

mondays
are for
fresh starts

Happy Monday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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Monday: [Online Chair Yoga](#). 11-12

Monday: [WEEKLY 30 MIN. PUBLIC HEALTH UPDATE](#). 11:30-12

Monday: [HEALTHY SENIORS PROGRAM STARTS TODAY - RUNS FOR 8 WEEKS](#). 1-2

Monday: [COCKTAIL HOUR CONCERT - ANDY AND JAN](#). 4-5

Tuesday: [ELECTION 2020: AN ANALYSIS BY PROFESSOR, FILMMAKER AND AUTHOR ROBERT REICH \(ASHBY VILLAGE EVENT\)](#). 2-3

Tuesday: [TED TALK:HOW TO DECONSTRUCT RACISM, ONE HEADLINE AT A TIME](#). 4-5

Tuesday: [Last Day to sign up for Dinner Delivered from La Copita](#)

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)



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Andy Dudnick and Janet Lynn in Concert Cocktail Hour....BYOB

WHERE: The comfort of your own home

Andy and Jan will be performing on Zoom. RSVP for the link and to have 4 singalong lyrics emailed to you. Vocalist Janet Lynn and pianist Andy Dudnick have performed together for more than 10 years. Their repertoire includes a healthy portion of the Great American Songbook, modern jazz, bossa novas, 60s and 70s pop and soft rock. Jan also has a special penchant for Michel LeGrand songs and the music of similar composers.

Jan and Andy perform regularly at wineries, senior residential communities, assisted living facilities, private parties, clubs, restaurants, private events.

You may already know Andy who has played piano for our (pre-COVID) SV Monthly Singalong hosted by Phyllis Kinimaka.

Here is this month's songlist:

1. "Autumn Leaves"
2. "September in the Rain"
3. "Groovin'"
4. "Almost Like Being in Love" SING ALONG
5. "Fly Me to the Moon" SING ALONG
6. "More"
7. "Wichita Lineman"
8. "L-O-V-E" SING ALONG
9. "Pennies From Heaven" SING ALONG
10. "Star Eyes"
11. "I Wanna be Around"
12. "Exactly Like You"

[RSVP](#)

Check out more of what Andy and Janet are up to on their Facebook page: <https://www.facebook.com/janandandy168/>

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Lucy's month by month reactions to 2020.

OSHER MARIN JCC
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ADULT LEARNING
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Programs & Full "Moments" - #75

Learning Unlimited:
Celebrating Wild Women Poets

Tue, Sep 22: 1:00-2:30pm

For details & registration, [click here](#).

Coffee Talk:
Whatcha Watchin'?

Book Fest:

Jodi Picoult &

The Book of Two Ways: A Novel

In Conversation with Judy Blume, *New York Times* Bestselling Author

Wed, Sep 23: 5:00pm

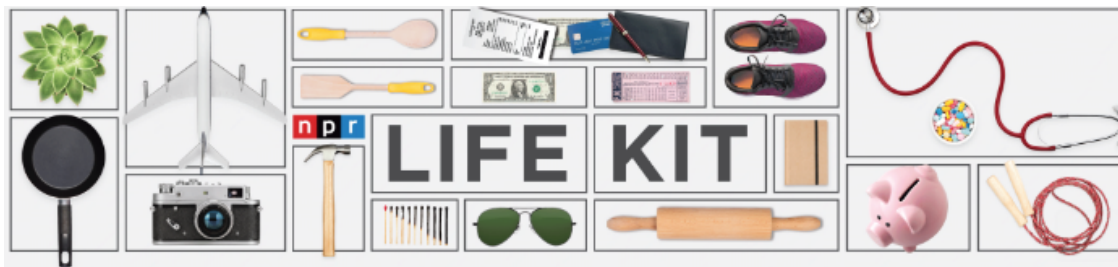
For details & tickets, [click here](#).



Lock Lomond Marina on a clear day by Harrie Schwartz.

Have any pictures you've taken around Marin during COVID? Share them with us.

We'd love to publish your work, for all of us but in particular for those who are housebound.



Sometimes, the best way to quiet your mind is to turn up the volume. The volume in your headphones, that is.

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[college](#), students and experts recommended listening to ambient sounds when working to boost productivity. As a bunch of audio nerds, we couldn't agree more. And you don't have to be a student to reap the rewards of a good soundscape!

Sound can transport you to your most productive places, whether real or imagined.

Having trouble getting into your workflow without the clack of other keyboards? Voila, [Sound of Colleagues](#) is here to save your workday, office dog included.

Miss that little corner in your favorite coffee shop? [Coffitivity](#) can take you right back.

Need some more fantasy in your life? Head on over to the [Shire](#) or the [Gryffindor common room, stat!](#)

You can listen to [rain on a tent](#), or [soothing hip hop](#), or whatever you think is the [most beautiful sound](#) (my vote is for crashing ocean waves). Go on, hit the sound running!



[A Long, Guided Tour of New York City Captured in Original Color Film](#)

So much classic black and white footage has been [digitally colorized](#) recently, it's hard to remember that the Eastman Kodak Company's [Kodachrome](#) film debuted way back in 1935.

The above footage of New York City was shot by an unknown enthusiast in and around 1937.

[Dick Hoefsloot](#), the Netherlands-based videographer who posted it to YouTube after tweaking it a bit for motion stabilization and speed-correction, is not averse to artificially coloring historic footage using modern software, but in this case, there was no need.

It was shot in color.



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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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