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Date: 3/8/2017
Subject: SV Weekly Calendar Update 7/22/16
From: Sausalito Village

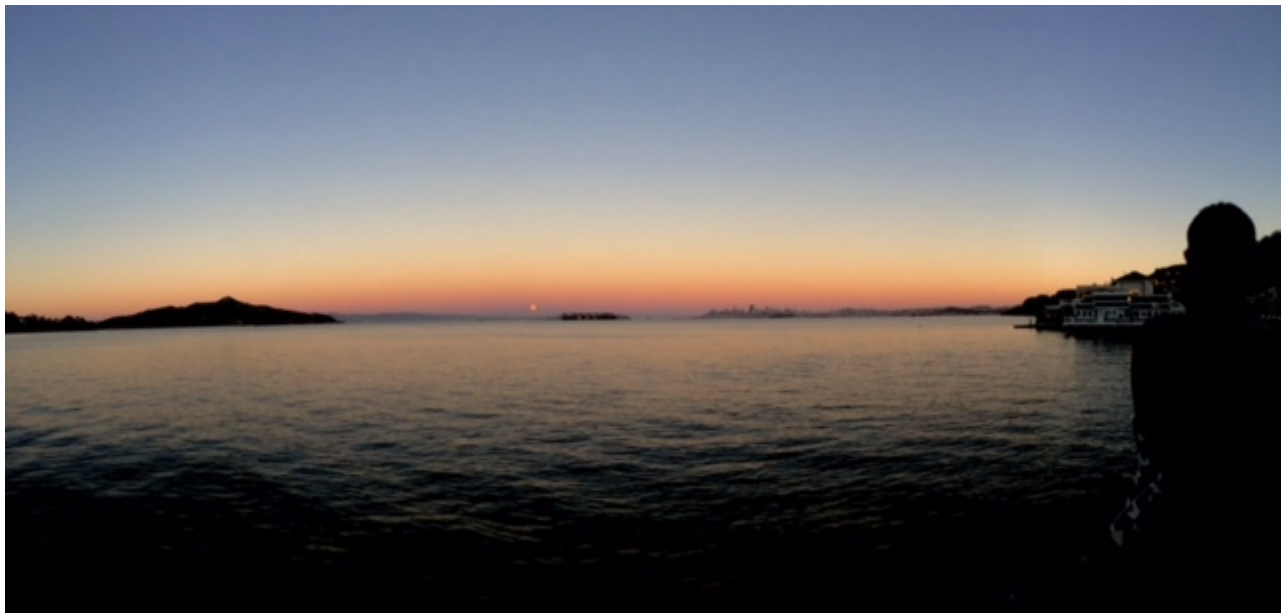


Photo by Katie Godowski...have one to share? Send it in!

Life is like riding a bicycle. To keep your
balance you must keep moving.


Albert Einstein

Dear Villagers and Friends,

CLICK ON THE CALENDAR to see what is happening this month around the Village. Each calendar entry has a contact name and email. If you have additional questions, please phone or email the Concierge: 332-3325 or concierge@sausalitovillage.org.



VIEW THE FLYERS BELOW for more information about events we are highlighting in the coming month.



SAUSALITO VILLAGE

presents

A WORKSHOP ON PREPARING YOUR ADVANCE DIRECTIVE

(the document that gives legal status to your wishes for end of life care)



WHEN: Monday, July 25th, 2016
WHERE: Edgewater Room, Sausalito City Hall, 420 Litho Street
TIME: 3:00 pm to 5:00 pm **FREE TO ALL COMERS!**
PLEASE RSVP TO breck108@me.com **or** 415.289.0979

This Workshop is designed to help us get basic Advance Directives in place. We will have the following forms available for your use:

- Advance Directive (which includes both a Living Will and Durable Power of Attorney for Health Care); we will have several well-vetted versions.
- Two recommended enhancements to the basic Advance Directive: the Dementia Provision and the Assisted Living Facility (ALF) Rider.

WE STRONGLY URGE YOU DO SOME RESEARCH ABOUT THIS PROCESS PRIOR TO THE WORKSHOP. YOU WILL NEED NAMES, ADDRESSES AND EMERGENCY CONTACT INFORMATION FOR YOUR CHOSEN AGENTS to complete your Directive. If you have an existing Advance Directive, bring it! Estate Planning Attorney **Suzy Douglass** will be on hand to give us guidance.

Recommended resources:
 State of California:
www.oag.ca.gov/sites/all/files/agweb/pdfs/consumers/ProbateCodeAdvancedHealthCareDirectiveForm-fillable.pdf
 Compassion & Choices: www.compassionandchoices.org/plan-your-care.org
 Five Wishes: www.agingwithdignity.org/

Our hope is that many participants will leave the workshop with Advance Directives fully executed. Others, however, may need further counsel and more time to complete the process. Join us! This workshop will offer good support for a difficult undertaking.

