



### Happy Sunday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Akido Lessons Corte Madera by Harrie Schwartz



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**Tuesday:** [SAUSALITO/MARIN CITY SCHOOL BOARD CANDIDATE FORUM HOSTED BY SAUSALITO WOMAN'S CLUB. 7-9](#)

**Wednesday:** [VILLAGE MOVIE GROUP: "OLOMPALI: A HIPPIE ODYSSEY" 4-5:15](#)

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

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Olive Politzer

January 25, 1930 - September 4, 2020

Olive Politzer, along with her husband Bob, have been long time residents of Sausalito and parents of our City of Sausalito City Manager. Olive died last month with her husband and daughter by her side. Bob Politzer has written a touching story of their meeting and love story shared [here](#)

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## Calling Sausalito Village ARTISTS!

Won't you join us? If you are an established artist, hobby artist or just started your art during the pandemic.....we want you to share your creation at our Annual Sausalito Village Art Show (which will be virtual this year). Participation is open to all Sausalito Village members and volunteers.

All mediums of artistry - painting, jewelry making, fiber art, sculpture and more are welcome! Photographer Michael Lewis will take professional photos of you and your art work following Covid19 guidelines.

Email Teddie at [teddie@teddiehathaway.com](mailto:teddie@teddiehathaway.com) for more details.

The Art Show will be viewable starting November 1 for six weeks and visible on the Sausalito Village website, Facebook and Sausalito Library website.



### [The Power of Being Present](#)

Learn about finding balance with our Brain Health Challenge, Being Present.

**Learn About Finding Balance and Focusing on Your Well-Being**

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**I DON'T MEAN  
TO INTERRUPT PEOPLE  
I JUST RANDOMLY  
REMEMBER THINGS  
& GET REALLY EXCITED**



CALIFORNIA  
ACADEMY OF  
SCIENCES

**We're welcoming  
you back...**



**...with open  
wings.**



Mark your calendars



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love with science all over again under your favorite Living Roof. Enjoy new exhibits, old aquarium friends (hiya, Claude!), and research-backed, CDC-aligned safety precautions to keep everyone safe and healthy during your treasured time in Golden Gate Park.

A few new-to-you highlights:

- Members and donors visit first, from Tuesday, October 13 through Thursday, October 22!
- Starting Wednesday, October 14, you'll need to reserve tickets on our website for a specific entry time and follow a few simple steps to protect yourself, our grateful staff, and San Francisco community.
- Embrace our three favorite Ws: Wear a mask, wash your hands, and watch your distance. We can't wait to welcome you back soon!
- We're limiting guest reservations to help keep everyone safe. Get ready to wind your way from wildflowers on the roof down to a vibrant coral reef—and everything in between.

OSHER MARIN JCC  
KURLAND CENTER FOR  
ADULT LEARNING  
AND LIVING



### ***Great Presidential Elections in American History***

**Four Mondays, Oct 5-26:** 12:30-1:30pm

Cost: \$50 (register as a JCC member; use coupon code "OMJCC")

For details & tickets, [click here](#).

### **Coffee Talk: *Sharing Stories***

**Tue, Oct 6:** 1:00-2:00pm

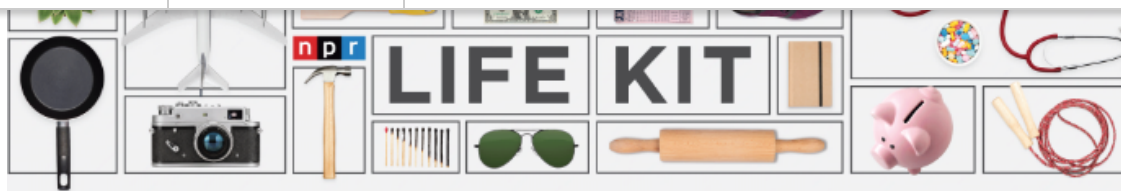
For details & registration, [click here](#).

### **Book Fest: Casey Cep**

***Furious Hours: Murder, Fraud, and the Last Trial of Harper Lee***

**Tue, Oct 6:** 5pm

For details & tickets, [click here](#).

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It's rough out here. Are you remembering to be kind to your future self? Or have you been putting future you through some unnecessary hardship?

With so many things demanding our attention now (and so much uncertainty just down the road) it can be really tough to plan for the future. But, we know we're not doing ourselves any favors by ignoring it.

In our [episode on saving smarter](#), Tiffany "[The Budgetnista](#)" Aliche gave us a pro tip: **name your future self, and become friends with her**. Aliche's future self is named Wanda. Wanda is 70 years old, wants to live comfortably and get to see the world. So any time Aliche wants to splurge, she first remembers Wanda. Should Wanda have to eat ramen noodles because Tiffany didn't plan for her?

"It's everyone's job to take care of their older self," Aliche says. "So what can you do now to make sure that your Wanda doesn't have to work as hard?"

A few things you can do right now to help your future self? Make sure you're [up-to-date on your vaccines](#), and [take a few steps to make your pandemic winter easier](#) — like getting a flu shot, stat.

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***For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).***

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