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"You are not IN the universe,
you ARE the universe—an intrinsic part of it.

Ultimately you are not a person,
but a focal point where the universe
is becoming conscious of itself.

What an amazing miracle."

—Eckhart Tolle



Happy Memorial Day

**Please send along your suggestions for materials to add to the
daily tips. We're always looking for good content.**

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[Bobcat's spectacular leap over water is 'poetry in motion'](#)

There aren't many athletic achievements to celebrate these days, but the remarkable leaping ability of a Louisiana bobcat is worth checking out.

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of a constructor.

[THE QUEST FOR THE PERFECT CROSSWORD CLUE](#)

Does "thirst trap" pass the "on fleek" test? And other questions a crossword creator must answer.

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[Hiking the Pacific Crest Trail in Three Minutes](#)

[The Pacific Crest Trail](#) runs 2650 miles from the border of Mexico to the border of Canada through California, Oregon, and Washington. Hiking the whole thing usually takes months, but this video by Mac of [Halfway Anywhere](#) compresses the entire experience down to just three minutes presented in 1-second snippets.



Premiered as the 1953 movie and then adapted to the 1961 staged musical, *Calamity Jane* has a fictitious and farcical plot about the historical figure Calamity Jane and her professional associate Wild Bill Hickok. It presents the two "as having a contentious relationship that ultimately proves to be a facade for mutually amorous feelings." In this scene, Jane returns from Chicago and tells her comrades about the city in a delightful number, which reveals both her pride for her small town

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**WE are A
COMMUNITY**

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconciierge@gmail.com. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please contact sausalitovillageconciierge@gmail.com or call 415-332-3325.



@The Library

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[Virtual Rec Room](#)

Featuring new content daily!

[Virtual Art Gallery Page](#)

Calling all local artists! The Sausalito

Library is hosting a new Virtual Art Gallery. While the library is temporarily closed, we are moving our art exhibit online. Please submit up to three images of your best work to share with the community. All ages may participate.

[Click here to submit your art.](#)

For more information, contact Rebecca at rburgan@sausalito.gov.

Community: Food, Services, Miscellany.

HAND SANITIZER

AVAILABLE HERE



Once again, the Marinship has free hand sanitizer available. If you have run out, you are welcome to come by for a refill. The Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) will be giving away the hand sanitizer to local residents on Wednesday, May 27 from 9:00 a.m. to noon at [170 Gate 5 Road](#). This is the location of WaveAdvance, LLC, where CEO Gary Testa ensured that the hand sanitizer was mixed in accordance with [U.S. Pharmacopoeia](#) standards. Each person who stops by with their own small bottle (with cap) can receive up to 6 ounces.

MEMM will be completing the production of face shields in the next week or so. Approximately 15,000 face shields have been fabricated and distributed to hospitals, first responders, and local

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Production and sales of hand-sewn fabric face masks is now underway in the Marinship. [Designer face masks](#) are available for purchase, with a portion of the proceeds going to fund COVID-19 response and resiliency projects. [DIY mask kits](#) with filters are also available in five and ten packs and are perfect for community fundraisers and family activities. (from *Sausalito Currents*)

Face Coverings



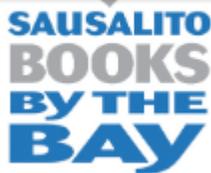
Face coverings by Sausalito Villagers are still available for free. Contact sausalitovillageconcierge@gmail.com. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.



Cibo Popup and Sausalito Bakery Cafe.

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

The Sausalito Bakery Cafe is serving coffee and goodies to go.

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[Sausalito Books By The Bay](#) offers free delivery and curbside pick up.



More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm.** Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday and orders must be in by 8 pm the night before for pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** Ample supplies of disinfecting gel and wipes at door. One way aisles. All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**

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if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials.

The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need.

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