

Happy Friday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



Sunday: Tales of the Trail 7-8

BAY AREA AIR QUALITY MAP Fire Safe Marin AlertMarin.org



Labor Day in LA

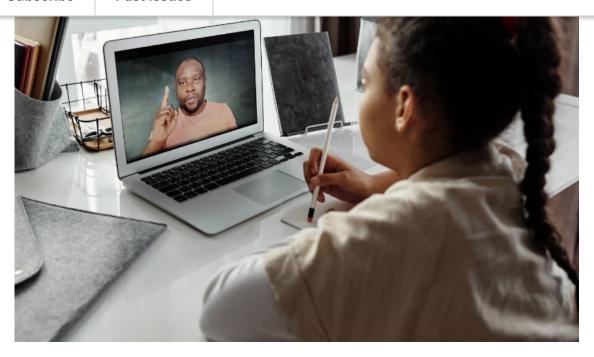
This Labor Day weekend may look different than last year, but it's a great opportunity to try something new!

Watch a performance from Robyn & Blondie at the Hollywood Bowl from the comfortable seats at home. You'll have a great view, and it's free!

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Past Issues

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10 Organizations Connecting Generations During the Pandemic

We've all seen the images of older adults suffering from social isolation and loneliness, but young people are suffering during the pandemic, too. Some, <u>reports WBUR</u>, even see social isolation as a bigger threat to their health than Covid-19.

"We found ourselves feeling lonely, even though we were constantly connected with phones and our families," says Aditi Merchant, a student at UT Austin. "We imagined that for a lot of older adults, it would be significantly more difficult to find those connections."



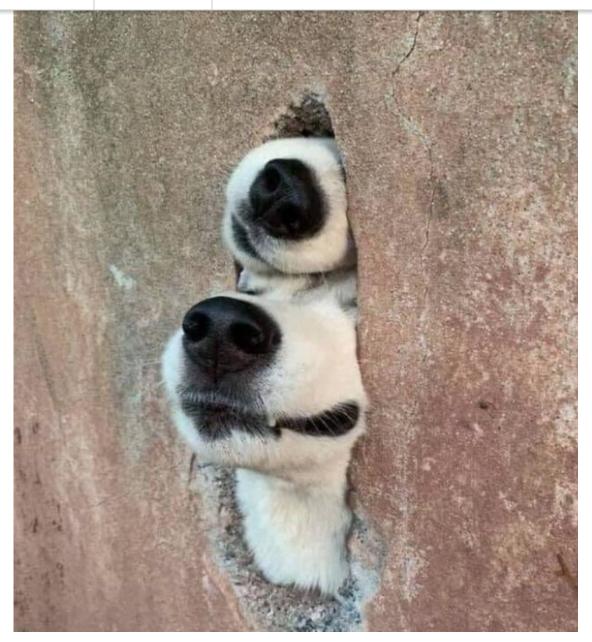
GET INVOLVED IN THE ELECTIONS!

- ❖ Volunteer to do voter registration, absentee sign-ups, and get out the vote through these organizations.
 - <u>State Voices</u>: A network of nonpartisan state coalitions of hundreds of grassroots organizations.
 - <u>National Voter Registration Day</u> (Sept 22): Provides training and support on how to conduct voter registration.
 - Vote Early Day (Oct 24): Provides toolkits and training opportunities for impactful work.
 - When We All Vote: A well-resourced, nonpartisan voter engagement organization.



Paris: The City of Lights, Love, and Feeling Fat

As a Body Confidence Coach, I help people to love and accept their bodies, but I would be lying if I told you that I've always loved mine. I've been through my own insecurities and hang-ups. When I was younger, I struggled with accepting my body, my curves, and my crooked jaw. At the time I sincerely thought that I had good enough body image. Then I went to Paris.



<u>'Dogspotting' Is A Group Where People Share</u> <u>Only The Best, Unexpected Encounters With</u> <u>Dogs (50 Pics)</u>



For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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