



Happy Sunday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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What's Happening

Community Events

Monday: [ONLINE CHAIR YOGA](#) 11-12

Wednesday: [HOME SHARING PRESENTATION](#). 10:30-11:30

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)



Construction on Bee Street. Expected to last for three weeks.

Photo by Edward Woods

*Scam of the Day***PHISHING SCAMS**

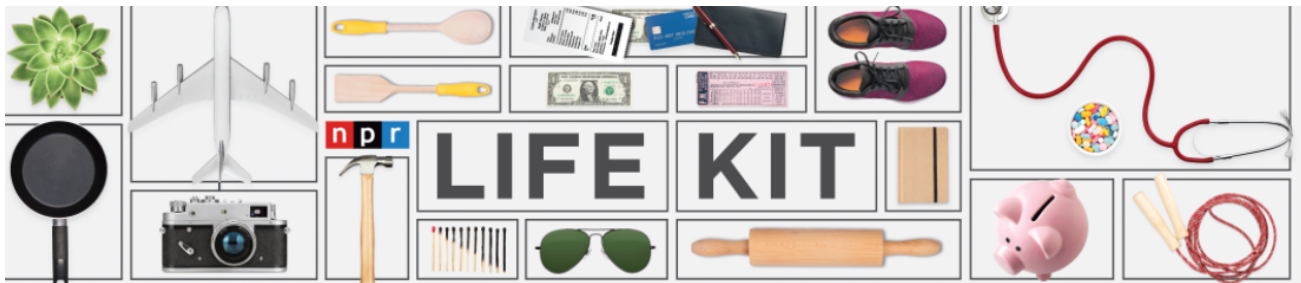
These scams seek to collect personal information about you, often appearing to come from a real business or agency. Someone may pose as an official disaster aid worker, or send you a fraudulent COVID contact tracing email. If you receive a message with a link, you should not click it as it may download malware to your device to steal passwords and personal information. Government agencies like FEMA or the IRS will never contact you asking for a FEMA registration number, a Social Security number, or a bank account or credit card number to give you a COVID or FEMA payment—or ask you to pay anything up front to fill out an application or to access state or federal resources.

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We've missed you

The Academy is open at last! Reunite with all your favorite animals, from playful African penguins to mesmerizing jellyfish and, of course, Claude the albino alligator. Plus, say hello to live reindeer starting November 20 with the return of our annual holiday tradition ['Tis the Season for Science](#)! Hear from some of our members as they reflect on their [reopening day experience](#) and all of the ways we are keeping guests safe.

[Buy Tickets](#)



Look Inward To Make External Change: Advice From A Meditation Teacher

NPR

When you think about meditation, what comes to mind?

Perhaps it evokes gentle music, the soft light of candles or a cool, tranquil space. Maybe you're thinking about the last five minutes of your yoga practice or the first five minutes of your morning. Or, maybe, meditation doesn't do much for you at all.

But have you ever considered meditation as a means for social change? Or mindfulness as a path toward real action?



[Etiquette Tips for European Travel](#)



[Rebel With A Cause: Marin Conservationist Martin Griffin Turns 100](#)

Drive along Tiburon Boulevard — but this time see it differently. See it like Dr. Martin Griffin sees it, and suddenly Lyford House isn't just a sweet yellow

shorebirds walk the wide mudflats of the undeveloped shore, heads down as they hunt for food. Griffin turns 100 this month, but he's quick to notice and identify every species.



[Virus-hit Paris bookshop Shakespeare & Co appeals for help](#)

PARIS (AP) — Shakespeare and Company, the iconic Paris bookstore that published James Joyce's "Ulysses" in 1922, is appealing to readers for support after pandemic-linked losses and France's spring coronavirus lockdown put the future of the Left Bank institution in doubt.

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to buy a book. Paris entered a fresh lockdown on Oct. 30 that saw all non-essential stores shuttered for the second time in seven months.



For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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