



It's Already TUESDAY!

Please send along your suggestions for materials to add to the daily tips. We're always looking for good content.

Today at 4: A discussion of Seconds with the [KANOPY FILM CLUB - HOSTED BY SAUSALITO LIBRARY](#)



*Here we all are, in a tidal wave of social crisis and change. In the best of times, change can be uncomfortable. These days, it can be downright scary. Yet, as the great Octavia Butler reminds us, change is constant. It can even be holy. Together with **YBCA Senior Fellows Brett Cook and Liz Lerman**, we have been thinking a lot about this subject. We've been sitting with the feeling that there is no going back to normal as a society. Normal, after all, was in dire need of transformation. And so, Liz, Brett and I have been digging for inspiration to lead us past old systems. We've been asking ourselves - who are the folks helping us leap into the new ways of being, doing, working, creating? We want to explore these questions with you.*

Alchemy of the Reset is a conversation series hosted and created by YBCA Senior Fellows Brett Cook and Liz Lerman. Over several weeks, we will be dialoguing with thought leaders, including artists, educators, and more who Brett and Liz see as helping us to reset and create new systems post COVID 19 crisis, instead of simply snapping back to old ways. In line with their characteristic community building backgrounds, this is about a heart and human centered approach, with opportunities for audience connectivity and engagement.



Mom And Pup Harbor seal on Slippery deck

Join us this week on [Viking.TV](#) as world-renowned soprano Sissel Kyrkjebø—who is also *Viking Jupiter's* godmother—hosts *Arts & Music Wednesdays* where she will discuss her latest musical project, *Reflections*. In preparation for this special conversation, relive the magic of her exclusive Norway Day concert on [Viking.TV](#) and invite the angelic sounds of this Norwegian national treasure into your home.

From music to film, we encounter another extraordinary life this week as renowned British journalist Anne Diamond interviews independent filmmaker Li-Da Kruger. As the adopted daughter of *The Great British Baking Show* judge Prue Leith, Li-Da is well-known for a fascinating body of documentary film work, which explores her Cambodian heritage.

Watch as Karine previews this week's [Viking.TV](#) livestream schedule and discover the captivating daily conversations we have planned for you.

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Since no opera set in Chicago comes to mind, let's spend some time at the renowned **Lyric Opera of Chicago**! Go on a 3-min **backstage tour** to see how some of the magic is made; [click here](#).

For a 4-min **visit** "Under the Footlights at Lyric Opera," [click here](#).

Here is Richard Wagner's "**The Ride of the Valkyries**," played the Lyric Opera Orchestra from their members' homes via Zoom.



[Ambitious Bakers Are Finding Inspiration in Vincent van Gogh and Edvard Munch to Create Amazing Works of Focaccia-Bread Art](#)

Extended self-isolation—not to mention the closure of restaurants—has gotten people back into their kitchens, where ambitious cooking has led to some of the most widely circulated images of life in lockdown.

Alongside sourdough starters and whipped dalgona coffee from Korea, “Garden Focaccia,” as it’s been dubbed—flat white loaves of bread beautifully decorated with colorful vegetables in floral designs—has become an internet sensation.

The delightful trend has been pioneered by Teri Culletto, who began baking bread in 2018, right around the time she visited a [Vincent van Gogh exhibition](#) at the [Museum of Fine Arts Boston](#).



WE ARE A COMMUNITY

Remember you can contact Sausalito Village/CARSS if you are in need of essentials

- food, medication, and pet supplies. Call 415-332-3325 or

email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please

contact sausalitovillageconcierge@gmail.com or call 415-332-3325.



CARSS needs your donations now!

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However, due to the pandemic, the City is facing a \$4 million dollar deficit and we need to look elsewhere for CARSS funding. We need to raise a minimum of \$20,000 by July 1, 2020 to keep CARSS operating through the next fiscal year.

If you are looking for a way to help Sausalito and its seniors during this crisis, please make a donation to CARSS today!

