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Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



Saturday: ZOOM CAREGIVER SUPPORT GROUP. 10 am - 11 am

Tuesday: Ted Talk. 4 pm - 5 pm (see post below)

TED TALK TUESDAY! 4:00 PM Tuesday, June 16th SACHA BARON COHEN AND JARON LANIER

This week we are going to "broadcast" two fascinating short talks having to do with the outsized influence of social media: how it is impacting our culture, our political environment, and even our personal behavior. The first talk is by Sacha Baron Cohen, whom most of you will know as a comedian -- but this is something entirely different! The second talk is by Jaron Lanier, a brilliant original creator of the very "platforms" he wants to warn us against. Time for discussion following. And trust us -- you won't want to miss this! This subject is at the forefront of contemporary culture and communication.



Join fellow Sausalito Villagers and leave your dinner plans to us on Thursdays. This week we are delivering from Copita Tequileria Y Comida. Tickets are \$20.

CONTACT FREE DELIVERY 5-6 PM.

Menu choices:

1) Half wood roasted chicken, peppers & onions, roasted potatoes, salsa rustica, smoked bacon pinto beans.



2) Tacos Ahogados, typical dish from Mexican state of Jalisco: butternut squash, potatoes, roasted tomato salsa, sauce of chile de árbol. Vegan.





"Love From the Roots", 56" x 64", acrylic, oil and mixed media on unstretched canvas

ART AUCTION TO BENEFIT ARTS+ BAYSIDE MLK JR. FOUNDATION

Via Instagram @icbartists

June 12 at 9 AM - June 14 at 6 PM

In normal times, ICB artists open their studios to the public several times a year. Unfortunately, these are not normal times. Though we know so little about what the future holds, we know clearly that we are committed to maintaining a vibrant artist community and imagining new ways to engage with all of you.

As artists, we wanted to come together to do what we love -- making art -- and to use that love to invest in our community. We hope you'll bid on our collaborative painting (pictured above), worked on over three days by 32 artists in socially distanced time slots.

100% of the auction funds will be donated to <u>Arts+ Bayside MLK Jr.</u>

<u>Foundation</u> (formerly The Center for Excellence: Empowering Students through the Arts). Ultimately, this project is a small action, but hopefully one of

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10 Insane Hikes Around the World

The world is full of mountains to climb, cliffs to scale and forests to trek through. Whether you consider yourself outdoorsy or not, hiking can be a great way to connect with some local nature and get your heart pumping. If you want to take a true walk on the wild side, though, here's a list of 10 of the most insane hikes you'll find anywhere in the world.

Intergenerational Gathering: Movement for All Ages, Session1

Participants will be guided through follow along, improvisational, and group movement activities during this online creative dance class that celebrates aging bodies and intergenerational exchange.



In honor of blues legend Robert Johnson's birthday, we are proud to share our latest Song Around The World, "Walking Blues," featuring Keb' Mo' along with musicians from six countries. Originally written and recorded by Son House in 1930, Robert recorded his own version in 1936.



DID YOU KNOW?

BANANA IS A HAPPY FRUIT. EATING
JUST ONE CAN HELP YOU RELIEVE
IRRITABLE EMOTIONS, ANGER OR
DEPRESSION.

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The MWPA was formed to develop and implement a comprehensive wildfire prevention and emergency preparedness program for Marin County. Key elements of this program include:

- Vegetation management
- Wildfire detection & evacuation program improvements
- Grants to residents with access and functional needs and/or low-income residents to reduce fire risk on their properties
- Public education about preparing for wildfire
- Defensible space evaluations
- Local wildfire prevention mitigation

This property tax will cost homeowners 10 cents per building square foot annually.

There is a senior exemption available to homeowners who meet the following criteria:

- Owner must be 65 years old, or older, by July 1, 2020
- Property must be an owner-occupied, single family residence
- Household income is equal to or lower than the U.S. Department of Housing and Urban Development (HUD) income limits used to determine eligibility for assisted housing programs; calculated on number of people in household:
 - 1 Person \$97,600 · 2 People \$111,550 · 3 People \$125,500 · 4 People \$139,400

For more information on eligibility, how to apply and the application for a senior exemption, visit www.marinwildfire.org/senior-exemption or call (800) 676-7516.

Applications must be received or postmarked by June 30, 2020 to be considered for the 2020–2021 tax year.

Wildfire season is upon us, and this program is critical to the safety of Marin residents. This exemption is optional so if you would like to contribute to wildfire safety in your neighborhood, you can choose to not apply for the exemption.



A rare coral from the Galapagos.

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For Information about food, supplies, and services visit the Sausalito Village website's <u>COVID Resources page</u>.

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