



Happy Tuesday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Photo: Tulips by Harrie Schwartz

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What's happening?

Tuesday: [LEMONS DELIVERED TO YOUR DOOR!](#) 11:30-12:30

Wednesday: [DR. MATT WILLIS - COVID 19 VACCINE UPDATE HOSTED BY MARIN VILLAGE.](#) 1-2

Wednesday: [SV/CARSS ORIENTATION FOR VOLUNTEERS ONLY.](#) 4-5

Thursday: [LEARN TO CREATE KEYNOTE PRESENTATIONS ON MAC.](#)
11:30-1

[FREE COVID TESTING EVERY WEDNESDAY 10-4](#) (Bank of America parking lot 2. [Register](#) (Appointments can be made no sooner than four days in advance of a testing date))

Praktikos

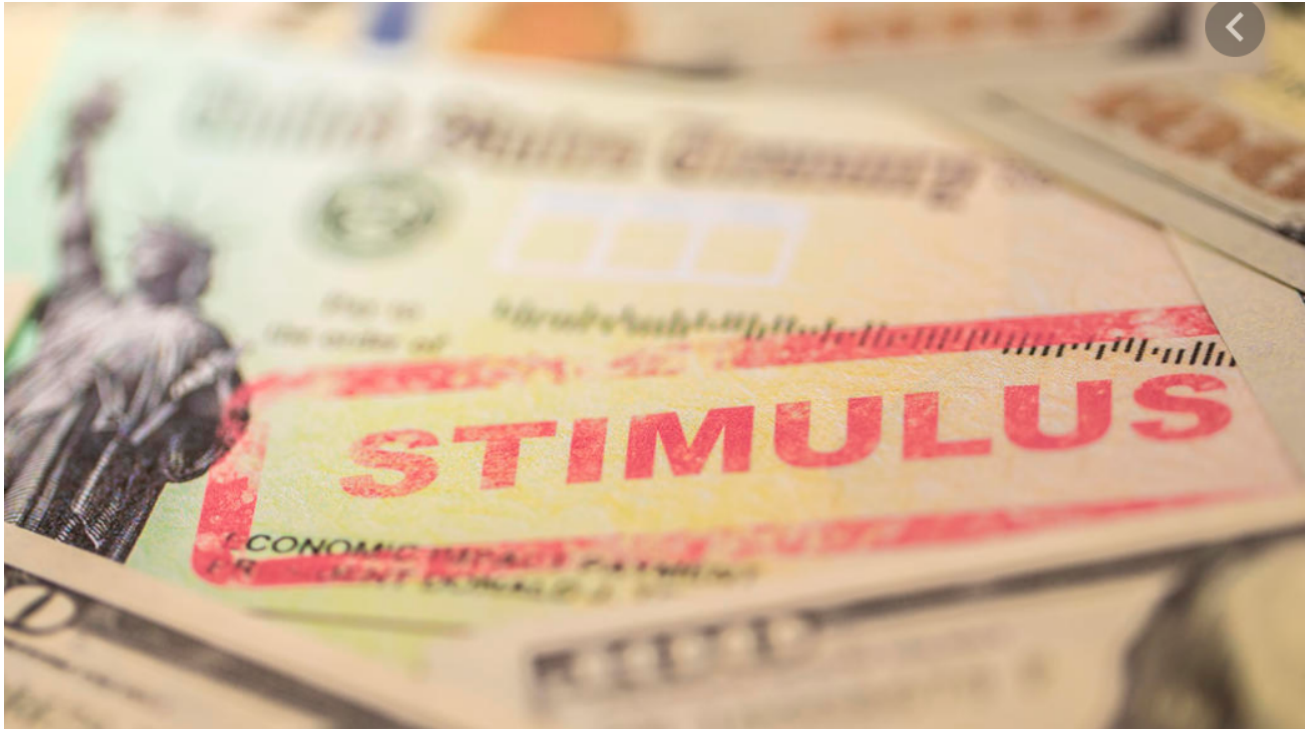
Deep Meditation



Chanting > Singing Bowls >> Inner Silence
Tonight 7:00 Sign-in starts **6:50** closes **7:05**
For more information Email: Praktikos@outlook.com

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[https://us02web.zoom.us/j/82584483330?
pwd=eEx3d1lvN2lnTCszRkl4ZWNsV3NRUT09&from=addon](https://us02web.zoom.us/j/82584483330?pwd=eEx3d1lvN2lnTCszRkl4ZWNsV3NRUT09&from=addon)



Rather than crediting bank accounts and/or sending checks to individuals for the stimulus monies, the government is now issuing debit cards. These debit cards will need to be activated and (of course) then used to access the stimulus money.

