

Happy Tuesday, Villagers

Please <u>send along your suggestions</u> for materials to add to the daily tips. We're always looking for good content.

# **Today's Events**

Book Group: Open to All. RSVP required.

**Past Issues** 

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### Responding to a Global Threat: Entangled Whales

# **Live Virtual Program**

### 1pm PT



How do you free a 25-foot humpback whale trapped in fishing gear? Find out during this moderated panel discussion as our marine mammal response experts share stories from the field and demonstrate the specialized techniques developed to rescue these animals. You'll also hear about our work preventing future entanglements and training others to respond to this growing threat. And you'll be invited to ask your own questions during this interactive live event.

### Speakers:

- Global Response Project Manager Kathi George
- Response Training & Operations Manager Dave Zahniser
- Associate Director of Conservation Education Adam Ratner (moderator)

This Marine Science Series event will be broadcast live on <a href="The Marine Mammal Center's Facebook page">The Marine Mammal Center's Facebook page</a>. You do not need a Facebook account to watch the live broadcast. Just visit the Center's Facebook page by <a href="Clicking this link">Clicking this link</a>.

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# 5 Unbelievable U.S. Train Routes

The 1879 gold rush birthed the necessity for industrial transportation capable of hauling mounds of precious metal out of California — thus the <u>Denver and Rio Grande Railway</u>. It didn't take long for passengers to spread word that gold wasn't the only precious thing about this railway. Spectacular views of Colorado's luscious peaks and rivers ensured that the train stayed in operation long after the gold veins ran dry. The <u>Durango & Silverton Narrow Gorge</u> route features steep drop-offs that are so awe-inspiring they have served as a muse to multiple artists, including C.W. Mcall, who dedicated an entire song to the Silverton.

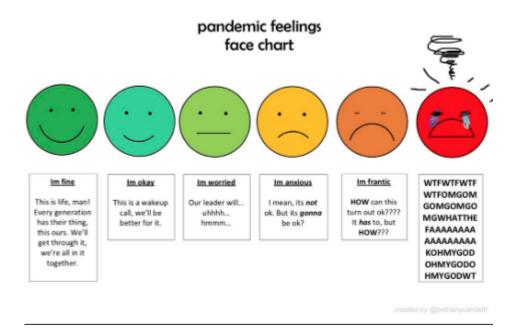
"Well now listen to the whistle in the rockwood cut on the high line to Silverton Town

Written by Carolyn Johnson in 2009

"Amidst the struggle, beauty emerged. The lilies bloomed magnificent and fragrant in the garden, the children laughed and played.

We strengthened

ourselves to uncertainty. We chose consciousness over denial, passion over anger, connection over separation. A new understanding of life was born from the remnants of the old. A pathway of possibilities emerged--renewable energy, solar and wind power, green building, rooftop gardens, community. We began again..."



A teacher writes and performs song about life during coronavirus



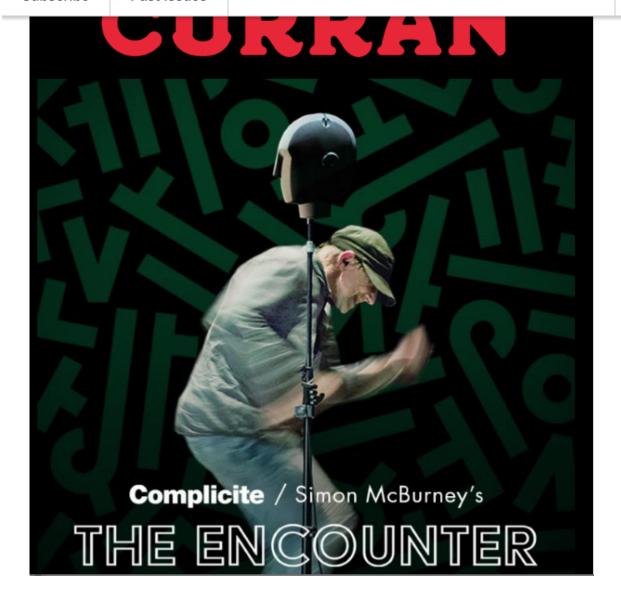
# These portraits of insects aren't actually insects at all

Using flowers, leaves, twigs, and seeds, Canadian artist Raku Inoue creates intricate portraits of insects.

TROPICAL PLANTS AREN'T abundant in the northern latitudes of Montreal, Canada. Nor are the planet's most diverse animals, insects. Even so, Montreal-based artist and photographer Raku Inoue finds a way to showcase both with his colorful portraits of insects and other animals made from flowers, leaves, twigs, seeds, and stems.

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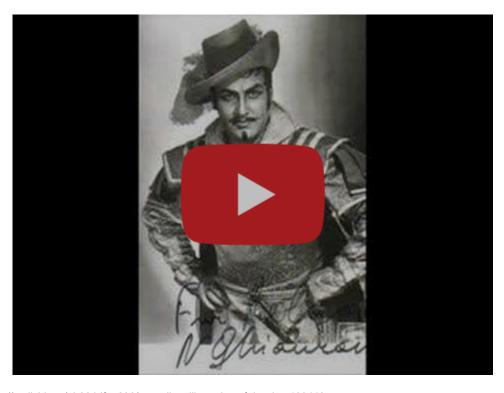
# **STREAM HERE**

Three years after the exclusive, limited engagement of THE ENCOUNTER on our Curran stage, we've partnered with our friends Simon McBurney and Complicité to present an entirely free, online production of the critically acclaimed production -- available for one week only.

