



Happy Monday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

"Blackie's Pasture" by Harrie Schwartz

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Monday: [ONLINE CHAIR YOGA](#) 11-12

Wednesday: [HOME SHARING PRESENTATION](#). 10:30-11:30

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)



Scams of the Day

DISINFORMATION 

Before sharing, check that what you are reading is from a trustworthy source.
Disinformation can be life threatening in a global pandemic.

No cures or vaccines have been approved for COVID-19 yet. Online offers claiming to provide a medicine or device to treat or prevent COVID should be ignored. When there is a new breakthrough in the treatment and prevention of COVID, it will be widely reported on by reputable news sources.



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Can't make the long haul to Hawaii for your vacation? Don't worry, these tropical paradises may be the best-known islands in the U.S., but that doesn't mean they're the best. The Continental U.S. is literally bursting at the seams with ample island vacation destinations. From [East Coast](#) nature sanctuaries to the Caribbean Sea tropics, to the luxurious laid-back vibes of the West Coast – here are the 10 best U.S. islands that aren't Hawaii.



[The Art of Apple Cider](#)

Family and friends celebrate fall with an annual pilgrimage to Washington state to make hand-pressed apple cider.



exploratorium[®]

The SF Exploratorium – The Exploratorium has a weekly series of programs for adults on Thursday nights at 7:00 pm called [After Dark Online](#). The website describes the weekly series as “programs on innovative science, arts and perceptual experiences—compelling conversation and hidden treasures, hands-on how-tos and breaking science news.”

November 5 – Sustenance: Home Movies

November 12 – Sustenance: Animal Intelligence

November 19 – Sustenance: Contemplating Creativity



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[10 VISUAL EXAMPLES THAT DEFINE POSTMODERN ART](#)

Postmodernism emerged as a reaction to modernism, spanning a period that lasted from around 1950 to the end of the 20th century. We present postmodernism to you in 10 artworks.

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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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