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Happy Sunday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



Monday: Online Chair Yoga: 11-12 Tuesday: TED TALK TUESDAY: TITUS KAPHAR. 4-5







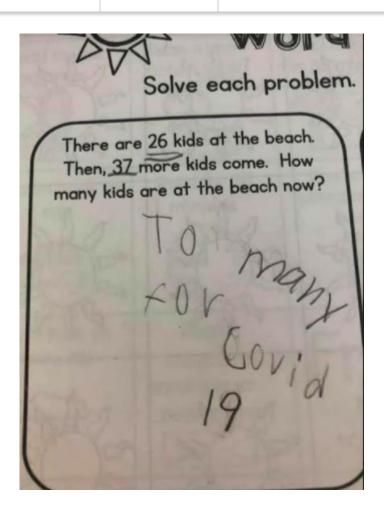
International jazz vocalist offers first-ever virtual Music, Movement & Memory program for those staying-at-home

As an advocate for the human's adventurous and creative spirit through interactive expression and communication, and in response to the global COVID-19 virus' impact on the elder community she serves, international touring jazz vocalist Shannon Wallace has created a virtual and interactive live streaming and on-demand Music, Movement & Memory workshop program, the first of its kind, aimed at serving the senior population, as well as those of all ages living with all stages of dementia and cognitive impairment, along with their care partners



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In the 15 seasons that "America's Got Talent" has been on the air, it's safe to say that the judges and audiences have never heard anything quite like Olox before.

Hailing from the Siberian tundra, Olox — Zarina Kopyrina, of San Rafael, and Andreas Veranyan-Urumidis, of Los Angeles — mix Kopyrina's throat singing that mimics the sounds of the wind, birds, reindeer and other animals, and Veranyan-Urumidis' drumming with electronica, and in outfits that could have come straight from the Playa.



For Information about food, supplies, and services visit the Sausalito Village website's <u>COVID Resources page</u>.

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