

CARSS (Call a Ride for Sausalito Seniors) offers free same day rides provided by volunteer drivers for any purpose within the boundaries of Sausalito, the Floating Homes (up to Gate 6½) and Gateway Shopping Center. CARSS is a City of Sausalito Age Friendly program that is managed by Sausalito Village. Thanks in part to the work of many Villagers who participate on the City's Age Friendly Task Force, Sausalito became the first city in Marin (and third in the state) to be designated as a World Health Organization Age Friendly City. CARSS in particular has garnered nationwide attention for Sausalito, including kudos from the New York Times and Washington Post for its innovation.

Anyone who is 60 years of age or older or disabled can participate in the CARSS program as long as they can get in and out of a car unattended. SV membership is not required.

For information about CARSS, call the Sausalito Village Concierge at **415.332.3325** or go to the website: **carss4you.org**.

Rides are available Monday through Friday between 10AM and 2PM. Additional rides are available for evening and weekend citywide events.

Join Us!

The fee for Sausalito Village membership is a flat \$200 per year per household. A limited number of fee waivers are available for people for whom the regular fee is out of reach.

You can download an application form from the "Join Us" page on our website, sausalitovillage.org. Or call or email us to receive an application by mail: 415.332.3325 or concierge@sausalitovillage.org.

Our structure: We have one part-time paid employee—our Concierge—and an active Board of Directors as well as a reliable and enthusiastic volunteer force. Our membership in the national Village to Village Network ensures that we stay connected to the larger movement and aware of the ever-expanding resources available to all of us seeking to achieve a fulfilling old age. We welcome your participation!



Sausalito Village is a California nonprofit 501(c)(3) organization.





Staying Connected As We Age

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Who Are We?

Sausalito Village (SV) is a community- and volunteer-based organization whose mandate is helping those of us getting on in years to remain in our own homes for as long as possible and to continue living safe, active and connected lives.

We are patterned after the now famous Beacon Hill Village model: no bricks and mortar, just neighbors helping neighbors. The *San Francisco Chronicle* described the Village Movement as "changing the culture of aging in this country."

Our 220+/- members are mostly over 55, although our only requirement for membership is residence in Sausalito proper or the Floating Homes community. Members participate in our activities and utilize our services at whatever level their personal needs dictate.

Our network of 100+/- volunteers provides support of many kinds, from the purely practical to just plain fun.



Benefits of Membership

- Free transportation, provided by our volunteers and the CARSS program
- One-call support for information and referral through our Concierge service
- Medical advocacy
- Daily phone check-in upon request
- Referrals to vetted paid service providers of all kinds, from plumbers to home health aides
- Help with errands, electronics, and minor chores
- A weekly event calendar and a monthly newsletter
- A multitude of activities, including: trips to Marin County markets; a speaker series; cultural outings; a book group; lunch gatherings; a memoir group; a monthly birthday celebration; a walking group; chair yoga; an annual member art exhibition; a weekly bocce ball game; and much more!
- Discounts from local businesses
- Above all, the opportunity to stay connected to our community and make new friends



Our Volunteers

We welcome volunteers of all ages. Your membership in SV is not required to become a volunteer.

There are no minimum time requirements; volunteers choose their own assignments and control their time commitments.

Opportunities include: direct service to members; organizing events; teaching classes; service on the Board of Directors; office work, database management, writing and editing; outreach; and more. Design your own volunteer commitment!

We conduct a basic orientation for all of our volunteers and provide specialized training when necessary.

