



**Happy Tuesday, Villagers**

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



**Tuesday:** [TED TALK TUESDAY - 'WHY I HAVE COFFEE WITH PEOPLE WHO SEND ME HATE MAIL'](#)

4-5

**Wednesday:** [MOVIE GROUP - "ABACUS: SMALL ENOUGH TO JAIL"](#) 4-5:30

**Thursday:** [IN THE KITCHEN WITH SANTINA.](#) 4-5

OSHER MARIN JCC  
KURLAND CENTER FOR  
ADULT LEARNING  
AND LIVING



### Coffee Talk: *Stories of the Passed*

**Tue, Aug 4:** 1:00-2:00pm

Join Paula Love to share & hear funny, inspiring, endearing or treasured memories of friends, family or colleagues who are no longer with us.

For details & registration, [click here](#).

### Virtual Music & Morsels: *Hungarian Dances*

**Wed, Aug 5:** 1:00-2:00pm

Bring your coffee/Tea & dessert, take a front row seat at your computer, and join pianist Ian Scarfe for this live recital with Q&A.

For details & registration, [click here](#).



Online Chair Yoga

"Life is the dancer  
and you are the dance."

—Eckhart Tolle



*Bake along with people from around the world and meet your La Cuisine Paris chef while learning a traditional French dish!*

This summer, we wanted our La Cuisine Family members to be able to join us for a class wherever they are in the world. We already have our range of [online classes](#) to work through at home at your leisure, but we kept hearing that even though folks love the videos, they missed seeing us in 'vra'...so we wanted to recreate that special experience of baking along with fellow food lovers from around the world!

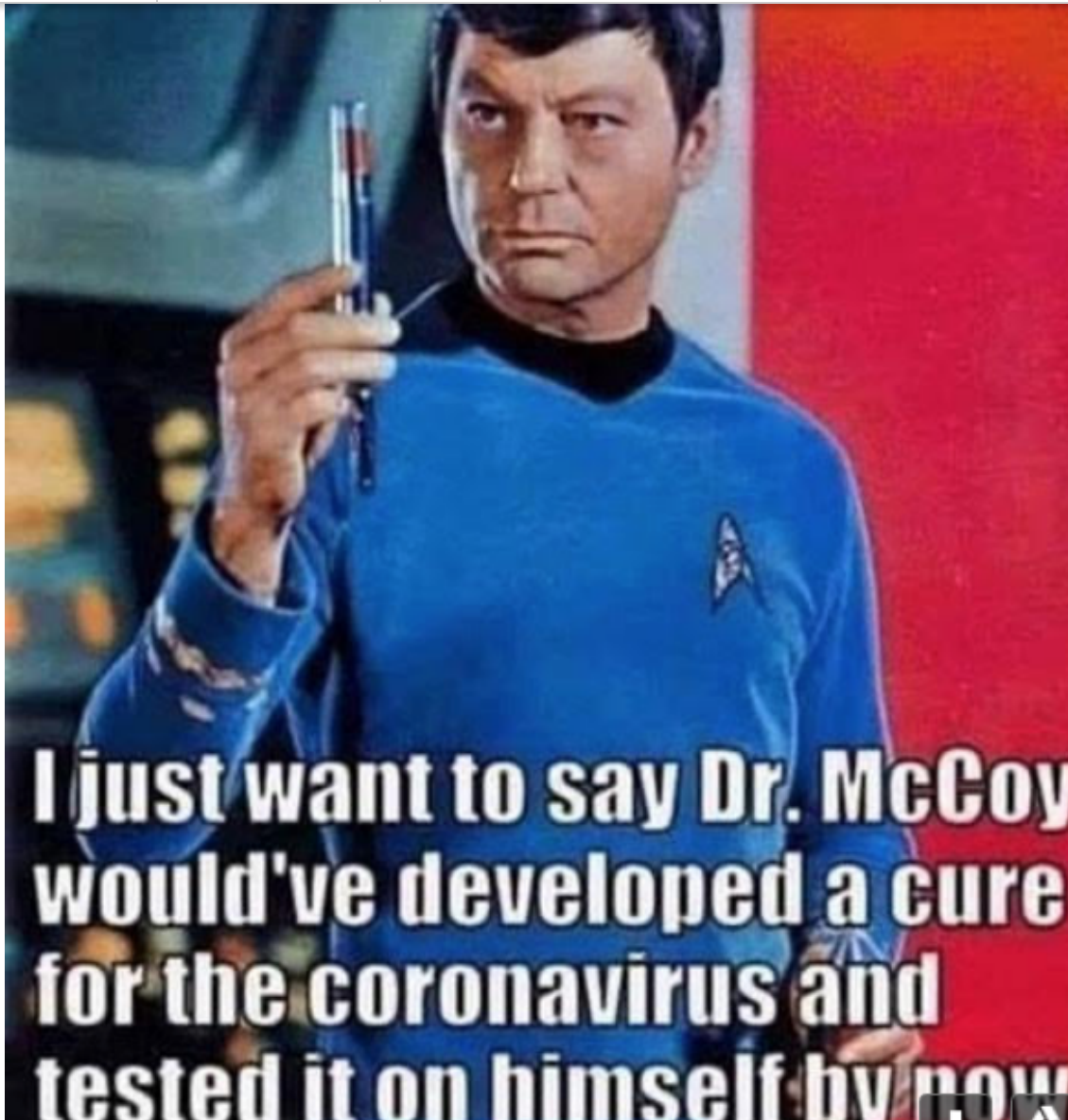






### [8 American Islands You've Never Heard Of](#)

You know about the Hawaiian Islands. You know about Catalina Island. You know about Jekyll. But the U.S. has a plenty more islands, many of which you probably *haven't* heard of — and those lesser-known islands can make great vacation spots, too. Here are eight American islands you've probably never heard of, but should definitely add to your bucket list.

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**website's [COVID Resources page](#).**

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