SAUSALITO VILLAGE: INDEPENDENT TOGETHER www.sausalitovillage.org

Do You Feel This **FRUSTRATION?*****Sign UP NOW for July 27th!*****30 minutes of FREE Tech Assistance
iPad, iPhone or PC Laptops**

Our newest Sausalito Village volunteer, Kay Horne, recently retired from a career as an attorney and one of the ways she would like to provide service is to offer one to one technical assistance to members.

If you have an iPad, iPhone or PC Computer, sign up for 30 minutes of free technical assistance with Kay.

WHEN: July 27th, 2016

FOUR TIME SLOTS: 1:00, 1:30, 2:00,2:30

WHERE: SV Conference Room at 501 Olima

RSVP Kay: kay.horne@comcast.net - not on the computer? Call the Concierge at 332-3325

**OPEN TO SAUSALITO VILLAGE MEMBERS OR ROTARY HOUSING
MEMBERS ONLY**

Sausalito Village, PO Box 208, Sausalito, CA 94966, 332-3325

**Sunday Afternoon at Nicasio Ranch
BBQ and Outdoor Concert
SOLD OUT-WAITLIST ONLY**



WHEN? Sunday August 28, 2:30pm-7pm

HOW? Whistlestop van from City Hall

WHERE? Nicasio Ranch in Nicasio

WHO? 9-Time Grammy Award Winning
'Asleep At The Wheel'

PRICE? \$40.00 plus price of food/drinks for
SV Members, \$20 surcharge for bus for
non-members

RSVP? triciasmith58@gmail.com



**Sausalito Village and Sausalito Library present
Phil Franks' Secret Sausalito
August 9, 3 pm
Edgewater Room, City Hall**



Join us for a reprise of films shown by the Sausalito Library last winter. This program will feature a selection of short films that cartoonist and one-time Sausalito Historical Society president Phil Frank originally created for a program series he presented at the Sausalito Woman's Club. Mike Cerre, who appears in one of the clips will introduce the program, which will begin with a brief selection of video clips from interviews with Phil.

Sausalito Village Book Club
Wednesday, August 17
New Time: 2:30-4:00



The book for August is *Snow White Must Die* by Nele Neuhaus. Kirkus review says "This emotional page turner, fueled by unexpected plot twists, marks the American debut of Germany's best-selling suspense writer, whose targets include the bourgeois, the overly solicitous and the rationalizations that lead to tragedy. "

All Sausalito Village members and volunteers are welcome- no need to commit to every month- come when you can! Contact Adele Gibbs at 332-2444 or panam7@yahoo.com for more information and location. **We're starting at a new time, 2:30, so you can go to the Birthday Toast after!**

Sing A Long BROADWAY SHOW TUNES



WHEN: Monday, July 25th

TIME: 4:00-5:30pm

WHERE: Chamarita Room, 501 Olima

EVERYONE INVITED!

Wine and appetizers served

Questions?? Contact Sue Dunlap at
suedunlap46@gmail.com or 332-3746
FREE AND EVERYONE WELCOME!

Edgewater Seniors/Sausalito Village
Trip to West Marin with stops in Pt. Reyes at Toby's
Feed Barn and Kozlowski Farms

August 23, 9:15-2:00



Join us on a scenic drive to West Marin with stops at Toby's Feed Barn and Kozlowski Farms. We'll have an hour for shopping at each destination. Toby's Feed Barn is a general store with local organic produce, olive oil, and other foods, gifts, garden supplies, etc., has a coffee bar with pastries and features an art gallery in the back. Kozlowski Farms makes BBQ sauces, dressings, mustards, syrups and sauces, jams and jellies and homemade pies. Bring a sack lunch, or plan to purchase food at either of the stops. The Whistlestop van will leave from City Hall at 9:15 and return at 2:00. Sausalito Village has 7 spaces on the van. Non-members are welcome, space available, and asked to pay \$20 for the van costs. Contact Sharon Seymour at sharon126@aol.com or 331-1362 to reserve a space on the van.

Tales of The Trails...

Join us to hear about the highlights of Rick and Sharon Seymour's recent trip to the Netherlands and Belgium.



WHEN: Sunday, August 7

TIME: 7pm

RSVP: Sue Dunlap at Contact Sue Dunlap at suedunlap46@gmail.com or 332-3746

LOCATION: Will be provided by Sue

Wine and light appetizers served

CARSS Rides Available To Sausalito Summer Library Events!



If you are 60 and older and live in Sausalito or the Floating Homes (up to Gate 6 ½), you are most likely eligible for FREE door-to-door rides through CARSS to the following evening Library events.

New Program!

Coloring & Doodling Party for Adults

Thursday, July 28th - 4pm to 6pm in the City Hall Conference Room

Special Event

Artist Sharon Sittloh Reception and Reading from *Poetry Inside Words*

Friday, August 5th – 7 pm inside the Library

Documentary Film Series Matinee

Phil Frank's Secret Sausalito

Tuesday, August 9th – 3 pm in the Edgewater Room

Co-sponsored by Sausalito Village

New Program!

