

Happy Saturday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and <u>programs</u>.

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Sunday: Tales of the Trail 7 pm to 8 pm





The National nonprofit <u>Compassion and Choices</u> is offering these webinars this month.

Advance Directive Planning during COVID-19,

June 11th, 12 pm - 1 pm PST

■ This webinar will walk you through the California-specific advance directive and

illness. RSVP here

Planning Ahead for Dementia,

June 17th, 11 am - 12 pm PST

■ In today's world, 1 in 3 adults will receive a dementia diagnosis. Learn about the different stages of dementia and what you can do to make sure your wishes are honored at each stage. RSVP here



From Flowers that even Darwin couldn't explain: Laughing Bumble Bee Orchid (Ophrysbbomyblifora)



The Sausalito Library Online: Oncoming and Upcoming Events

Ongoing for adults and kids: Virtual Art Gallery
Thursday, June 11:-Backyard Composting
Friday, June 12: In Conversation with Local Author Donovan Moore: What Stars Are Made Of
Monday, June 15: Cooking Club
Thursday, June 25: App Store, Apple IDs and Services with Jon Hartman



Marin Open Studios presents its new virtual art collection.

- 1. A Tour of 250 Marin artists who were not open in May for our 27th annual event, or for the Gallery exhibit/Gala in Corte Madera Town Center
- 2. A Flipbook, open the 2020 TourGuide for an overview of your local artists
- 3. A visit to each artist's page and their artwork.
- 4. Enjoy views of 30 new artist videos or live events accessed from the home page.



Fact-Checking Is Your Friend



Lindsey Balbierz for NPR

Viral rumors tend to spike during large news events — that means bad news travels fast, as they say, and fake news travels faster. One easy way to do your part during this time is to be <u>conscious of the information</u> you consume and share. Ideas spread quickly! We've got a few tips to get you started:

Exercise Skepticism

When you hear and see new information:

- Pause to put on your skeptic goggles.
- Investigate the source.

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Use Extra Caution With Emotional Or Divisive Subjects

Fake news is extremely effective on hot-button issues and breaking news. Before accepting something as fact, check in with yourself: Is this a complicated subject? Emotionally triggering? A new story with information still developing? If yes, proceed with even more caution.

Be Gentle With Each Other

If you spot someone in your circle sharing false information, assume best intentions and try starting a private conversation with them. Things are hard right now, starting a yelling match on Facebook probably won't be fruitful.

For more, consult our cat comic here.



For Information about food, supplies, and services visit the Sausalito Village website's <u>COVID Resources page</u>.

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