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Happy Sunday, Villagers

We're always looking for new tips! Drop us an [email](#).



These signs posted at Sausalito Exit on Alexander Ave.



'Being in a houseboat is better': Shelter-in-place, Sausalito houseboat style

Living in a typical apartment complex in San Francisco, you might not know your neighbors. Maybe you don't even smile and wave if you pass them in the hallway. But in Sausalito's houseboat communities, neighbors are the definition

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Russian police stop traffic to help family of ducks cross road



Austin City Limits: John Prine

Sunday, April 26 | 2:00 pm

Celebrate the life and music of legendary artist, [John Prine](#)!

In this 2018 [Austin City Limits](#) performance, John performs songs from his critically acclaimed album [The Tree of Forgiveness](#), as well as other unforgettable classics. (From KQED Virtual Events.)





[70 Women Ages 5-75 Answer: What Makes You Beautiful?](#)

We asked women of all ages: what makes you beautiful? From 5-year-olds to 75-year-olds, take a look at what women of every consecutive age has to say.

[Reality Rules](#)

What's going on in our world right now is exactly as it should be. How do we know? Because it's what's happening. Reality rules. When we resist what is, we suffer. Accepting it expands rather than restricts our consciousness, and helps us understand how to better navigate through the challenging times. Perhaps this is a wake-up call demanding us to take notice of our ways. It's forcing us to respect with humility that the power that animates us all has the last word. When we surrender to the message, we have a better chance at riding it through...

In flow.

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For Your Body

Gentle Yoga



Tips on Food, Shopping, Assistance

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted.

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior

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12. Call 415-729-9582 with phone number, list of items and credit card or local check.

- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to

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