Coloring & Doodling Party for Adults

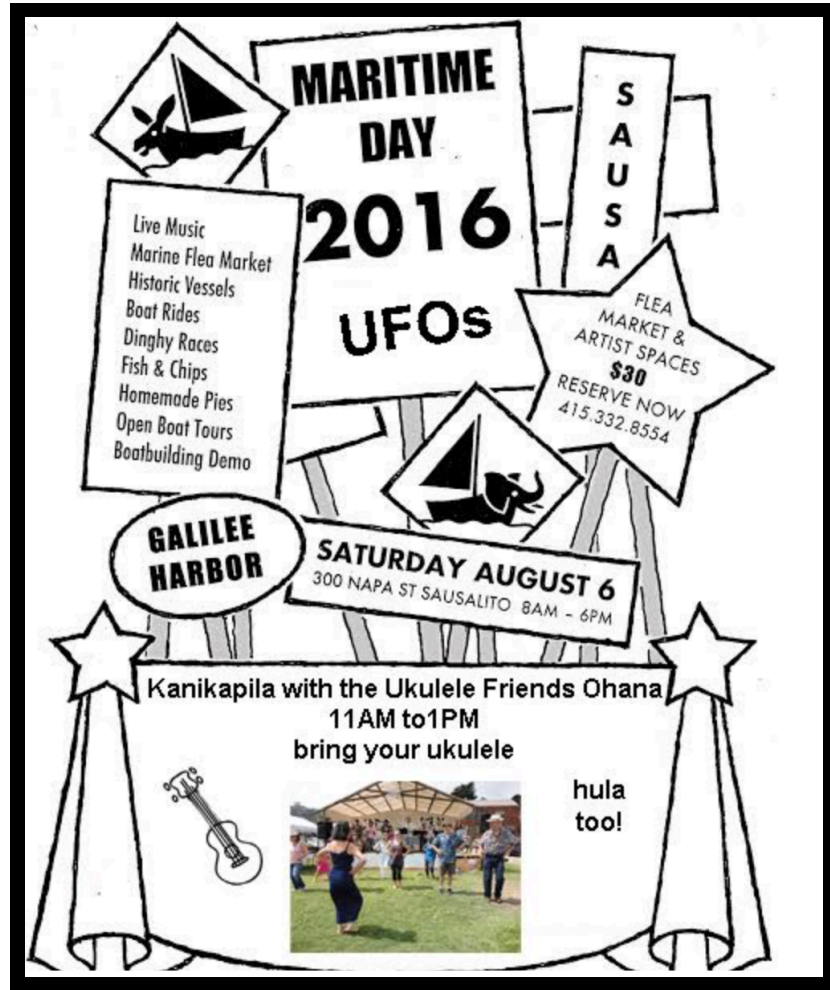
Thursday, August 25th – 4pm to 6pm in the Edgewater Room

Call 415-944-5474 to reserve a ride. RSVP by two days before the event.
CARSS is a City of Sausalito Age Friendly Program.

CANCELLED!

**There will be NO Chair Yoga on
August 1st**

COMMUNITY EVENT



JOB OPPORTUNITY



Sausalito+ is Hiring Ambassadors

SausalitoPlus, a not-for-profit organization, established the first Sausalito Bicycle Ambassador program in 2015. This program was established to achieve the following:

1. Improve pedestrian, car and bicycle safety at key areas
2. Increase biker awareness of Sausalito biking requirements and help ensure their compliance
3. Help reduce congestion
4. Answer visitor questions and assist residents
5. Work as a team parking bikes in our Valet parking area, and managing access for bicyclists to ferry services

The SausalitoPlus Bicycle Ambassador program opened in March. We are looking for individuals interested in working part-time, beginning in late August through the season's end in October/November (depending on weather).

You will need to:

- Be polished and professional
- Be even-tempered and enjoy interacting with/helping people
- Have good communications skills
- Be reliable
- Have the ability to stay focused on your job and get it done well
- Like being outdoors, and on your feet

Ambassadors have the opportunity to be outdoors, meet people from all over the world, interact with Residents, the City of Sausalito, Chamber of Commerce, Ferry District, and make a meaningful difference in the comfort and accessibility of the city for residents and visitors alike.

Salary: \$15.00/Hour

Estimated Hours Per Day: Approximately 6

1. This may differ based on role
2. A not-to-exceed 30-minute lunch/break is included

Interested individuals should respond to deb@sausalitoplus.com

Special Thanks to Jon Lam of State Farm and Sherrie Faber of First California Realty for printing and mailing the monthly Newsletter to our members who do not use computers. Their generosity helps to keep all of our members connected.



CONTACT Sausalito Village

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415-332-3325

www.sausalitovillage.org

info@sausalitovillage.org

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