Established in 2015, CARSS (Call A Ride for Sausalito Seniors) has provided over 9,000 local rides and more than 5400 hours have been logged by our vetted volunteer drivers. When the shelter in place order was instituted, CARSS seamlessly transformed from a transportation program to a free shopping and delivery service for all eligible residents. Since the start of the crisis, over 300 services have been completed by our vetted volunteers including shopping and delivery, companionship calls and technical assistance with Zoom and Facetime. **We have worked hard to keep even our most vulnerable seniors safe at home yet socially connected.**

CARSS plans to continue as an errand service during this critical time and, when it is safe, return to a transportation program. We hope that you can help us accomplish this with a tax deductible donation.*

Tax deductible donations can be made directly to the City of Sausalito/CARSS. The tax ID number for the City is: 94-6000429.

Checks: Make payable to **'City of Sausalito/CARSS'** and mail to 420 Litho Street, Sausalito, CA 94965, attn: Parks/Rec Department.

Credit cards: The City can also accept donations by credit card. Please contact the Parks/Rec Department at 415-289-4152. Staff are working remotely, please leave a message and they will return your call. Make the donation to **'City of Sausalito/CARSS'**

CARSS (Call A Ride for Sausalito Seniors) is a City of Sausalito Age Friendly program managed by Sausalito Village. www.carss4you.org

*Tax deductible to the extent allowed by law.



@The Library

[Virtual Rec Room](#)

Featuring new content daily!

[Virtual Art Gallery Page](#)

Calling all local artists! The Sausalito

Library is hosting a new Virtual Art Gallery. While the library is temporarily closed, we are moving our art exhibit online. Please submit up to three images of your best work to share with the community.

All ages may participate.

[Click here to submit your art.](#)

For more information, contact Rebecca at rburgan@sausalito.gov.

Community: Food, Services, Miscellany.

HAND SANITIZER

AVAILABLE HERE



Once again, the Marinship has free hand sanitizer available. If you have run out, you are welcome to come by for a refill. The

Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) will be giving away

the hand sanitizer to local residents on Wednesday, May 27 from 9:00 a.m. to noon at [170 Gate 5 Road](#). This is the location of

WaveAdvance, LLC, where CEO Gary Testa ensured that the hand sanitizer was mixed in accordance with [U.S.](#)

MEMM will be completing the production of face shields in the next week or so. Approximately 15,000 face shields have been fabricated and distributed to hospitals, first responders, and local businesses.

Production and sales of hand-sewn fabric face masks is now underway in the Marinship. [Designer face masks](#) are available for purchase, with a portion of the proceeds going to fund COVID-19 response and resiliency projects. [DIY mask kits](#) with filters are also available in five and ten packs and are perfect for community fundraisers and family activities. (from *Sausalito Currents*)

Face Coverings



Face coverings by Sausalito Villagers are still available for free. Contact sausalitovillageconciierge@gmail.com. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.



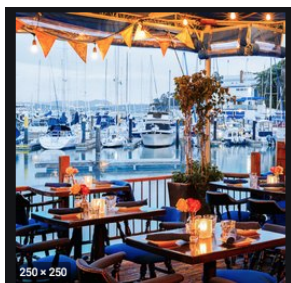
Cibo Popup and Sausalito Bakery Cafe.

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

The Sausalito Bakery Cafe is serving coffee and goodies to go.

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[Sausalito Books By The Bay](#) offers free delivery and curbside pick up.



More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's](#) [Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday and orders must be in by 8 pm the night before for pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET:** Senior Shopping 8-9 with 15% discount. Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping Tuesday/Thursday/Saturday 7-8 Ample supplies of disinfecting gel and wipes at door. One way aisles. All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus):** Senior Shopping 8-9.
- **Whole Foods:** 8-9
- **Target** Wednesdays 9-10
- **Good Earth:** 9-10. Now offering [curbside pickup](#) at both Mill Valley and Fairfax stores.

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as [www.grubhub.com](#), [www.doordash.com](#), or [www.trycaviar.com](#) . You can also order delivery

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[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials.

The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need.

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