

Happy Saturday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



Sunday: Tales of the Trail. 7-8



August Birthdays

Carole Angermeir * Carolyn Ford * Jeanne Fidler * Jennifer Flynn * Joan Creed * Karen Moeller * Larry Clinton * Mardi Brayton * Mary Ann Griller * Ninfa Dawson * Phyllis Kinimaka * Rhonda Friedberg * Richard Seymour * Rita Kahn * Sandra Bushmaker * Sharon Seymour * Shelby Van Meter * Susan Shey



Why We Reach for Nostalgia in Times of Crisis

Ever since the coronavirus lockdown began, I've been longing for my past. For some reason, I pine for the days when I would call a friend on her landline and get a busy signal, or inexplicably hid behind my precarious swivel chair the moment my crush logged on to AIM, the AOL messaging service. Even things in recent history that I thought were awful only a few months ago — failing to avoid "Avengers: Endgame" spoilers, or the White Claw seltzer shortage— now pale in comparison to the ongoing trauma of ... all of this.



Afternoon Tea & Discussion about the Plastics Industry on Monday August 3, 2020 from 1:00 PM to 2:00 PM

In 2019, the global market size for plastic was valued at more than 560 billion dollars. The trend continues to replace other materials used in many different products with polymers and finding new uses for plastic materials that increases the demand for plastic. BAO will lead a discussion about this topic. There is a film that investigates the history of plastic, recycling and waste and uses of plastic to view before our group discussion. Please register by

visiting **www.bayareaolderadults.org/afternoon-tea** and check the box for The Plastics Industry.



Best Places in the U.S. to Watch the Sunset

No matter where you are in the world, every night you can tune in to a spectacular sunset show. And while it's true you can see the sunset from almost anywhere, some spots offer prime views you don't want to miss. From pristine beaches to mountaintops, here are some of the best places in the U.S. to watch the sunset.

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I DON'T THINK ANYONE EXPECTED THAT WHEN WE CHANGED THE CLOCKS EARLIER THIS YEAR WE'D GO FROM STANDARD TIME TO THE TWILIGHT ZONE



Pandemics of Our Own Making

While it's critical that we devote our scientific ingenuity to beating back the current pandemic, we must also address our broken relationship with nature in a concerted effort to prevent similar outbreaks in the future.

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For Information about food, supplies, and services visit the Sausalito Village website's <u>COVID Resources page</u>.

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