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Happy Wednesday, Villagers
We're always looking for new tips! Drop us an [email](#).



Tennis Courts Open: A note from Sausalito Parks & Rec

Dear Community Members,

As we slowly inch closer to life outside of quarantine, we are gradually hitting the un-pause button for life to resume.

It is with great pleasure to announce the opening of all our tennis and outdoor pickle ball courts! New county guidelines and rules are posted on the courts and are attached in this email. These guidelines are set to minimize the contact between players, lessening the chance of passing COVID-19 to each other. Please respect each other's personal space and follow standard tennis court usage rules. We will slowly transition and update the guidelines as new information is provided. [tennis_rules.pdf](#)

Unfortunately, the basketball and bocce courts, all indoor classes and programs, and the dog park are still closed. We will update everyone as things gradually open.

Currently we are running daily [virtual classes](#) via ZOOM and will be adding more classes each week. If there are other classes that interest you, please feel free to reach out. Our goal is to provide all our community members with the opportunity to explore a new craft, hobby, or exercise routine... even if it is from your living room.

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[Couch Getaways: Mexico](#)

Join Alaska from your couch to visit Mexico this week for a virtual vacay to some of our favorite experiences. Explore our virtual guide to Cabo, Puerto Vallarta, Guadalajara and more below!

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[Shelter in Place Update - May 4-31](#)

The general message remains the same: we need to remain at home, sheltering in place, except for essential trips (for example, to the grocery store or pharmacy) or essential business. When we are outside our homes for these activities, or to take a walk in our own neighborhood for a bit of fresh air and exercise, we must continue to wear a face covering like a bandanna, scarf, or cloth mask.

That said, there are a few areas where the new Order relaxes a bit. Construction activities are able to resume, with specific requirements and restrictions. Certain outdoor businesses can operate again, including nurseries, landscapers, and gardeners. Some recreation activities are now permitted, again, with specific rules.

If you'd like to know more, please visit [the Marin Health & Human Services COVID-19 website](#) where you can find the full Order and an executive summary, as well as related documents on the closure of parks, short-term rentals, face coverings, and the Marin Recovers Industry Advisors initiative. The [FAQs website](#) is also being updated to reflect common questions about the new SIP Order.

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[Sign up now](#) for this month's **TED Talk** event which explores the use of psilocybin to reduce suffering. The event takes place on Thursday from 12:00 pm to 1 pm. **Thu 05 / 07 / 2020 from 12:00 PM to 1:00 PM**

This may just be the tip of the iceberg



DIAL-IN CHINA: THE WORLD'S NEXT PREMIER SUPERPOWER?

China's rise and the United State's relative decline on the world stage has led to a tense and complicated relationship between the two. China is determined to restore the power and prestige it held before the 19th century, while the US is desperate to maintain its superpower status and image as the ideal society. The US and China have worked together in the past with mutual gain and respect, but a major geopolitical contest that was launched by the Trump administration could derail either county's plans for primacy. Join Ambassador Kishore Mahbubani for a discussion on why this geopolitical contest is a lose-lose situation for China and the US, especially in light of the COVID-19 pandemic and global warming.

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Thursday, May 7, 2020 6:30PM - 7:30PM

**WHERE
ZOOM****Community: Food, Services, Virtual
Recreation**

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

Face Coverings

Face coverings by Sausalito Villagers are still available for free. Contact triciasmith58@gmail.com.

Local Sources for Hand Sanitizer

- **The Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) from 11:00 a.m. - 1:00 p.m. at 170 Gate 5 Road, across from the Cibo Bakery Outlet. Bring your own container that seals with a lid. They will dispense 6 ounces to each person until supplies run out.**
- **Sausalito Market on Caledonia @ \$7.50**
- **Hanson Tasting Room /Gallery on Bridgeway at Princess (open Friday-Saturday 11-5.)**

[Virtual Rec Room](#)



Welcome to Sausalito's Parks and Recreation Virtual Rec Room. Each day we will be featuring new content from our many instructors, Parks and Recreation Team, and from the web. This Rec Room was designed for our community to think inside-the-box (since you can't go outside), grow by learning new skills, and challenge ourselves on a daily basis.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery.](#)

will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday for curbside pick up and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.

- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials.

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served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).

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