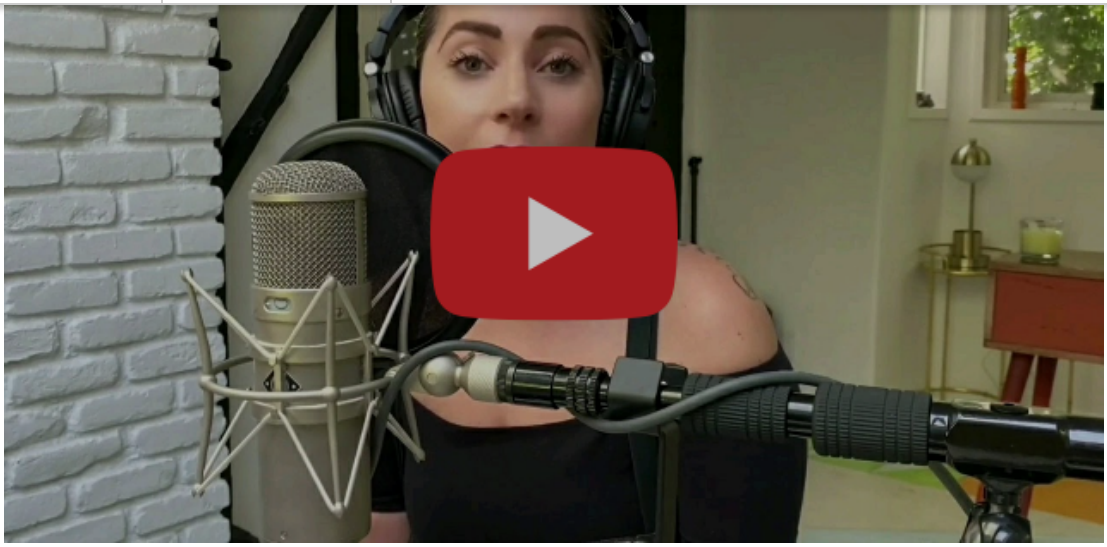
SAUSALITO VILLAGE



Happy Monday, Villagers

If you have something you'd like to send along to Tips, drop us an email.



Lady Gaga gives us permission to SMILE!

Thanks to three Sausalito Village seamstresses, a new batch of face coverings will be available by Wednesday when it becomes mandatory to cover your face when you are in public places. The seamstresses are looking for donations of tightly woven cotton fabric. If you have cloth to donate or need a face covering, contact Tricia Smith

Look up Tuesday night! You'll see the Lyrid meteor shower

Looking for something fun to do? Need to get out of the house? Tuesday night and early Wednesday morning will be the peak of the Lyrids, the first major meteor shower since January.

The annual meteor shower is active each year from about April 16 to April 25, EarthSky said. This year, the skinny and almost-new moon won't hinder the view. (Bright light from the moon can sometimes wash out meteor showers.)

David Kessler is the world's foremost expert on grief and loss. His experience with thousands of people on the edge of life and death has taught him the secrets to living a happy and fulfilled life, even afterlife's tragedies. He is the author of six books, including the new bestselling book, Finding Meaning: The Sixth Stage of Grief. He coauthored two books with Elisabeth Kubler Ross, including On Grief and Grieving updated her 5 stages for grief. His first book, The Needs of The Dying received praise from Saint (Mother) Teresa.

Kessler is hosting a free online group for those who need grief support during the pandemic. There are two live sessions daily and each evening features a guest. Click here to join the free group

Dig and plant safely this spring

Working in your garden? Planting a tree? Installing sprinklers? You may be digging close to underground utility lines connecting to your home. Contact PG&E at 811 to have your underground lines marked before the project begins.

Sausalito's Virtual Rec Center hosts a Virtual Rec Room **and a** Virtual Classroom:

Town Hall with Senator McGuire

Chamber CEO Juli Vieira and Senator McGuire's staff will serve as moderators for the Town Hall.