In THE ENCOUNTER, Simon McBurney guides you through "a walk across the brain," supported by a genius binaural (3D) sound system designed by Gareth Fry with Peter Malkin. All you need is a

We miss seeing you at the theater, and we are thrilled to share this "unique and mesmerizing experience" (*Mission Mission*) with you, to experience together, in our homes. THE ENCOUNTER online is free to watch and will be available from May 15 at 11am until May 22 at 2pm PT.







In excitement for our *Online "Terroir" Wine Tasting* (see below), listen to a celebratory moment from *Don Giovanni*. Awaiting the wedding party of Masetto and Zerlina in Act I, this great seducer declares - in a tongue-twisting aria - that there shall be an incredible party with much wine and many women. Often called "The Champagne Aria" (though who knows why since only "wine" is mentioned), "*Fin ch'han dal vino*" is one of Mozart's shortest arias, at just under two minutes.



#### Virtual Rec Room

Welcome to Sausalito's Parks and Recreation Virtual Rec Room. Each day we will be featuring new content from our many instructors, Parks and Recreation Team, and from the web. This Rec Room was designed for our community to think inside-the-box (since you can't go outside), grow by learning new skills, and challenge ourselves on a daily basis.

**New Zoom Class on Mixology.** As part of its <u>Virtual Rec Room</u>, Sausalito Parks and Recreation is now offering a series of Thursday evening Zoom classes on the Magic of Mixology. Participants will learn behind-the-scenes cocktail-making tips from <u>Katya Larionova</u>, professional bartender

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beginners, and professional bartenders are welcome! Each week we'll learn a new skill. The next class from 7:00 to 8:00 p.m. on Thursday, May 21 will focus on stirred cocktails. Adults 21+ only. \$12 per class. Please visit the <u>online</u> registration page to sign up.

The two other new Zoom classes launching this week are Strong Nation Bootcamp from 8:00 to 9:00 a.m. on Sundays and Zumba Gold from 10:00 to 11:00 a.m. on Mondays and Wednesday. Both are taught by Beth Wolly. Strong Nation Bootcamp is \$10 per class; Zumba Gold is \$8 per class.



Community: Food, Supplies & Services

Remember you can contact Sausalito Village/CARSS if you are in need of essentials

- food, medication, and pet supplies. Call 415-332-3325 or

email <u>sausalitovillageconcierge@gmail.com</u>. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please

contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

### **Face Coverings**

Face coverings by Sausalito Villagers are still available for free. Contact

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should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.

Fabric Masks Made in the Marinship. The Marinship Emergency Medical Manufacturing Group (MEMM) is winding down production of plastic face shields and starting up the production and sales of hand-sewn fabric face masks. Designer face masks are now available for purchase, with a portion of the proceeds going to fund COVID-19 response and resiliency projects. <a href="DIY">DIY</a> mask kits with filters are also available in five and ten packs and are perfect for community fundraisers and family activities.

# Cibo Popup and Sausalito Bakery Cafe.

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

The Sausalito Bakery Cafe is serving coffee and goodies to go.

Sausalito Books By The Bay offers free delivery and curbside pick up.

#### **Local Sources for Hand Sanitizer**

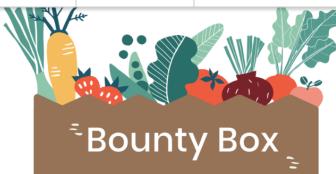
- The Marinship Emergency Medical Manufacturing Group (MEMM)
  and the Sausalito Working Waterfront Coalition on Mondays from 11:00
  a.m. 1:00 p.m. at 170 Gate 5 Road. Bring your own container that
  seals with a lid. They will dispense 6 ounces to each person until
  supplies run out.
- Sausalito Market on Caledonia @ \$7.50
- Hanson Tasting Room /Gallery on Bridgeway at Princess (open Friday-Saturday 11-5.)

More and more villagers are having their groceries delivered using online shopping such as Mollie Stone's Instacart. All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has information on all the local restaurants providing take out and delivery.

- DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and
  Fridays as these are delivery days. Senior Shopping on those days
  will be 11 am 12 pm. Regular Monday through Sunday hours are 9 am
  until 8 pm with the 9 to 10 am hours reserved for senior
  shopping. Curbside pickup is every day but Sunday and orders must be in
  by 8 pm the night before for pick up between 11-12. Call 415-729-9582
  with phone number, list of items and credit card or local check.
- GOLDEN GATE MARKET: Senior Shopping 8-9 with 15%
  discount. Curbside Pick Up Order by phone at 415-332-3040. They will
  shop for you and have it ready for pick up. Credit card payment over the
  phone; prefer not to take checks.
- Mollie Stone's: Senior shopping Tuesday/Thursday/Saturday 7 8 Ample supplies of disinfecting gel and wipes at door. One way aisles.
   All cashiers have glass shields and there are blue lines to keep distance between customers.
- Trader Joe's (Cost Plus): Senior Shopping 8-9.
- Whole Foods: 8-9
- Target Wednesdays 9-10
- Good Earth: 9-10. Now offering <u>curbside pickup</u> at both Mill Valley and Fairfax stores.

if you are ordering food to go, support our <u>local restaurants!</u> Many of them are registered with delivery services such

as <a href="https://www.grubhub.com">www.grubhub.com</a>, <a href="https://www.doordash.com">www.trycaviar.com</a>. You can also order delivery from <a href="https://www.doordash.com">BevMo's Instacart</a>. Wash your hands after removing food from delivery containers.



#### **Bounty Box**

Fresh from the farmer's market to curbside

CVS is offering <u>free delivery</u> of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. <u>Play Marin</u> is also providing meals to those in need.

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