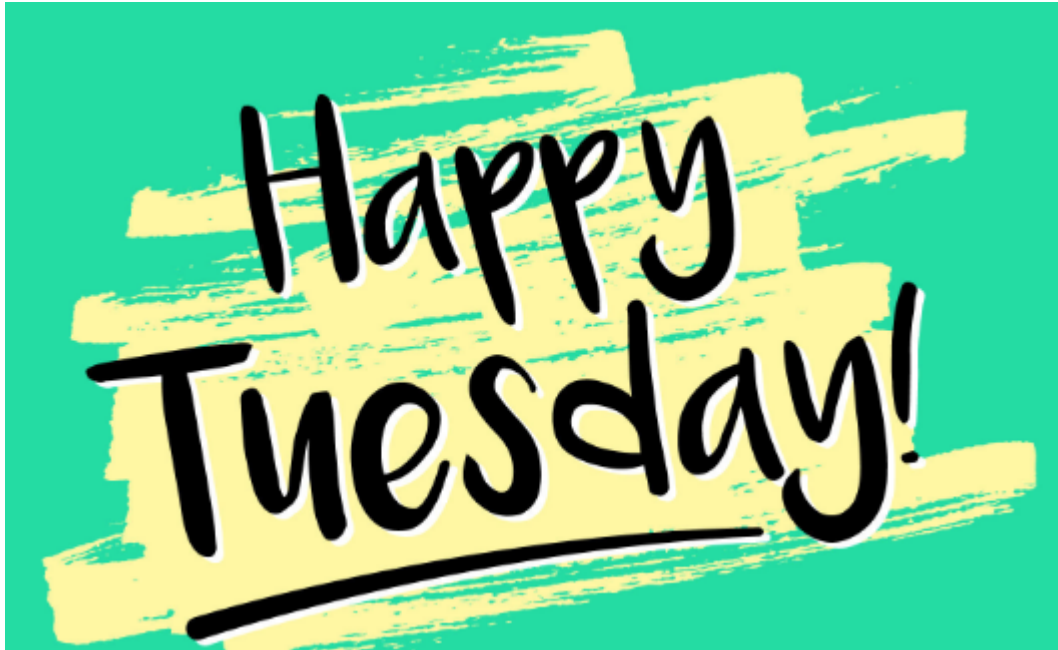


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**Happy Tuesday, Villagers**

If you have something you'd like to send along to Tips, drop us an [email](#).



Rolling Cam Venice

Sausalito Librarians Augie Webb and Tula Biederman will be presenting a training on Kanopy, a way to download free movies from the Marin Library system. [Sign up now.](#)

Tula has added the upgraded Libby slides to the library's [digital collections page](#). She is also still happy to work one-on-one with anyone who'd like additional guidance or is having trouble using a certain device.



Thanks to three Sausalito Village seamstresses, a new batch of face coverings will be available by Wednesday when it becomes mandatory to cover your face when you are in public places. The seamstresses are looking for donations of tightly woven cotton fabric. If you have cloth to donate or need a face covering, contact [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com)



## Join the Movie Club

This is the second week of Sausalito Village's informal movie club. Each week the group will watch a few selections from the list of 53 movies made on location in S. F. before 1980. Twenty-five are available free on the internet. Each week a web site will be featured with links to movies.

