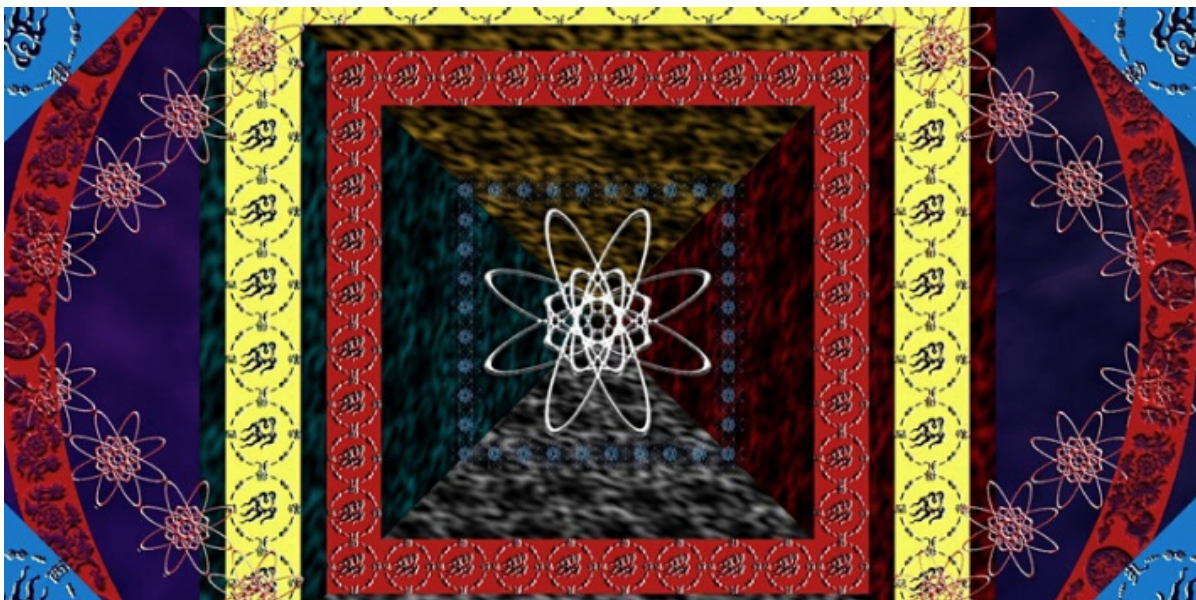




Happy Thursday, Villagers

We're always looking for new tips! Drop us an [email](#).



[Asian Art Museum Presents: Developing the Mandala Flow State Virtual Reality](https://mailchi.mp/017286b0a7bc/sausalito-village-tips-of-the-day-1086103)

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distancing during the COVID-19 crisis, the Asian Art Museum is shifting its programs to online platforms. While the museum is closed, we are hosting a range of virtual public programs to both connect with our audiences and support the work of our artistic and creative communities.

During the COVID-19 crisis, clearing the fog is more important now than ever. Join Dr. Julia Scott of Santa Clara University, project developer Max Sims, and Associate Curator of Himalayan Art Dr. Jeffrey Durham as they discuss the creation of the virtual reality experience Mandala Flow State, which takes the user through an immersive journey of a 3D mandala. The journey is clouded by fog that must be cleared by focusing one's mind, which is analogous to a meditative state as measured by brain activity. This experience unifies traditional Buddhist practices and modern technological enhancements of self-regulation, which share the common goal of enlightenment.

Mandala Flow State was commissioned by the [Asian Art Museum](#) as part of the exhibition Awaken: A Tibetan Buddhist Journey Toward Enlightenment.

Tonight @ 7

Tickets: 0-\$25 donation

We will send you the Zoom log in with confirmation email.



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[Submarine' This Weekend](#)

Join in a global singalong to the Beatles' 1968 animated classic.

You've done the drive-by birthday party, zoom bar mitzvah, virtual dance party and every single TikTok challenge there is already. So why not dig out that puffy paisley shirt flared pants for a global singalong to the [Beatles'](#) *Yellow Submarine*?



Edie Falco and James Gandolfini in "The Sopranos," which is available for free on HBO streaming platforms until the end of April. Craig Blankenhorn/HBO

[A Pandemic Bonus: Catch These TV Shows While They're Still Free](#)

Like those people in aprons at the big-box store passing out little squares of cheese, a number of streaming services have responded to the Covid-19 pandemic by giving out free television samples. The series they're putting in front of their paywalls are a loss leader, a handful of candy to get you to subscribe. And therefore their availability is temporary: HBO's free series will require a subscription again in just over a week, and others, while technically open-ended, won't be around forever. Here's a look at the best series on offer and how long you have to watch them free. (And in most cases without registering for a free trial and surrendering your credit-card information.)

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Some Good News



[Finding Hope in Uncertain Times](#)

Millions of people around the world turn to meditation and mindfulness

cultivate hope during these uncertain times.



Penalty Waivers Provide Relief for Taxpayers

Marin County property owners needing relief from property tax penalties received welcome news April 21 regarding the tax collector's [COVID-19](#) penalty waiver process. The Board of Supervisors unanimously voted to give the [Marin County Director of Finance](#) the ability to [waive property tax penalties](#) for reasons that are specific to COVID-19.

The Board's action is intended to address taxes that first became delinquent during the [shelter-in-place order](#) and includes reasons related to individual economic hardship.

The Board resolution created a clear framework around the COVID-19 penalty waiver process and allows the Tax Collector's Office to cancel penalties for reasons related to COVID-19 that are beyond the normal standard. It will also ensure accountability, equity, and uniformity in the process and will allow the County to quantify the financial impact of COVID-19 on property taxes should opportunities for reimbursement become available.

For more information and to access the requisite form. [click here.](#)

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Tips on Food, Shopping, Assistance

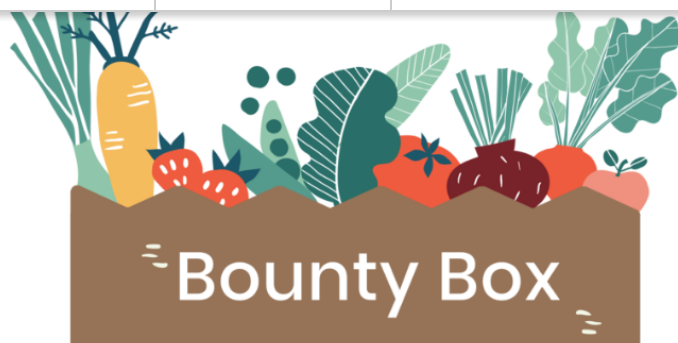
email sausalitovillageconciierge@gmail.com. All of our volunteers have been vetted.

Interested in volunteering to help out with errands? Please contact sausalitovillageconciierge@gmail.com or call 415-332-3325.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm.** Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday for curbside pick up and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's: Senior shopping Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**

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[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).



FOR YOUR BODY

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