

## **September 2017 Newsletter**







Photos from some of last month's events

## 15th Anniversary of the Village Movement

Join us for the 'Watch Party' on September 25th



Keynote Speaker live streamed: Dr. Atul Gawande

2017 marks the 15th Anniversary of Beacon Hill Village and the Village Movement!

In 1999, a group of friends gathered to talk about their future in central Boston. They wanted more freedom and control over their lives as they aged and they wanted to be active, taking care of themselves and each other rather than being taken care of.

The Village Movement was born by the formation of Beacon Hill Village, which enrolled its first members in February 2002 and was soon deluged with requests for help from other groups wanting to form their own Villages.

Today there are more than 200 open Villages and more than 150 in development in 45 states and the District of Columbia. In 2010, the Village to Village Network was formed to ensure the success of individual Villages and the Village Movement through expert guidance, resources and support.

To celebrate its 15th anniversary and the Village movement it inspired, Beacon Hill Village is delighted to invite Villages to participate "virtually" in an event featuring renowned surgeon, public health researcher and writer Dr. Atul Gawande, MD, MPH, author of the seminal book Being Mortal.

This event was originally scheduled and postponed due to inclement weather in Boston. The event will now be held on Sept. 25, 2017 at the Boston Public Library and will be live-streamed to Villages across the United States, at which Dr. Gawande will

speak about the value of community and opportunities as we grow older and answer questions from Villages around the country.

Sausalito Village will host a watch party, open to all, at the Edgewater Room in City Hall on September 25, 2017 at 2pm. Please join us!

### 32<sup>nd</sup> Annual Sausalito Floating Homes Tour September 30<sup>th</sup> - Volunteer and Visit

#### Volunteer and help Sausalito Village!



This event is not to be missed if you have ever wished you could see inside the intriguing colorful floating homes. Some visitors are drawn to these famously funky, castaway dwellings while others are fascinated by the architectural marvels taking shape on the recently renovated docks. These docks are lined with hundreds of yards of beautiful container gardens filled with an incredible variety of plants, flowers, and whimsical creatures.

This year, 15 outstanding floating homes will be open for you to visit and each will exemplify this year's theme, "Homefront on the Waterfront." This commemorates the 75th Anniversary of Marinship, the World War II shipyard, which helped to foster today's waterfront community. Many may be surprised to learn some of these homes were built on the cheap after World War II, using war surplus landing craft, decommissioned ferries, hay barges, and other sea worthy vessels.

The tour begins at the Kappas Marina Green. Talented resident artists, authors, and musicians contribute to the ambience by displaying their works and providing free musical entertainment all day including Bluegrass, Classic Rock, plus Funk and Line dancing genres. Delicious mouth-watering food and drinks from local restaurants are available for purchase.

Free nearby parking is at a new location this year at the West American Bank on Harbor Drive. Free shuttles will make visiting the floating homes community easy and convenient. The entire tour is self-guided with docents available to answer questions.

This Tour is sponsored by the Floating Homes Association (FHA), a non-profit volunteer organization, with proceeds benefitting Sausalito Village and Friends of the Marin City Library.

VOLUNTEERS ARE STILL NEEDED! Sausalito Village is supported by proceeds of this event, so please, volunteer to help in its success! Volunteers receive a free ticket to the tour and an invitation to the volunteer party. Click to volunteer!

Learn more about the specific homes on tour. Floating Homes Tour Info Discounted advance tickets. Reserve your ticket today!

## Smitty's is Hosting our Lunch About Town! RSVP now for September 19th



Click here to view the photos from our Spring lunch at Smitty's: <u>Lunch at Smitty's</u>
Carol Keller is a volunteer CARSS (Call A Ride for Sausalito Seniors) driver and also
happens to be part owner of the beloved Smitty's on Caledonia Street. Thanks to their

generosity and the popularity of this venue, the owners will be hosting our Lunch About Town for a third time. In March of this year, 37 members and friends enjoyed a cocktail, lunch, great conversation with Frank Sinatra on the juke box, what could be more fun?