Below are articles about the debit card and the stimulus in general.

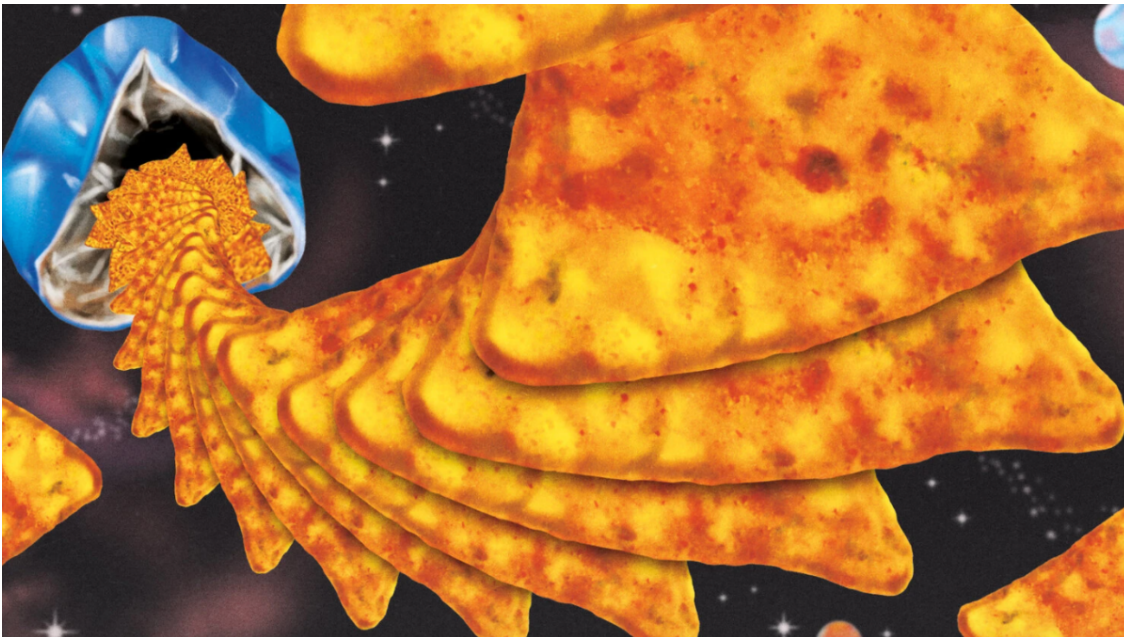
[How to use your Economic Impact Payment prepaid debit card without paying a fee](#)

[\\$600 stimulus checks have caused some confusion. Here are answers to your questions](#)



[Here Are 27 Brand-New Binge-Worthy TV Series Coming Out In 2021](#)

Don't worry, you'll never run out of TV in 2021.



[I Recommend Eating Chips](#)

