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Happy Thursday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



**Afternoon Origami Class** on Thursday July 2, 2020 from 2:00 PM to 3:00 PM  
Dr. Anne Ferguson will teach you how to make an origami dachshund. There is no need to buy origami paper. You can use used or new wrapping paper or any paper you have around your home. Please register by visiting [www.bayareaolderadults.org/origami](http://www.bayareaolderadults.org/origami) and check the box for July 2, 2020.



Puccini's soaring and riveting melodrama **Tosca** is filled with art! In fact, the opera's most famous aria, which arrives in Act II after the Baron Scarpia blackmails the singer Tosca for sex, she sings, "*Vissi d'arte*" ("I lived for art"). But, let's look at a beautiful moment in Act I, when the painter Mario is working on a portrait of Mary Magdalene in a church. He has fashioned the likeness after a woman with blond hair and blue eyes who he has seen fervently praying. However, he says, he has eyes only for his own dark-eyed love, Tosca - all of this expressed in the gorgeous aria "***Recondita armonia***" ("Hidden harmony"). Listen to **Plácido Domingo** in a film version.

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Taste Marin's finest cheeses from the comfort of your living room and meet the cheesemakers.

Next up in our Terrific Tastings' events, we'll introduce you to a bit of the California Cheese Trail with fantastic, award-winning, Marin County cheesemakers. We'll taste their cheeses and learn about their family-owned businesses and impressive sustainability practices.

Cheese, Please!

Sunday, July 26 at 3:00pm via Zoom

Lay out the crackers, pour a glass of vino, and let us whisk you away for a fun, interesting, and delicious experience in this private, online event.

[Reserve your spot Now!](#)



### [5 Tips To Help Seniors Declutter](#)

Aging in place is easier for the elderly, and their caregivers, when the home is clutter-free.

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## Workout with Miranda Esmonde-White, AGING BACKWARDS author

**Virtual Hikes** - available for viewing at your convenience

Dr. Anne Ferguson and California naturalist Mike Hundt went on a walk at a preserve that is closed to the public. We toured five ponds full of wildlife- birds, butterflies, dragonflies, wildflowers, native plants and more. To watch the video (top on the list), please use this link [www.bayareaolderadults.org/virtual-hikes](http://www.bayareaolderadults.org/virtual-hikes)

### Volunteer Job Announcement

Are you proficient with Zoom? Are you available on Tuesdays from 3:30 to 5:30?

Please consider providing your tech skills for our Tuesday TED Talks.

Contact Tricia for more information: [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com)



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***For Information about food, supplies, and services visit the Sausalito Village website's [COVID Resources page](#).***

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