RSVP to Liz at Liz Small at lizsmall@mac.com or 415.336.6038 to reserve a spot for this month's Lunch About Town. Price is \$10 per member (\$15 per non-member) payable at the door. Sandwich, salad buffet, chips, dessert and one drink included. Call CARSS for a ride at 415.944.5474 by September 15th.

# Do you know who is running for City Council? - Come meet them!

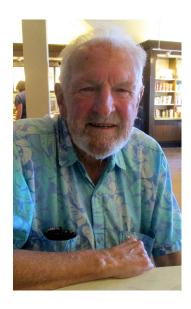


A one year council seat is up for grabs this November and three capable residents have thrown their hats in the ring. This election is a result of the resignation of Herb Weiner last Spring after serving 11 years on the City Council.

So, who is running? In alphabetical order we have Melissa Blaustein, Susan Cleveland-Knowles and Bill Werner. Click here to read their statements that will be printed in the Voter Information pamphlet: <a href="Candidate Statements">Candidate Statements</a>

We invite you to meet the candidates on Sunday, October 1st in the Chamarita Room at 501 Olima Street. A Question and Answer program will begin at 4:00pm and hosted by SV Member and previous Council Member, Tom Theodores. Doors will open at 3:30pm. Please RSVP so we can be prepared with enough chairs to <a href="mailto:triciasmith58@yahoo.com">triciasmith58@yahoo.com</a>.

### **Spotlight on Board Member Rick Seymour**



Steefenie Wicks wrote a great article about Rick for the Sausalito Historical Society and Marinscope. She has given us permission to reprint here in case you missed it.

#### Sausalito: My Inspiration

The fog was thick and heavy on Bridgeway that morning. Rick Seymour, age 12, was out delivering his papers when he heard someone yelling "Hello" throughsd the thick fog. He listened again and heard the voice, as it seemed to be getting closer. So Rick yelled back "Hello." Then came the voice again yelling, "What ship is that?" and Rick yelled back "It's no ship! I'm delivering the morning papers." Then he heard with some concern," Oh no! Reverse engines! Reverse engines!" The ship in the dense fog had come that close to running ashore; only this attentive paperboy stopped the shipwreck from happening.

Rick Seymour has lived in Sausalito most of his life. No matter where he traveled, he always returned to the place he calls his inspiration, Sausalito. He remembers growing up here during the 1930's in a quiet little fishing village that was full of very creative people. His mother and father, both artists, were in many ways visionaries. His mother was the first woman to start her own co-operative here. It took place after the death of his father, when he and his mother inherited funds from an uncle. They took those funds and brought a piece of land on Harrison Ave. His mother's idea was to gather several friends whom she and her husband had been close to. Together they formed a co-op housing complex. She was able to sell the five apartment spaces, which enabled her to pay for the property as well as the construction costs. Today Rick and his wife Sharon live in that complex, which was designed by his mother.

Rick attended classes at the old Central School, which is now City Hall. He recalls that the location of the Sausalito Historical Society was once the schoolroom that he sat in when he was in the 7th grade.

Seymour spent time in the air force but when his duty was over he returned to his home in Sausalito, living in floating apartments and working at local establishments. He knew, personally, the many characters who were here at the time. He worked on board the old ferry, the City of Berkeley when she was docked in downtown Sausalito. At one point Sterling Hayden was writing his book Wanderer in the aft wheelhouse of the Berkeley while Seymour used the forward one as his night watchman's office.

Rick recalls how Hayden would call out to him, sometimes late at night, and invite him for a nightcap. They spent many an hour just discussing life. "Hayden was a real Renaissance man, he was interested in everything, had had many adventures, was extremely well read. I can remember that one of our first long conversations was about French impressionistic paintings; he was very knowledgeable about the subject."

Seymour remembers the famous Juanita, who owned several restaurants in Sausalito. He says that she had a very bad temper, which she would lose if customers were disrespecting her or her food. "One time she lost it over these two customers, as they were driving away in their convertible, she ran outside, pitched a full plate of food at them, it landed in the car on top of them as they were driving away." He smiles and continues, "That was Sausalito then -- you could not get away with that today."

