



Happy Sunday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



Sunday: [Tales of the Trail](#) 7-8

[BAY AREA AIR QUALITY MAP](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

With predicted triple-digit temperatures over the next few days, the [California State Warning Center](#) has issued a statewide excessive heat warning through Monday, September 7. These conditions could also increase the possibility of [Public Safety Power Shutoffs](#) (PSPS) early next week.

In response, three Cooling Centers will open in Marin County on Sunday and Monday (Sept 6 and 7) from 3pm to 7pm to offer residents some relief.

- [Margaret Todd Senior Center](#), 1560 Hill Road, Novato
- [Mill Valley Community Center](#), 180 Camino Alto, Mill Valley
- [San Rafael Community Center](#), 618 B Street, San Rafael

Safety protocols will be in place at each cooling center site to prevent transmission of COVID-19 among both visitors and staff.

Measures include COVID-19 screening, use of masks or face coverings, physical distancing between individuals or household units, enhanced cleaning and disinfection, and lowering capacity limits of the building. Individuals showing [symptoms of COVID-19](#) (i.e., fever, cough, shortness of breath), should contact their medical provider instead of visiting a Cooling Center.

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Monday, Sept. 7 at 3:00PM

Celebrate the people, places, and things that make San Francisco the most famous peace-and-love-generating city in the world.

Boats, islands, skywriting and music unite for this outdoor theatrical event.

[Learn More](#)

Now Through Sept. 13

Help support artists in multiple artistic categories through this online silent auction.

It's the perfect way to enhance your surrounding while helping to keep the arts alive.

[Explore Auction Site](#)

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A TRULY UNIQUE TED TALK: [HOW I BECAME 100 ARTISTS](#)

Featuring Shea Hembrey

Tuesday, August 8, 4:00 PM

Are you prepared for an eruption of creativity and humor unlike any you've ever experienced? Are you prepared for your own creative juices to breach the levee and flood your brain? Of course you are! So join us for this delightful TED TALK on August 8, 4 PM in the Zoom Room. The Zoom link will be on the confirmation email you receive upon registration and on the reminder email you receive the day before the talk. *Make sure you [register online](#) so you are sure to get the link. JOIN US!* This is a wildly stimulating and cheering escapade you won't want to miss!

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That Matter



[THE US HOUSING CRISIS AMID COVID-19
AND THE 2020 ELECTION](#)

Wednesday, September 9, 2020

12:00 - 1:00 PM PDT

The housing crisis affects all of us, and many of us, especially those living in San Francisco, Los Angeles and New York, see the result of this crisis on our streets every day. What has been done at the local and national level to address the housing shortages, rising rent and displacement? **Is there a clear path forward to solving this slow-burning crisis?**

[Register here.](#)

The Healthy Seniors Program

An online program for healthy engagement and participation in meaningful activities



- Are you 60 years or older and interested in ways to promote healthy independent living?
- Looking for ideas on how to maintain a more active and meaningful lifestyle?
- Need a little extra help to enhance your health and well-being?

If you answered yes to any of the above, please consider attending the online Health and Wellness Program, sponsored by the Dominican University of California, Department of Occupational Therapy.

- ✓ The program will run for eight consecutive weeks, from September 21 to November 16 on Monday afternoon.
- ✓ Participants will work individually with occupational therapy students under the guidance and supervision of **Susan LeBlanc, MS, OTR/L** from the department of occupational therapy.
- ✓ Through online chat platforms (such as zoom, google hangout, facetime or skype), each participant will meet with their student partner(s) weekly to learn strategies, make adaptations, and explore habits and routines that support meaningful and healthy lifestyles.

Ready to sign up? Or have questions? Please email us at healthyseniors@dominican.edu



[Avoid this text message scam about package deliveries](#)

Beware of a text asking you to "confirm for delivery" for a late package. It's a scam targeting online shoppers.

Book Fest:

Danielle Renov &

Peas, Love & Carrots: The Cookbook

with Host Holly Firfer

Wed, Sep 9: 10:00am

Join in this cooking demo - live from Israel! - with Long Island, NY-native and Israel-resident Danielle Renov. With half Moroccan and half Ashkenaz heritage, Renov will prepare *Moroccan Matzah Ball Soup* from and discuss her new cookbook. Presented in partnership with the JCC Literary Consortium. To register for this free event, [click here](#).

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**WE are A
COMMUNITY**

For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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