



Happy Tuesday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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Tuesday: ["HOW WILDFIRES BURN" WEBINAR BY FIRESAFE MARIN](#) 6-7:30

Wednesday: ["MEDICARE ANNUAL CHOICES & CHANGES 2021" - AGE FRIENDLY MARIN FORUM](#), 10:30 - 11:15

Wednesday: [COOKING MATTERS: KITCHEN SAFETY AND ACCESSIBILITY](#) 11-12:15

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)



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Praktikos

Deep Meditation



Chanting > Singing Bowls >> Inner Silence
Tonight 7:00 Sign-in starts 6:50 closes 7:05
For more information Email: Praktikos@outlook.com

Join Zoom Meeting

[https://us02web.zoom.us/j/86142674354?
pwd=TVpxQ1YzVEpMbitOcFN1STIRb04wZz09&from=addon](https://us02web.zoom.us/j/86142674354?pwd=TVpxQ1YzVEpMbitOcFN1STIRb04wZz09&from=addon)

Meeting ID: 861 4267 4354

Passcode: 165374 One tap mobile

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+1 346 248 7799 US (Houston)

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Germantown)

Meeting ID: 861 4267 4354

Passcode: 165374 Find your local number: <https://us02web.zoom.us/u/kDNAclNiE>



[Uptown Rising: The Multi-Million Dollar Restoration of the Uptown Theatre in Chicago](#)

For now, and likely for the foreseeable future, concerts, plays and sporting events, are a thing of the past – a consequence of the COVID-19 pandemic. The experience still feels a bit surreal, but it's not unprecedented.

When the [Uptown Theatre](#) opened in August of 1925, for example, the public was finally getting back to normal after enduring the 1918 flu pandemic, which caused 675,000 American deaths over three long years.

DEATH

Deep Reflections from

The Sisters of the Holy Pen

Pamela Eakins

Editor

Virtual Reading October 27, 2020, 7-8:30ct; 5-6:30pt

Death: an end, a beginning, a rite of passage between worlds, a realm of pain and suffering, realization and joy, mystical presence and heightened awareness. Death: a liminal state between the dimensions of ongoing cosmological creation and evolution. Join with the Sisters of the Holy Pen—as they feel and describe the insides of the horrific uncertainties of pandemic, racial explosion, burning cities, war, genocide, ecocide, homicide, and suicide. This promises to be a powerful Literary Reading.

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"Perched on a Rock at Stinson Beach" by Harrie Schwartz



Coffee Talk:

Whatcha Watchin'?

Tue, Oct 27: 1-2pm (PDT)

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uplifting treasures of what you are watching, plus favorite resources and biggest surprises! For details & registration, [click here](#).

Why is lemon juice made with artificial flavor, and dishwashing liquid made with real lemons?



[Animals Wearing Jammies Ready For A Slumber Party](#)

"When you are present
in this moment,
you break the
continuity of your story,
of past and future.
Then true intelligence
arises, and also love."

—Eckhart Tolle



Concerned about mailing your ballot?

Here are two alternatives:

- CARSS Drivers will be available to take you to the polls on all voting days Oct. 31, Nov. 1, Nov. 2 and Nov. 3 (covid procedures will be in place)
- OR Volunteers will pick up your ballot at your door and take it to the Ballot Box in Marin City. For it to be counted on election night, it must be in the Ballot Box 3 days before.

RESERVE your CARSS ride or ballot pick up at:
415-944-5474 or infocarss4you@gmail.com

More general voting info: [Click Here](#)

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program is free to all residents 60 and older or younger with a disability. www.carss4you.org www.sausalitovillage.org



WE are A
COMMUNITY

For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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