



Happy Sunday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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Sunday: [GROUP WATCH: FIRESAFE MARIN VIDEO "HOW TO SURVIVE A WILDFIRE"](#) 4-5:15

Monday: [Online Chair Yoga](#). 11-12

Monday: [WEEKLY 30 MIN. PUBLIC HEALTH UPDATE](#). 11:30-12

Monday: [HEALTHY SENIORS PROGRAM STARTS TODAY - RUNS FOR 8 WEEKS](#). 1-2

Monday: [COCKTAIL HOUR CONCERT - ANDY AND JAN](#). 4-5

Tuesday: [ELECTION 2020: AN ANALYSIS BY PROFESSOR, FILMAKER AND AUTHOR ROBERT REICH \(ASHBY VILLAGE EVENT\)](#). 2-3

Tuesday: [TED TALK:HOW TO DECONSTRUCT RACISM, ONE HEADLINE AT A TIME](#) 4-5

Tuesday: [Last Day to sign up for Dinner Delivered from La Copita](#)

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

City Council Candidate Conversations: Wednesday & Thursday

Hosted by Sausalito Village, Moderated by Paul Mowry

Join us in one-on-one conversations with each of the six candidates running for three Sausalito City Council seats. There is a lot at stake in this upcoming election. The new Council will be dealing with a mountain of issues during their term.

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them, we will have recordings on our website starting September 25th.

Wednesday, September 23, 2020

4:00pm - Janelle Kellman - RSVP: [Click here](#)

4:30pm - Vicki Nichols - RSVP: [Click here](#)

5:00pm - Melissa Blaustein - RSVP: [Click here](#)

Thursday, September 24, 2020

4:00pm - Aaron Singer - RSVP: [Click here](#)

4:30pm - Ian Sobieski - RSVP: [Click here](#)

5:00pm - Joan Cox - RSVP: [Click here](#)



NO RACISM

This Week's Ted Talk

Baratunde Thurston -- How to Deconstruct Racism, One Headline at a Time

Tuesday, September 22, 4:00- 5:00 P.M.

Baratunde Thurston is an Emmy-nominated writer, activist and comedian who has worked for The Onion, produced for The Daily Show, advised the Obama White House, and cleaned bathrooms to pay for his Harvard education. In this thought provoking and often hilarious Ted Talk he explores the phenomenon of white Americans calling the police on black Americans who have committed the crimes of ... eating, walking or generally "living while black" and reveals the power of language to change stories of trauma into stories of healing.

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Winnie The Pooh and Piglet

"Today was a Difficult Day," said Pooh.

There was a pause.

"Do you want to talk about it?" asked Piglet.

"No," said Pooh after a bit. "No, I don't think I do."

"That's okay," said Piglet, and he came and sat beside his friend.

"What are you doing?" asked Pooh.

"Nothing, really," said Piglet. "Only, I know what Difficult Days are like. I quite often don't feel like talking about it on my Difficult Days either."

"But goodness," continued Piglet, "Difficult Days are so much easier when you know you've got someone there for you. And I'll always be here for you, Pooh."

And as Pooh sat there, working through in his head his Difficult Day, while the solid, reliable Piglet sat next to him quietly, swinging his little legs...he thought that his best friend had never been more right.

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Praktikos

Deep Meditation



Tuesdays @ 7:00 PM • Zoom
Link coming Tuesday afternoon!

[Subscribe](#)[Past Issues](#)[Translate ▼](#)A promotional poster for a town hall. On the left is a portrait of an older woman with short grey hair and glasses, looking upwards. The background is dark blue. In the top right corner is the Marin CIL logo, which consists of a stylized blue wave above the text 'MARIN CIL'. The main title 'EMPOWERMENT TOWN HALL' is written in large, bold, white and light blue capital letters. Below the title, the text 'Be prepared for the next public safety power shutoff!' is written in white. The date and time 'SEPTEMBER 22, 2020 5:00-6:30PM' are displayed in large, bold, light blue capital letters. A handwritten-style yellow note with an arrow pointing to the date says 'This is the final town hall webinar... last chance to join us!'.

MARIN CIL

EMPOWERMENT TOWN HALL

Be prepared for the next public safety power shutoff!

This is the final town hall webinar... last chance to join us!

SEPTEMBER 22, 2020
5:00-6:30PM

Come join us for the FINAL EmPOWERment town hall and learn what to do during a PSPS!

[Marin Center for Independent Living \(Marin CIL\)](#) invites you, your staff, community members with disabilities, their families and caregivers, and the community-at-large to participate in an online [EmPOWERment Town Hall](#) webinar on Zoom to learn more about new resources and supports designed to help people with disabilities live safely and independently in their homes during **Public Safety Power Shutoffs (PSPS)** and other emergencies.

[Sign up here for the EmPOWERment Town Hall](#)

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[The 24 American UNESCO World Heritage Sites Ranked](#)

If you've been to one of the [61 national parks](#) in the United States or have taken a school field trip to an American landmark like the Statue of Liberty, you've probably visited a [UNESCO World Heritage Site](#) and didn't even know it. These protected landmarks are recognized for their cultural and natural significance, and make up the fabric of nations and cultures.





[United Launches Interactive Map Showing U.S. Travel Restrictions](https://mailchi.mp/2e087ce54322/sausalito-village-tips-of-the-day-1116267)



**we are A
Community**

For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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