



Happy Monday, Villagers

Please send along your suggestions for materials to add to the daily tips. We're always looking for good content.

Today's Events

11am - Chair Yoga with Rayner Needleman. Click here to RSVP for link and [More info](#)

3pm - Concert of Jazz Standards with Andy Dudnick and Janet Lynn. Click here to RSVP for link and [More info](#)



[7 Incredible Treetop Hotels](#)

Treehouses were all the rage as a kid, and if you ever dreamed of having your own hidden castle high among the leaves, then now's your chance. Around the world, discover the joys of treehouse living in stunning treetop hotels. These treehouses are bringing the luxury of modern resorts to the branches, making you feel like a kid (albeit a pampered kid) again.

"Faith is trust.
Faith is a deep sense
of connectedness
with Being."

—Eckhart Tolle

eckhart
teachings



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[Sausalito, California, USA](#)

The left side of the map lists the 37 stairs and paths.



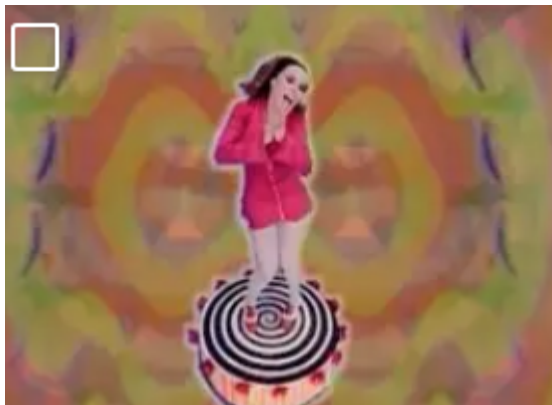
[This stunning video will challenge all your preconceptions about ballet](#)

From basketball to breakdancing: don't expect typical ballet in Hong Kong Ballet's 40th season film.



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Based on the 1933 German film *Viktor und Viktoria* (which was remade in Germany in 1957), the 1982 British-American musical comedy film ***Victor/Victoria*** starred **Julie Andrews**, Robert Preston, James Garner & Lesley Ann Warren, and featured a score by Henry Mancini and lyrics by Leslie Bricusse. The plot focuses on a down-on-her-luck woman, who tries to pose as a male drag queen. Seemingly confusing, but actually very clear and charming, it's about "a woman trying to be a man, trying to be a woman."



[How Many '90s One-Hit Wonders Do You Still Remember?](#)

Check each one you have heard.



[Virtual Rec Room](#)

Welcome to Sausalito's Parks and Recreation Virtual Rec Room. Each day we will be featuring new content from our many instructors, Parks and Recreation Team, and from the web. This Rec Room was designed for our community to think inside-the-box (since you can't go outside), grow by learning new skills, and challenge ourselves on a daily basis.

New Zoom Class on Mixology. As part of its [Virtual Rec Room](#), Sausalito Parks and Recreation is now offering a series of Thursday evening Zoom classes on the Magic of Mixology. Participants will learn behind-the-scenes cocktail-making tips from [Katya Larionova](#), professional bartender from *Bourbon & Branch*, San Francisco's oldest speakeasy. You'll also learn the history and mystery around liquors, concoctions, and more. Enthusiasts, beginners, and professional bartenders are welcome! Each week we'll learn a new skill. The next class from 7:00 to 8:00 p.m. on Thursday, May 21 will focus on stirred cocktails. Adults 21+ only. \$12 per class. Please visit the [online registration page](#) to sign up.

The two other new Zoom classes launching this week are Strong Nation Bootcamp from 8:00 to 9:00 a.m. on Sundays and Zumba Gold from 10:00 to 11:00 a.m. on Mondays and Wednesday. Both are taught by Beth Wolly. Strong Nation Bootcamp is \$10 per class; Zumba Gold is \$8 per class.



Community: Food, Supplies & Services

Remember you can contact Sausalito Village/CARSS if you are in need of essentials

- food, medication, and pet supplies. Call 415-332-3325 or

email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and

are eager to help out!

Interested in volunteering to help out with errands? Please

contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

Face Coverings

Face coverings by Sausalito Villagers are still available for free. Contact sausalitovillageconcierge@gmail.com. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.

Cibo Popup and Sausalito Bakery Cafe.

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

[Sausalito Books By The Bay](#) offers free delivery and curbside pick up.

Local Sources for Hand Sanitizer

- **The Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) on Mondays from 11:00 a.m. - 1:00 p.m. at 170 Gate 5 Road. Bring your own container that seals with a lid. They will dispense 6 ounces to each person until supplies run out.**
- **Sausalito Market on Caledonia @ \$7.50**
- **Hanson Tasting Room /Gallery on Bridgeway at Princess (open Friday-Saturday 11-5.)**

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm.** Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday and orders must be in by 8 pm the night before for pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.

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All cashiers have glass shields and there are blue lines to keep distance between customers.

- **Trader Joe's** (Cost Plus): **Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10.** Now offering [curbside pickup](#) at both Mill Valley and Fairfax stores.

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need.

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