



**Happy Monday, Villagers**

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



**Monday.** [Online Chair Yoga.](#) 11-12

**Tuesday:** [JFCS FREE EVENT ON ESTATE PLANNING.](#) 11-12:30

**Tuesday:** [TED TALK TUESDAY - CHIMAMANDA NGOZI ADICHIE](#) 4-5

**Wednesday:** [CHAMBER TOWN HALL MEETING](#) 8:30-9:30

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OSHER MARIN JCC  
KURLAND CENTER FOR  
ADULT LEARNING  
AND LIVING



### Still Traveling:

#### *Captivating Cambodia*

**Mondays, Aug 10-31:** 11:00am-12:00pm

Let us Zoom you to Cambodia to spend time with our terrific, local guide Tek, who leads these "visits" to his fabulous country!

For details & tickets on the *4-part series*, [click here](#).

For details & tickets on *individual visits*, [click here](#).

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# Going It Alone

A Guide to Being Single  
In a Pandemic

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Created by six old friends in separate quarantines in the Spring of 2020. Watch it above, then read [about the film](#) and [the artists](#) behind it.

We're also using this film to promote Mental Health Awareness Month and to raise money for COVID-19 relief efforts via World Central Kitchen and #ShelterShorts. [Mental health resources can be found here](#), and you can donate to the WCK at <https://donate.wck.org/fundraiser/2730578>



### [You could see 100 meteors an hour zoom. Here's how to watch the Perseids](#)

The Perseids will peak in the early mornings Aug. 11, 12 and 13, according to EarthSky. The Perseids are bright, and stargazers can typically see between 40 to 50 meteors per hour, EarthSky reported.

In some years, more than 100 meteors zoom through the sky per hour, but that is not very likely this year, according to EarthSky.

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This is a 90 second video from a small country restaurant in France, which keeps its customers entertained while they are waiting for the main course.

The French restaurant Le Petit Chef (Little Chef) came up with an original way to entertain guests while waiting for their order by using an overhead projector on the ceiling. The animation is on the table and your plate.

There is a small chef who appears on your plate. Watch what he



## [8 Walking Tours You Should Do Once in Your Life](#)

It can be tempting — particularly when time's short — to see a city's sights from a bus or dash from subway station to subway station paying little heed to the stops along the way. Slow the pace a little and explore on foot. You'll be surprised at how much more you notice. And with a guide, you'll see even more. Try these eight walking tours that you should do once in your life.

**WE are A  
COMMUNITY**

***For Information about food, supplies, and  
services visit the Sausalito Village***

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