Time: Wednesday, Apr 22, 2020 08:30 AM Pacific Time (US and Canada)

Join Zoom Meeting

Meeting ID: 970 9027 7020

Password: 271231

Stay Home and Read Book Club. Stay Home and Read is a low-pressure online book club sponsored by the Sausalito Library. The club uses the discussion boards feature of the Good Reads website for dialogue between members. If you're sheltering in place and have time for a good book, why not read together? The book for **April 2020** is *The Girls* by Emma Cline. Books are chosen based on e-book availability from the library's digital collections. If you prefer a print copy, you can support our local bookstore, Sausalito Books by the Bay, and order a copy for free delivery. For more information, please contact Rebecca Burgan at rburgan@sausalito.gov.

SV monthly book club

Sausalito Village Book Group. The Sausalito Village Book Group is online this month. Join in the discussion at 1:30 p.m. on **Tuesday, April 21** if you have read *Just Mercy* by Brian Stevenson. Click here for more information and to RSVP for the Zoom link. Any questions may be directed to sausalitovillageRSVP@gmail.com.

Tips on Food, Shopping, Assistance, A Recipe

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com**. All of our volunteers have been vetted.**

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com **or call 415-332-3325.**

More and more villagers are having their groceries delivered using online shopping such as Mollie Stone's Instacart. All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has information on all the local restaurants providing take out and delivery.

- **DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm.** Regular Monday through Sunday hours are 9 am

and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.

- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's** (Cost Plus): **Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth**: **9-10**

if you are ordering food to go, support our local restaurants**! Many of them are registered with delivery services such as** www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from BevMo's Instacart. **Wash your hands after removing food from delivery containers.**

Bounty Box

Fresh from the farmer's market to curbside

CVS is offering free delivery of prescriptions and everyday essentials.
In Sausalito, "Grab and Go" bags of groceries are available at Marinship Park between 8:00 and 11:00 a.m. on Tuesdays and Fridays. The service is provided by Marin Mobile Care in conjunction with the mobile shower service sponsored by the Sausalito Police Department. The School District and Willow Creek

Marin is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service here.

Hilton Hotels has just released the recipe for their famous DoubleTree chocolate chip cookie and now you can make them at home!

DoubleTree Chocolate Chip Cookie Recipe

Makes 26 cookies

Ingredients

½ pound butter, softened (2 sticks)

¾ cup + 1 tablespoon granulated sugar

¾ cup packed light brown sugar

2 large eggs

1 ¼ teaspoons vanilla extract

¼ teaspoon freshly squeezed lemon juice

2 ¼ cups flour

1/2 cup rolled oats

1 teaspoon baking soda

1 teaspoon salt

Pinch cinnamon

2 2/3 cups Nestle Tollhouse semi-sweet chocolate chips

1 3/4 cups chopped walnuts

Directions:

Add eggs, vanilla and lemon juice, blending with mixer on low speed for 30 seconds, then medium speed for

about 2 minutes, or until light and fluffy, scraping down bowl.

With mixer on low speed, add flour, oats, baking soda, salt and cinnamon, blending for about 45 seconds. Don't

overmix.

Remove bowl from mixer and stir in chocolate chips and walnuts.

Portion dough with a scoop (about 3 tablespoons) onto a baking sheet lined with parchment paper about 2 inches

apart.

Preheat oven to 300°F. Bake for 20 to 23 minutes, or until edges are golden brown and center is still soft.

Remove from oven and cool on baking sheet for about 1 hour.

Cook's note: You can freeze the unbaked cookies, and there's no need to thaw. Preheat oven to 300°F and place

frozen cookies on parchment paper-lined baking sheet about 2 inches apart. Bake until edges are golden brown

and center is still soft.

FOR YOUR BODY

Note: On many of the videos we choose, continue watching for a series of additional videos from the same link.

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