



Happy Sunday, Villagers

Please send along your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our website for more information about our organization and programs.

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Sunday: [DEADLINE TODAY! SIGN UP FOR SECRET SANTA PROGRAM!](#)

Monday: [Online Chair Yoga](#)

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

Praktikos
Deep Meditation



Tuesdays @ 7:00 PM • Zoom
Link coming Tuesday afternoon!



Clare Marie Schneider/NPR

Whether you created your own Thanksgiving this year or celebrated with family, the next few weeks are sure to be challenging — for friends and families navigating even more tough decisions about the holidays to come, and doing everything we can to play our part in combating the spread of COVID-19.

Over the coming weeks, do your best to [be present in conversations](#). Resist the urge to check your notifications and pay attention to the people you're catching up with.

The conversations might be tough. Everyone is going through something different right now. Take time to [check in when your friends are having a hard time](#) — but [know when to leave the advice-giving to the experts](#).

These all might seem like small things. But, like wearing your mask or staying at home — they can make a big difference.

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[What it really means to 'give yourself grace'](#)

In our search for calm and stability during a hellish year, perhaps no mantra stands out as more comforting than "give yourself grace."

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[Nature Journaling with John Muir Laws](#)

Wednesday, December 9th at 4:00 pm

You're invited to a special event with artist, author, and educator John Muir Laws. John will take you on a virtual walk in the woods to explore with the eyes of a naturalist, discovering and celebrating the signs of the Bay Area season in a nature journal.

This event will start with the basics—people of all ages and experience levels are welcome! **You'll learn the fundamentals of nature journaling through sketching and documenting mushrooms, seasonal birds, raindrops, and a misty winter landscape.**

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[German Shepherd loves to play Jenga with owner during lockdown](#)

Anya the German Shepherd pulls out Jenga blocks with her teeth then patiently waits for her human to make a move.

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OUTSIDE

IN

December 3, 2020 — Outside In

The show that started this whole listening series idea: it's a surround sound escape from the pandemic. We'll travel from the banality inside our homes, back to a time before the coronavirus, to as far away from earth as possible. Featuring walruses, pulsars, funnels, chimes, hair dryers, and a deconstructed organ, along with Chris's wayward belt buckle. [Get tickets](#)



[Register Now for Secret Santa Program](#)

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Sign up today to
play
*Sausalito Village
Secret Santa*

Here's how to play:

- You RSVP to participate by Nov. 29th:
sausalitovillagersvp@gmail.com
- **We match you with a 'player' to be your Secret Santa Pal by Dec. 3rd**
- You mail cards or notes on 4 occasions anonymously to your Secret Pal in December
- **You mail a holiday card on December 21 and reveal who you are**
- You will receive the same amount of cards too from a different Secret Santa Pal who had your name
- **All participants will receive a small gift from the Village Santa between December 23-25**

NOTE: Sausalito Village can provide stamps and cards if you need them. More details provided once you sign up. Questions?
sausalitovillagersvp@gmail.com or call 415-332-3325

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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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