



Happy Tuesday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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Tuesday: [Book Group](#). 1:30-2:45

Tuesday: [TED TALK TUESDAY - KATHRYN SCHULZ ON BEING WRONG](#). 4-5

Wednesday: [BASIC IPHONE TRAINING - PART 1 \(AGE FRIENDLY FAIRFAX\)](#). 10:30-11:45

Wednesday: [SV MEMBERS/VOLUNTEERS COCKTAIL HOUR](#). 5-6

Thursday: [BASIC IPHONE TRAINING - PART 2 \(AGE FRIENDLY FAIRFAX\)](#). 10:30-11:45

Sharing Your Experiences... Shopping during Covid-19 Wednesday, July 29 4-5 pm on Zoom

To continue our sharing your experiences series, join us for a zoom meet-up on July 29, 4-5 pm to share your experiences with shopping during covid-19. Yes, we all know about Amazon- but how else have you been shopping? Have you been ordering groceries to be delivered or picked up or are you shopping in person? How has it worked for you? What are your experiences with shopping for other items either online or in person? Share your tips on what has worked and what hasn't for you. Sign up on the calendar on the SV website, or contact Sharon at sharon126@aol.com to register.



Online Yoga



[Where 9 Chefs Shop for Groceries Online](#)

Before [quarantine](#), swinging by four different grocery stores to find super-specific ingredients for a single recipe wasn't unheard of, especially for avid home cooks. But now that we're limiting how many places we go to (and how



[“What is it to see life from an 80-year-old perspective?”](#)

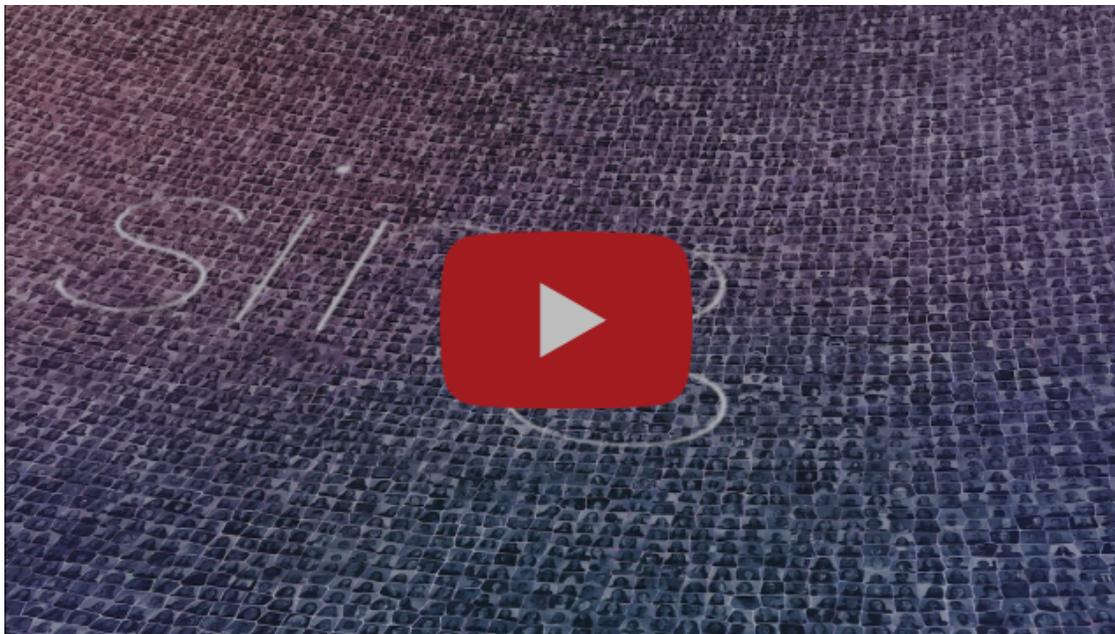
That question fascinated Ken Dychtwald, setting him on a 50-year path as researcher, futurist and author. Here are five questions for him as his 17th book, [What Retirees Want](#), is released.

