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Happy Saturday, Villagers

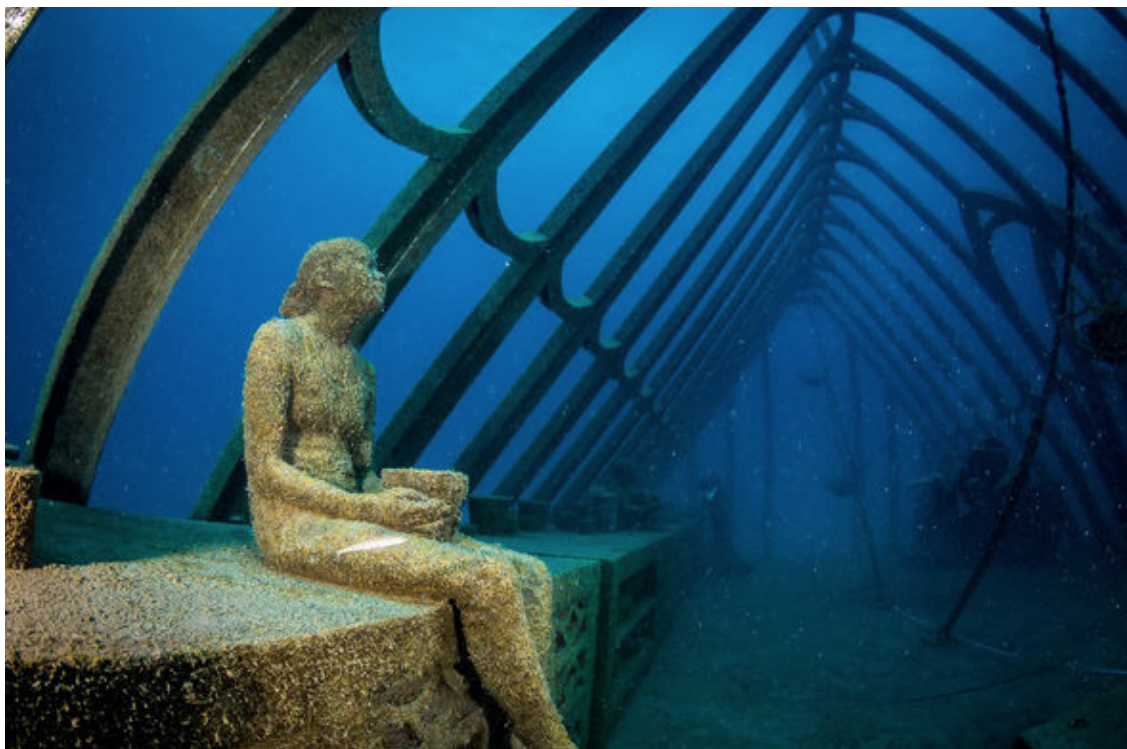
Please send along your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our website for more information about our organization and programs.



Today: Sign up for Sausalito Books By The Bay Presents: [BARBARA SAPIENZA - AUTHOR EVENT](#)

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Pete Seeger: Where Have All The Flowers Gone



[Museum of Underwater Art](#)

Townsville, Australia

A series of sculptures beneath the waves promote ocean conservation and support coral reefs.



Mabel and Olive commentator Andrew Cotter narrates the nightly walk of the fairy penguins of Victoria's Phillip Island as a high-stakes, long-distance race.



Ah, the mysteries of pandemic time!

Some days, an hour creeps along endlessly (How many snack breaks can fit into a single afternoon?!), while the entire month of May feels like a blur.

This phenomenon is validated by a psychologist. He explains that boredom can cause time to *seem* slow, while a lack of new experiences can, in retrospect, make life feel like it's all running together — like time is flying.

Thankfully, there's an antidote: Trying a novel activity can break up the endless stream of time by creating "mental landmarks." One idea is to make a [#quaranzine](#). What's that? It's basically a mini-magazine that you can use to document your life during the pandemic. We've got [instructions and prompts](#). All you need is 30 minutes, a writing utensil and a piece of paper.



Dinner Delivered to Your Door.

Every Thursday, CARSS delivers a meal from one of our local restaurants to members and volunteers. Reservations are required a few days in advance so be sure to read the weekly email from the village and look for a notice in the tips. Charge \$20. Pictured above: Jane Clinton enjoying the meal from Taste of the Himalayas.

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Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

Community: Food, Services, Miscellany.



@The Sausalito Library

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Face Coverings



Face coverings by Sausalito Villagers are still available for free. Contact sausalitovillageconciierge@gmail.com. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.



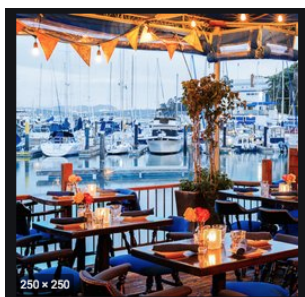
Cibo Popup and Sausalito Bakery Cafe.

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

The Sausalito Bakery Cafe is serving coffee and goodies to go.



[Sausalito Books By The Bay](#) offers free delivery and curbside pick up.



More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Senior Shopping 9 am – 10 pm. Curbside pickup is every day but Sunday and orders must be in by 8 pm the night before for pick up between 11-12. Email info@driversmarket.com with phone number and list of items.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** Ample supplies of disinfecting gel and wipes at door. One way aisles. All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10. Now offering [curbside pickup](#) at both Mill Valley and Fairfax stores.**

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or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials.

The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need.

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