Rick had a long career at the Haight Ashbury Free Clinic in San Francisco; he retired from that position when he was 70 years old. He worked with the founder, David Smith, whose motto was and still is: "Health care is a right for all." Asked what it was like working in the Haight, Seymour tells of not only the excitement but also the horrors. He explained, "This was during the time when most thought it was the Summer of Love but it was also the time of the Zebra killings and the Zodiac killer. If you were on the street you had a good chance of being shot or shot at. The Free Clinic had a number of sponsors; two who were very active were Dianne Feinstein, along with the late Bill Graham." Seymour recalls that when there were drug overdoses at concerts, people in the Haight Ashbury district knew that they could count on the free clinic to treat them and, in many cases, save their lives.

Seymour now spends his days working on various projects, including a series of mystery novels which are available on Amazon. As he puts it: "Artists do not retire." In a recent article for Sausalito Village, he explored this issue. "Sausalito has borne witness to continuing artistic endeavors throughout its history; many of its artists have long and illustrious careers. Today many continue their creative activities in this town, which is well suited to nurture the lives and talent of these gifted individuals."

So now when we think of the many talented characters who have lived, worked, and contributed to Sausalito, we can add to the list the name of Rick Seymour, writer, philosopher, historian: a true Sausalitan.

#### **Digital Corner**



#### **Senior Travel websites**

Click on blue links to go directly to the web sites

www.roadscholar.org - "The mission of Road Scholar is to inspire adults to learn, discover and travel. Our learning adventures open minds to new ideas and deepen understanding of oneself and of the world's peoples, places, cultures, history and environments. A true university of the world, not-for-profit Road Scholar's meaningful – often transformational – educational adventures engage people for whom learning is the journey of a lifetime."

www.eldertreks.com - "ELDERTREKS is the world's first adventure travel company designed exclusively for people 50 and over. Established in 1987, ElderTreks offers active, off-the-beaten-path, small-group adventures by both land and sea in over 100 countries. ElderTreks offers wildlife and tribal African safaris, active hiking trips to the Rockies, Himalayas and Andes, expeditions by icebreakers to the Arctic and Antarctic and cultural journeys throughout Asia, South America and much of the world. We invite you to browse through our website, request a catalogue or give us a call. A real person will always answer during business hours. We hope you can join ElderTreks on one of our small group adventures for travelers 50 plus."

www.friendshipforce.org - "Friendship Force is a non-profit cultural organization focused on promoting understanding, cultural education and citizen diplomacy through homestay Journeys and personal friendships. We are based in more than 60 countries and in six continents, with 15,000 active members and over 300 Journeys taking place each year. Through these exciting personal encounters, strangers become friends – and we know that by experiencing different views, you can discover common ground.

Our programs bring diverse people together into each other's cultures and homes to share one-of-a-kind experiences not available to regular tourists."

Read Rick Steves savvy senior travel tips Click on this link to read helpful tips from travel expert Rick Steves covering topics from travel insurance to finding discounts.

#### **Member Share Area**

If you have something to share - a poem, an idea, a request....send it to <a href="mailto:triciasmith58@yahoo.com">triciasmith58@yahoo.com</a> for submission in next month's newsletter.

Community Event If you have an event to share, send it to

triciasmith58@yahoo.com to be published in next month's newsletter

To purchase your tickets click here: Purchase your ticket today

**Floating Homes Tour, Sat. Sept. 30th** Proceeds from the ticket sales of the annual event support organizations like the Marin City Library and Sausalito Village. Please sign up today to help - you will have fun! Sign up to volunteer!

#### SPECIAL THANKS TO FIRST CALIFORNIA REALTY AND STATE FARM

Every month, Sherrie Faber of First California Realty (415-339-9200) and Jon Lam of State Farm (415-331-1002) print and mail this newsletter to Sausalito Village members who do not have computers. This helps to keep all of our members connected to our community. Don't forget to say a special THANK YOU to them when you see them in town.