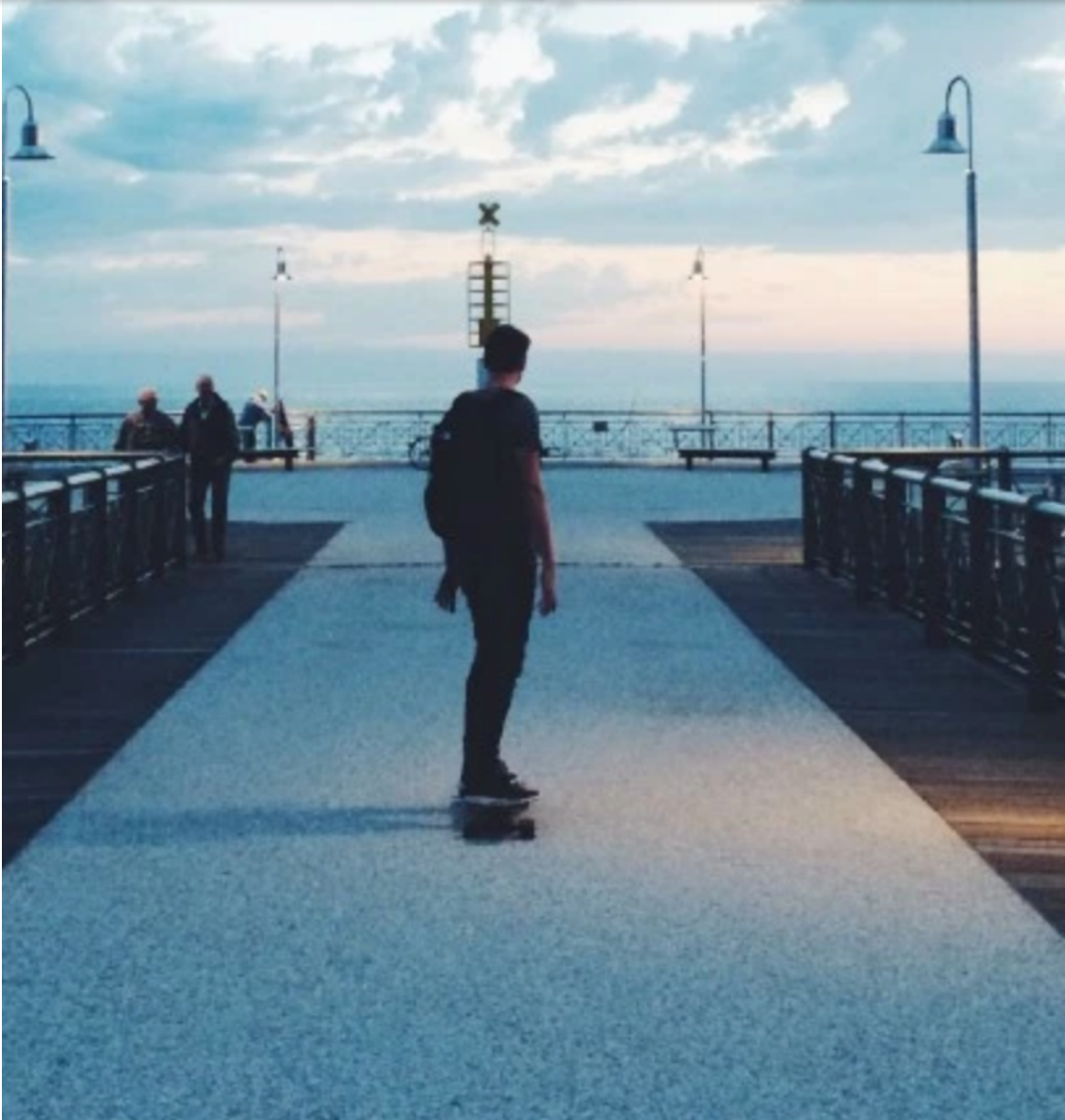
That is the great virtue of chips: They are here for us to eat them. So that is what we will do. I will put the first chip, now, into my mouth. I will set it delicately on my tongue like a communion wafer. Instantly, the flavor snaps against my taste buds — that earthy, cheesy tang — flashing like a firecracker, lighting up the whole wet cave of my mouth and radiating out, further, to fill my whole head, my whole being. These chemicals are transcendent, Proustian, as

world that I am trying to forget.



[What Eating Healthy Looked Like 50 Years Ago](#)

Eating healthy sounds like a concept that should be pretty simple, right? If you're someone who tries to eat healthy, you know that while that should be the case, it isn't always completely black and white. What one expert recommends, another swears is outdated and incorrect. What we thought was true about health in the past is suddenly all wrong.



[The 5 Things You Must Sacrifice To Have a Better Future](#)

“At some point, I realized that I had to give up other people’s definition of success. This is one of the most difficult things to give up because it is so deeply embedded in our cultural narratives that it becomes the standard by which we measure our lives. Even as entrepreneurs we have collectively agreed that fame and fortune are the markers of success.

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**I think youngsters need to
start thinking about what
kind of world**

**they are going to leave for
me and Keith Richards" -
Willie Nelson**



[Majestic Dogs Photographed in Gorgeous Natural Landscapes Just Like Travel Influencers](#)

For French photographer [Audrey Bellot](#), animals have always had a place in her heart. She's loved dogs ever since she can remember, and she's even turned her passion for pups into her career. She's an expert in **dog photography**, and focuses on showcasing the beauty of the beloved pets by photographing them in stunning landscapes. Bellot tells My Modern Met, "I sincerely believe that dogs bring a lot to our everyday lives: love, happiness, security, and much more."

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**we are A
Community**

***For information about emergency
preparedness and COVID resources, visit the
recently updated Sausalito Village [website](#).***

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