



Happy Friday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



Sunday: [Tales of the Trail](#) 7-8

[BAY AREA AIR QUALITY MAP](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)



Labor Day in LA

This Labor Day weekend may look different than last year, but it's a great opportunity to try something new!

Watch a performance from [Robyn & Blondie at the Hollywood Bowl](#) from the comfortable seats at home. You'll have a great view, and it's free!



[10 Organizations Connecting Generations During the Pandemic](#)

We've all seen the images of older adults suffering from social isolation and loneliness, but young people are suffering during the pandemic, too.

Some, [reports WBUR](#), even see social isolation as a bigger threat to their health than Covid-19.

"We found ourselves feeling lonely, even though we were constantly connected with phones and our families," says Aditi Merchant, a student at UT Austin. "We imagined that for a lot of older adults, it would be significantly more difficult to find those connections."



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GET INVOLVED IN THE ELECTIONS!

❖ **Volunteer to do voter registration, absentee sign-ups, and get out the vote through these organizations.**

- [State Voices](#): A network of nonpartisan state coalitions of hundreds of grassroots organizations.
- [National Voter Registration Day](#) (Sept 22): Provides training and support on how to conduct voter registration.
- [Vote Early Day](#) (Oct 24): Provides toolkits and training opportunities for impactful work.
- [When We All Vote](#): A well-resourced, nonpartisan voter engagement organization.



Paris: The City of Lights, Love, and Feeling Fat

As a Body Confidence Coach, I help people to love and accept their bodies, but I would be lying if I told you that I've always loved mine. I've been through my own insecurities and hang-ups. When I was younger, I struggled with accepting my body, my curves, and my crooked jaw. At the time I sincerely thought that I had good enough body image. Then I went to Paris.



[‘Dogspotting’ Is A Group Where People Share Only The Best, Unexpected Encounters With Dogs \(50 Pics\)](#)

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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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Sausalito Village · PO Box 208 · Sausalito, California 94966 · USA