

Happy Sunday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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Monday: [Online Chair Yoga](#). 11-12

Monday: [WEEKLY 30 MIN. PUBLIC HEALTH UPDATE](#)

Tuesday: [GROUP WATCH: FIRESAFE MARIN VIDEO "HOW TO SURVIVE A WILDFIRE"](#). 10-11

Tuesday: Ted Talk. TBA

Wednesday: [IMPORTANT MEETING FOR SV MEMBERS: FIRE EVACUATION ZONES AND ROUTES](#). 4-5:15

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

Sausalito Village Member Emergency Preparedness Meeting

TOPIC: Evacuating During a Wildfire

Wednesday, September 30th, 4:00pm



At this meeting learn from the pros:

How will you evacuate during a wildfire?

What is your best evacuation route?

What should you bring with you?

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presentation to answer these important questions and more. Audience questions will also be answered.

Giselle Sutter Sponholz a Cluster Captain and EMT deployed in the fire zones by the Red Cross will provide her first person lessons during wildfires and experience in wildfire shelters.

RSVP for Zoom Link or How to Listen by Phone

sausalitovillagersvp@gmail.com or call 415-332-3325



Next Wednesday Is Trivia Night

Have you RSVP'd for Life Kit trivia yet?

It's next **Wednesday, September 30, at 8 p.m. EDT (5 p.m. PDT).**

We'll be asking questions about topics covered in our podcast — and there will be prizes! You can compete with teams of up to five people.

[RSVP here and you'll get a Zoom link in your inbox.](#)

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[The 50 Best Movies on Netflix Right Now](#)



Researchers identified seven prehistoric human footprints at Alathar, a dried-up lake bed in Saudi Arabia.
(Palaeodeserts Project)

[Human Footprints Found in Saudi Arabia May Be 120,000 Years Old](#)

If confirmed, the footfalls would represent the oldest evidence of Homo sapiens' presence on the Arabian

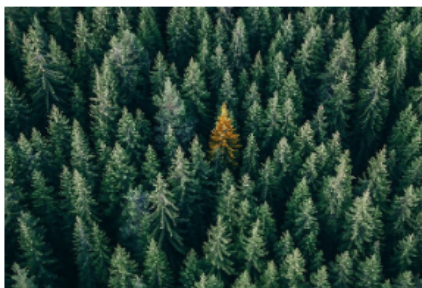
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WORD OF THE DAY

Arborist



AR-bə-rəst

Part of speech: *noun*Origin: *Latin, mid-18th century*

1

A tree surgeon.

Examples of *Arborist* in a sentence

"We need to call an arborist to look at the elm in the backyard."

"Talk to an arborist about those dead branches before they fall on the roof."

Put The Brakes On People Pleasing

How often did you say "no" this week? I know just by looking at the long list of to-dos scribbled in my planner that I didn't say "no" all that much. It's easy to write that off as a temporary busy work week. But I know that something deeper is at play: my tendency to please people.

[Listen to the Episode on NPR](#)



[What If Preventing Collapse Isn't Profitable?](#)

The notion that modern industrial civilization is fundamentally unsustainable and is therefore likely to collapse at some point is not a new one. Even before the *Limits to Growth* report of 1972, many ecologists were concerned that our continual expansion of population and consumption, based on the ever-increasing rate at which we burn finite supplies of fossil fuels, would eventually lead to crises of resource depletion and pollution (including climate change) as well as catastrophic loss of wild nature. Dystopian outcomes would inevitably follow.



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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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