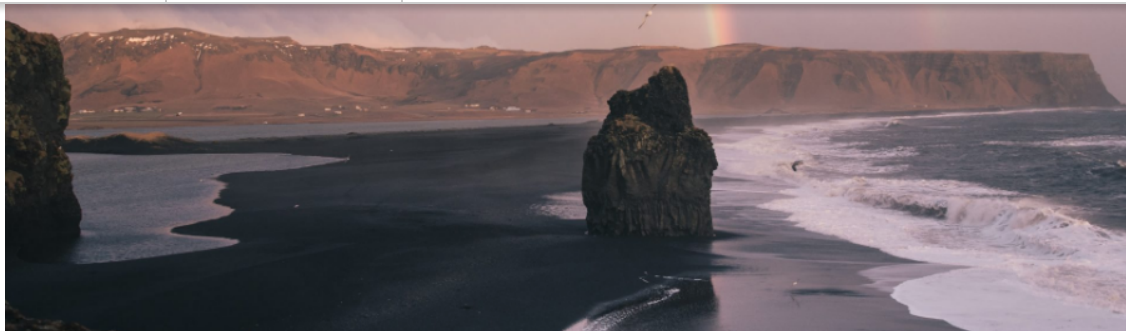
This week's double feature of free S. F. movies consists of 2 movies that were not available for free until recently. "Hell on Frisco Bay," 1955, is a color movie where Edward G. Robinson in his usual gangster role terrorizes S. F.'s Fisherman's Wharf. It also has other once-famous actors. The 2nd movie is "The Treasure of Monte Cristo," 1949, Starring Glenn Langan, Adele Jergens, Steve Brodie, Bobby Jordan & Sid Melton. This movie was made in black & white but colorized so we can watch it either way or both.

Click [here](#) for this week's, April 20-26, Double Feature Movies.



- Gloves won't help, but they can still help.
- Everyone needs to stay HOME, but it's important to GO OUT.
- There is no shortage of groceries in the supermarket, but there are many things missing when you go there in the evening, but not in the morning. Sometimes.
- The virus has no effect on children except those that it affects.
- Animals are not affected, but there is still a cat that tested positive in Belgium in February when no one had been tested, plus a few tigers here and there.
- You will have many symptoms when you are sick, but you can also get sick without symptoms, have symptoms without being sick, or be contagious without having symptoms.
- In order not to get sick, you have to eat well and exercise, but better to eat whatever you have on hand because it's better not to go out shopping.





## [Navigating Rough Waters](#)

by Jack Kornfield

*Every morning when the Dalai Lama wakes up, he begins his morning practices with a prayer from Shantideva: “May I be a guard for those who need protection; a guide for those on the path; a boat, a raft, a bridge for those to cross the flood; may I be a lamp in the darkness; a resting place for the weary, and a healing medicine for all who are sick. For as long as Earth and sky endure, may I assist until all living beings are awakened.” This is the Dalai Lama’s way of reaffirming the direction of his life and the direction of his heart before he starts his day. With this powerful prayer, the Dalai Lama recites his vow of compassion and love for all beings, even in the face of the great difficulties of the Tibetan people.*

*You too need a reliable compass to set your direction and steer through the rough waters.*



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During this period of confinement, a song about living without limits might be refreshing. In the Act I finale of ***Wicked***, the 5th longest-running Broadway musical, Elphaba - who will later become known as "the Wicked Witch of the West" - discovers that the Wizard of Oz is not the heroic figure she had thought him to be. Realizing this, and despite Glinda's (the Good Witch) attempts to dissuade her, Elphaba vows to do everything in her power to fight the Wizard and his sinister plans against the animals. To hear **Idina Menzel** in her Tony-winner performance (with **Kristin Chenoweth** in the duet moments) literally soaring and "**Defying Gravity**," [click here](#).

To watch the **1st National Tour** cast perform the entire show of ***Wicked***, [click here](#).

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Here Today, Gone Tomorrow and So It Goes



John Berger and the Art of seeing Art





## Tips on Food, Shopping, Assistance

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com). All of our volunteers have been vetted.

Interested in volunteering to help out with errands? Please contact [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com) or call 415-332-3325.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior

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12. Call 415-729-9582 with phone number, list of items and credit card or local check.

- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as [www.grubhub.com](http://www.grubhub.com), [www.doordash.com](http://www.doordash.com), or [www.trycaviar.com](http://www.trycaviar.com) . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

*Fresh from the farmer's market to curbside*

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to

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## FOR YOUR BODY

Note: On many of the videos we choose, continue watching for a series of additional videos from the same link.

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