



Happy Mother's Day, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content.



[Go Behind the Scenes at One of the World's Most Beautiful Theaters With an Insanely In-depth Virtual Tour](https://mailchi.mp/d9a8ae7d7907/sausalito-village-tips-of-the-day-1091771)

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LITQUAKE ON LOCKDOWN

[Litquake On Lockdown](#)

A virtual series of literary entertainment
from our homes to yours for our shelter-in-place community



The Dog's Breakfast Grand Final



DMV Helps Californians with Expiring Driver Licenses

Seniors and other drivers can avoid required office visit for renewal during COVID-19 pandemic

Sacramento – The California Department of Motor Vehicles today is announcing that seniors with an expiring driver license will receive a 120-day extension in the mail during the COVID-19 pandemic. Also, those with safe driving records whose last DMV visit was 15 years ago will not be required to renew in person for the next 60 days and will be able to renew online or by mail.



[The Most Stunning Coastal Towns in Europe](#)

Europe's long and varied coastline is dotted with settlements whose inhabitants have, for centuries, made their living from the sea. Today, many feature historic mansions, charming [historic squares](#) and quaint harbors that draw as many tourists as fishermen. Though some have grown into cities, others are constrained by the physical landscape to remain impossibly beautiful coastal towns.



City Arts & Lectures

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Tune in for Rebecca Solnit and Brit Marling: creators, thinkers, and experts on feminist issues across creative fields. Solnit's new memoir, *Recollections of My Nonexistence*, is an inspiring meditation on her path to selfhood. Marling, star/creator of *The OA* (whose fantastical realities feel especially timely), has forged a career creating counter-narratives to the more common ones diminishing women's worth. Hear what they have to say about this sci-fi-ish time, finding hope in disaster, and more.

Monday, May 11, 2020

7:30 pm

[YouTube Channel](#)



[Gentle Yoga for Seniors](#)

Join us for this workshop provided in partnership with the Marin County Department of Behavioral Health & Recovery Services in recognition of Mental Health Awareness Month and Older Americans Month!

This workshop will include trauma-informed yoga postures and breathwork that are accessible for all levels. No prior experience with yoga is required. In this challenging time when we may be feeling overwhelmed at the grief, injustice, and uncertainty around us, it becomes especially important for us to be in spaces where we can get grounded and in touch with our internal experiences. Come as you are, and leave with practical tools to support you in tending to your mental health and holistic well-being.



Community: Food, Services, Virtual Recreation

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

Face Coverings

Face coverings by Sausalito Villagers are still available for free. Contact sausalitovillageconcierge@gmail.com. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.

Clbo Popup and Sausalito Bakery Cafe.

The Sausalito Bakery Cafe is serving coffee and goodies to go.

Local Sources for Hand Sanitizer

- **The Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) on Mondays from 11:00 a.m. - 1:00 p.m. at 170 Gate 5 Road. Bring your own container that seals with a lid. They will dispense 6 ounces to each person until supplies run out.**
- **Sausalito Market on Caledonia @ \$7.50**
- **Hanson Tasting Room /Gallery on Bridgeway at Princess (open Friday-Saturday 11-5.)**

[Virtual Rec Room](#)



Welcome to Sausalito's Parks and Recreation Virtual Rec Room. Each day we will be featuring new content from our many instructors, Parks and Recreation Team, and from the web. This Rec Room was designed for our community to think inside-the-box (since you can't go outside), grow by learning new skills, and challenge ourselves on a daily basis.

service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery.](#)

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday for curbside pick up and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET:** Senior Shopping 8-9 with 15% discount. Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping Tuesday/Thursday/Saturday 7-8 All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus):** Senior Shopping 8-9.
- **Whole Foods:** 8-9
- **Target** Wednesdays 9-10
- **Good Earth:** 9-10

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). Wash your hands after removing food from delivery containers.



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Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).

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