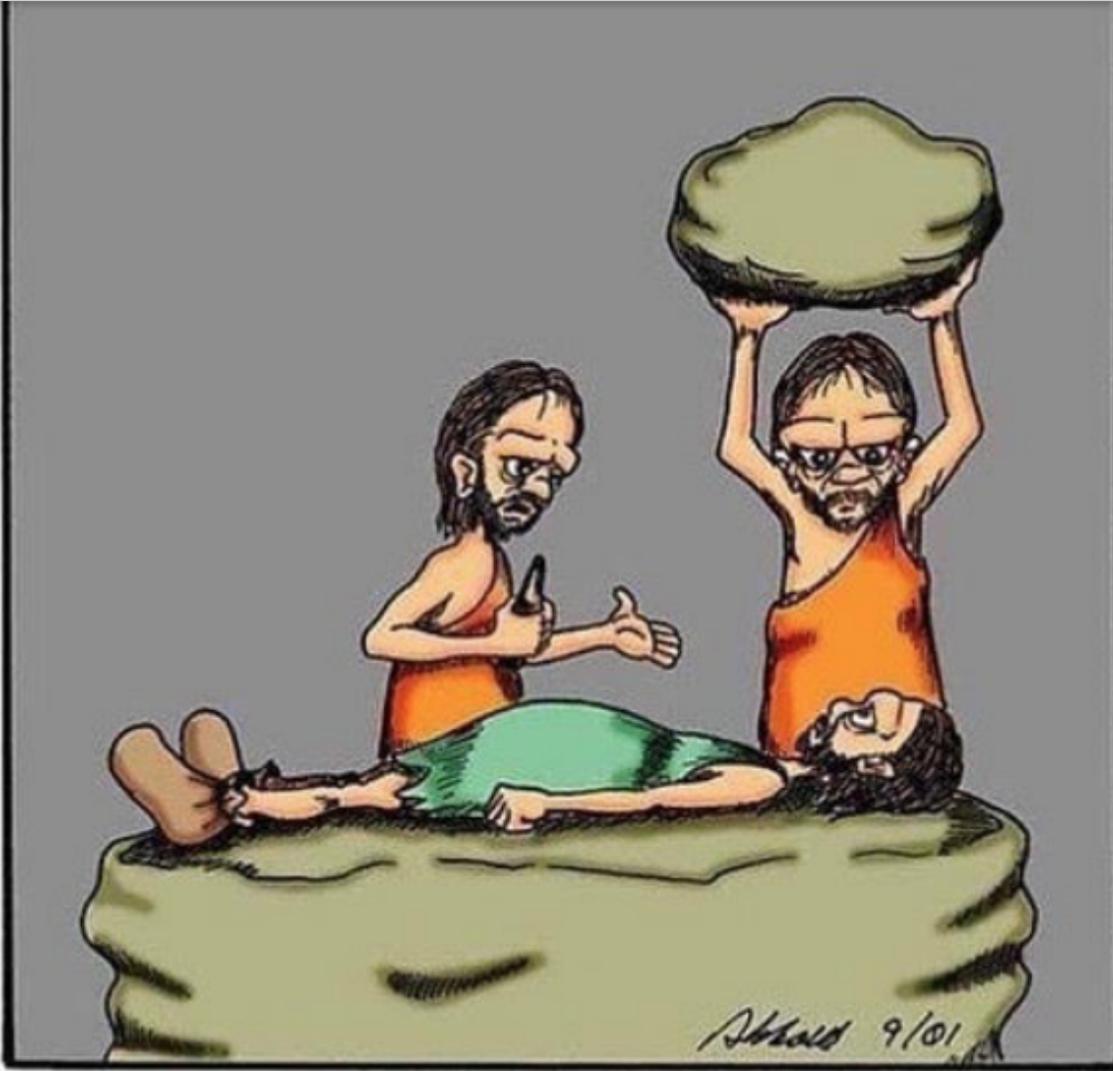
Ken Dychtwald has been interested in the power of human potential since his twenties when he was a self-described “hippie, yoga-loving guy with long hair and an earring” leading workshops at Esalen and living out of a van in Big Sur.

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“...and this is Ralph, your anesthesiologist.”

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website's [COVID Resources page](#).

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